

ITALY – LAKE GARDA

8-days / 7-nights centre-based at Limone - one-hotel GUIDED walking & sightseeing in the Italian Lakes



Lake Garda, in northern Italy, offers a wide range of walks from gentle lakeside rambles to more challenging walking in the hills and mountains that rise behind the town of Limone. At 50 kilometres long, Lake Garda is the largest and arguably the most beautiful of all the Italian lakes. Our guided walks can include taking the cable car to walk in the high meadows of the Monte Baldo and exploration of typical sleepy red-roofed villages.

Perched beside the lake, the town of Limone is surrounded by groves of lemons and olives. It is a superb gateway for exploring the beautiful countryside and colourful towns that line the shores of Lake Garda.

Cost from: \$2275 per person (twin share) Single room supplement from \$335 (limited availability)

Departs: 18th, 25th April; 2nd, 9th, 16th, 23rd May; 12th, 19th, 26th September; 3rd, 10th October, 2020

Tour includes: 7 nights in comfortable hotel room with ensuite bathroom, 7 breakfasts, 7 dinners, local transport to/from the walks, experienced walks leader offering a choice of 2 levels of guided walks on 5 days.

Not Included: Airport transfers from Verona (transfers are recommended and can be pre-booked – ask for details), meals and drinks not mentioned, personal expenses, transport or excursions on the free day.

Accommodation: **Hotel du Lac** is a beautiful 4-star hotel, with an outstanding lakefront position and direct access to the beach, situated just a few minutes' walk from the centre of Limone. The family owned and run hotel offers wonderful hospitality and a relaxed atmosphere. There are 96 comfortable, well-appointed bedrooms, an outdoor pool, a wellness centre and extensive gardens. As well as a stunning location with extensive views of the lake and surrounding mountains, the hotel offers great cuisine and a warm welcome. Meals include an extensive breakfast buffet and 4-course dinners each night. Free WiFi is also available.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Footpath Information:



Easier Walks: 8 to 15km on good paths and tracks, with some rocky sections with up to 370m of ascent in a day.



Harder Walks: 8 to 16km with some steep, rough ascents and rocky sections with up to 730m of ascent in a day.

Suggested itinerary:

Day 1: Arrival day – Plan to arrive at the hotel mid-afternoon or at least in time for dinner. For those requiring a transfer we can arrange these at a set departure time from Verona Airport at extra cost – ask for details.

Day 2: Around Limone – A wonderful introduction to the week is a tour of the pretty lakeside town of Limone and the beautiful slopes above.

Day 3: Parco Busatte – We take the ferry up Lake Garda to Torbole, then walk from the Parco Busatte using metal walkways and steps to cross deep gorges including the aptly named Salto della Capra (Goat's Leap). We ascend to a viewpoint for panoramas of the lake and the Ledro Valley.

Day 4: The hills above Gargano – We walk through attractive small villages, past the remains of mills and forges, and on forested tracks to Sasso, with its church and hermitage.

Day 5: Free day – you may like to take a ferry or cruise to explore the lake, hire a bike, play a game of golf or tennis, visit Verona, Venice or the Dolomites, or simply relax poolside at the hotel.

Day 6: Walks from Riva del Garda – The easier and harder walks follow two very different paths, both starting from the historic centre of Riva del Garda. The easier group walks the *Sentiero della Pace* (Path of Peace) for views of the lake, mountains and the river Tarca, whilst the harder walk heads south to the Ledro Valley, following the valley to the shores of the Lago di Ledro.

Day 7: The Tremosine Plateau – We walk through delightful countryside, picturesque hamlets, and a nature reserve, again gaining views down the valley. Those who choose the harder walk will ascend to the highest viewpoint of the week at Monte Bestone (910m).

Day 8: Departure day – Tour ends after breakfast. Transfers to Verona are available (at extra cost)

The suggested itinerary should give you a feel for the walks but the final selection of walks will be made by your walking leaders, who will brief you each evening on the following day's proposed routes.

Outdoor Travel offers guided or self-guided walks in many other regions of Italy such as **Tuscany, Cinque Terre, Amalfi Coast, Umbria, Mont Blanc, Sicily**, the **Dolomites** and **Lake Como**, and in most destinations within Europe and the UK – including the English **Coast to Coast** walk, the **Tour du Mont Blanc** in Switzerland, **West Highland Way** in Scotland. There are also great pilgrimage walks such as the **Camino de Santiago** or **Way of St James** in France and Spain or the **Via Francigena** the '*pilgrim's road to Rome*' in Italy.

Contact Outdoor Travel for more details and reservations:

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