

## SOUTH WESTERN AUSTRALIA – MUNDA BIDDI TRACK

6-days / 5-nights guided cycling in the southern-most section of the track from Albany to Walpole



Complete the most southern section of one of Australia's great cycle touring trails on this fully guided bike tour. The Munda Biddi trail is over 1000 kilometres long and traverses minor roads, dirt tracks and gravel trails from Albany in the far southwest of Western Australia to Mundaring in the hills near Perth. This 6 day tour, we cycle 213km of the trail between Albany and Walpole, taking in the tall timbers of the Karri and Tingle forests and the wide panoramic coastline for which this part of Western Australia is renown.

Ride through the forests of the Frankland and Walpole-Nornalup National Parks, alongside tranquil waterways, past verdant farmlands, quaint little towns and undulating coastal shrub-lands with views to the beach and out over the great Southern Ocean. The southwest offers a cooler, Mediterranean climate, with a higher rainfall and therefore lush, greener landscapes than other parts of the state. Spring and Autumn temperatures are in the teens and early twenties with clear sunny days and blue skies. Originally timber mill towns, today the region is home to diverse communities attracting naturalists, artisans and artists, wine growers and boutique farmers, as well as those just seeking a more relaxed lifestyle.

The terrain is undulating and at times follows narrower trails. The cycling can be a little challenging at times, but well within the capabilities of regular cyclists. There are transfers each day in order to resume the ride from where you finished the previous day. Cyclists ride free of trailers or heavy panniers and on many days there are options to ride half a day or take a day off from riding. Purpose-built, multi-gear hybrid mountain bikes, entirely suited to the terrain are included. For those wishing to flatten out the hills, e-bikes are available (at extra cost).

Each night return to comfortable motel-style accommodation and enjoy a delicious home cooked meal prepared by the guides. As the tour travels through the Great Southern wine region, the home of excellent cool climate wines, including Riesling, Chardonnay and some lighter style red varieties, we recommend taking the opportunity to buy and enjoy some of the local drop.

**Cost from:** \$2295 per person, twin-share      Single use room supplement from \$250\*

**Departs:** 2<sup>nd</sup> October, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 24<sup>th</sup>, 28<sup>th</sup> November, 2021;  
28<sup>th</sup> February, 11<sup>th</sup>, 31<sup>st</sup> March, 10<sup>th</sup> April, 3<sup>rd</sup>, 13<sup>th</sup>, 23<sup>rd</sup> October, 2<sup>nd</sup>, 11<sup>th</sup>, 19<sup>th</sup> November 2022

*\*Singles may share with another single of the same gender at no extra cost. Single use rooms are at extra cost.*

**Includes:** 5 nights in comfortable motel or lodge accommodation with ensuite where available; most meals including trail snacks; transfers from and back to Perth CBD, transfers to and from the track; expert guides with a satellite phone, full first aid kit and emergency support; bike hire and bike mechanic support.

**Grade:** Moderate to challenging with 10km to 55km per day. This tour has some challenge, mainly due to the occasional hills and the gravel tracks, but is mostly moderate terrain and not technical riding. Most people will require some training beforehand to fully enjoy this ride. The day-to-day itinerary is at the discretion of the guides and subject to local conditions and weather.

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**

## **Suggested itinerary:**

### **Day 1 – Transfer from Perth, Cycle Albany to Torbay**

**Cycling distance @ 26km**

Meet in Perth CBD by 8am for the 5 hour transfer to Albany. The beautiful natural harbour of Albany is the oldest settlement in Western Australia and has a rich Aboriginal and colonial history. It is the starting point of the Munda Biddi ride. Today's ride is a fairly easy introduction with just the odd hill, look out for whales as you cycle out from Albany. The track goes via the small town of Elleker and the Lake Powell Nature Reserve, an important drought refuge for high numbers of waterbirds and then onto Torbay. Transfer to Albany with dinner at a local restaurant.

### **Day 2 - Torbay to Denmark**

**Cycling distance @ 55km (or shorter options)**

Transfer to Torbay to begin today's ride. Torbay was once important resource of local hardwood timbers which went to building the Great Southern Railway. With the forest canopy removed, tracts of land are now used for farming and agriculture. Start the ride to Denmark on a quiet, well graded track through an undulating forest landscape and coastal vegetation. There are several opportunities to shorten the day's ride for those wanting an easier day. The day ends in the south coastal township of Denmark. Denmark was the centre of an extensive Karri timber industry in the late 1800's and now is a peaceful community and a popular local holiday spot. We stay in Denmark for the next three nights.

### **Day 3 – Denmark to Scotsdale Rd**

**Cycling distance @ 38km**

From Denmark, start the day's ride on a scenic trail past large sand dunes around Light's Beach. Cycle to Green's Pool regarded as one of Western Australia's beautiful beaches, with its sloping boulder rock formations, sheltered pools, crystal clear, calm waters. After morning tea, there is a long climb towards Mt Shadforth, rewarded by far reaching views of rolling hills and the Southern Ocean, followed by a long downhill to Scotsdale Road. The riding is partly along the coastline and through picturesque farmland. At the end of the ride we transfer back to Denmark. The karri loam soil in this region proved valuable for the vineyards grown here since the 1960's and the resultant wines are now critically acclaimed, so be sure to try the local wines with your dinner.

### **Day 4 – Scotsdale Rd to Nornalup Rd**

**Cycling distance @ 52km**

Ride through farmland to one of the many local campsites for morning tea. We head back into the tall towering timber of the National Park. There are a few short challenging sections today but well worth the effort for the impressive forest views. There is an easier option for those wanting to shorten the day's cycling. End the ride at Nornalup Rd and transfer back for the last night in Denmark.

### **Day 5 – Middle Rd/Trent Rd to Gully Rd**

**Cycling distance @ 32km**

Most of today's ride is in the Walpole-Nornalup National Park, through the Tingle forest and following the Frankland River. There is a mix of ancient Karri and massive Tingle trees closer to Walpole. Red Tingle trees are endemic to south Western Australia and one of the tallest eucalypt trees in the state, reputedly with the largest girth. There are both uphill and downhill cycling sections today, with a mix of easy and intermediate terrain. Tonight's stay is in Walpole, situated on the northern edge of Walpole Inlet, named in the 1800's by the first Governor of Western Australian, Captain James Stirling.

### **Day 6 – Gully Rd to Walpole & Transfer to Perth**

**Cycling distance @ 10km**

A quick transfer this morning to start a short challenging ride, rewarded with scenic views of the Nornalup Inlet at Coalmine Beach, before finishing the cycle route in Walpole. There will be time for a shower and morning tea before the transfer back to Perth CBD, where the tour ends.



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**Outdoor Travel** offer a range of guided cycling and walking experiences in Australia and New Zealand. In New Zealand try cycling in the **Marlborough** wineries, The **Nelson Great Taste Trail** or the fabled **Otago Rail Trail**. Combine a ride with a walk on the **Milford Sound Track**, the **Routeburn Walk**, **Grand Traverse**, **Hollyford Track**, **Queen Charlotte** or **Akaroa Walk** near Christchurch. Combine walking, kayaking and cycling on the **Abel Tasman** peninsula to the north of the South Island.

In Europe inn-to-inn guided or self-guided cycling holidays are available in most destinations.

**Contact Outdoor Travel for more details and reservations:**

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