

ENGLAND – ST IVES IN CORNWALL

8-day / 7-night one-hotel GUIDED walking tour with a choice of easy to challenging guided walks daily



Cornwall is England's most popular holiday destination: the towering granite cliffs, golden sandy beaches and atmospheric old fishing ports combine to offer one of Europe's most dramatic coastlines. The well-maintained coastal footpath winds around rugged headlands offering ever-changing scenery and sea views. Abandoned tin mines provide dramatic silhouettes on the horizon. Hidden valleys provide a woodland retreat for a host of birds and wildlife. A wide network of hedgerows offers a refuge for a plethora of plants, shrubs and trees. Our walking holiday country house at **St Ives**, with its historic buildings and narrow streets, seafood markets and sandy coves, gives access to all that make this corner of Cornwall so special.

On this classic walking holiday, explore the Cornish coastline, with its sandy beaches, beautiful gardens and smugglers' coves, and we get off the beaten track to peaceful corners and sleeping fishing villages. There is a free day mid-week for you to walk independently or explore the local area – you may like to visit the world-famous biosphere 'Eden Project', take in the famous art galleries of St Ives, including the Tate, or in the evening in season experience the open-air theatre on the cliffs overlooking Porthcurno Bay.

Cost from: **\$2695** per person (twin share). Single supplement on request.

2024 Departures: 9 & 23 March, 6 & 20 April, 11 & 18 May, 1, 8, 15, 22 & 29 June, 13, 20 & 27 July,
3, 17 & 31 August, 7 & 28 September, 19 October, 2, 16 & 30 November

Includes: 7 nights' accommodation in a comfortable room with ensuite bathroom, full board (breakfast, picnic lunch and dinner), experienced walks leader, 5 days of guided walks, transport to/from the walks and social activities in the evenings.

Not Included: Transport to/from the house, drinks, personal expenses, transport/activities on your free day.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Trip Grading: Walk moderate to longer distances on well-defined paths. Sections of hilly or upland areas and may have sections of rough or steeper terrain. Will require reasonable fitness. Choice of easier walks of 8-11km with ascent up to 340m, medium walks 12-15km with ascent up to 620m or harder walks of 16-20km with 420m-900m ascent in a day.

Suggested itinerary (Routes are determined by the walk leaders each day and are subject to change):

Day 1: Arrive in St Ives

Arrive mid-afternoon and settle into the beautiful seaside hotel at Chy Morvah.

Day 2: Lelant & Carbis Bay

The shorter option today is a circuit walk from St Ives to Knill's Monument and the promontory of Carrick Gladden, before following the South West Coast Path to Carbis Bay and back into St Ives where you can wander the narrow streets and perhaps visit the Tate Gallery, or take a boat trip to Seal Island. The longer walk heads through fields from Knill's Monument to Lelant via Trencrom Hill, where you can enjoy stunning views from the iron-age hill fort across to St Michael's Mount, before taking the coast path alongside Hayle Estuary and through the dunes overlooking Porthkidney Sands and Carbis Bay on your way back to St Ives.

Day 3: Land's End Peninsula

Spectacular coastal views on all walks today ending at the very tip of Britain at Land's End. Walk inland and along the coast taking in Sennen Cove or soak up sea views starting at either St Loy or Lamorna.

Day 4: Free Day

Discover more about Chy Morvah or explore the local area, perhaps with a visit to the Eden Project, where you can see cutting-edge architecture, outdoor gardens, plant-based exhibits and art installations all housed in tropical biomes set in a large crater.

Day 5: North Cornwall cliffs and beaches

Walk along the cliffs from Porthtowan to St Agnes, past the iconic ruined engine house at Wheal Coates mine which featured in the BBC series of Poldark, and head inland over St Agnes Beacon. Keep your eyes open for seabirds including Fulmars and Guillemots. Perhaps sample the hedgehog ice cream at Chapel Porth Cove on the longer walks that continue to Perranporth. With glorious sandy beaches and rugged headlands, this is the Cornish Coast at its very best.

Day 6: St Ives rugged cliffs

Take the shorter Clodgy Point walk from St Ives along the 18th century packhorse route of the Tinner's Way, through a prehistoric field system to reach Pen Enys Point, or extend to the picturesque village of Zennor with its medieval church and Tinnars Arms pub, then return along the coast path. Option to pass the hamlets of Trevega, Boscubben and Treveal on the way to Mussel Point then follow the undulating rugged path over the cliffs and headlands back to St Ives. Keep an eye out for seals at River Cove, and perhaps enjoy a well-deserved ice cream by Porthmeor beach when you arrive back in St Ives.

Day 7: Mount's Bay: Mining, Shipwrecks and Smuggling

Starting at the beach of Praa Sands on the west side of the Lizard peninsula, we take the undulating Coast Path to Prussia Cove and Perranuthnoe, with stunning views of St Michael's Mount. Alternatively walk from the picturesque fishing and one-time industrial harbour of Porthleven along outstanding coastline to Trewavas Head before walking to Marazion via Praa Sands, Prussia Cove and Perranuthnoe.

Day 8: Departure Day

Tour ends after breakfast.

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Accommodation: Chy Morvah or 'house by the sea' is a seaside hotel with panoramic views across the golden sands of St Ives Bay to the lighthouse at Godrevy Point.

Chy Morvah has 39 bedrooms, some with sea views, and the acre of gardens includes a sheltered lawn and mature trees. There is a heated outdoor pool (open from May to September), lounge and ballroom, bar, painting studio, conservatory, putting green, table tennis and pool table. And as Chy Morvah is tailored to the needs of outdoor enthusiasts, there is a boot room and drying room, as well as laundry facilities and mini-shop. A short walk will take you to the centre of St Ives, a delightful resort town with a maze-like old fishing quarter and superb sandy beaches. Premium rooms may be available for a supplement – please ask when booking.



Outdoor Travel walking holidays – guided in small groups or self-guided – are available across the United Kingdom, Ireland and in Europe including Wainwright's challenging **Coast to Coast** trail, the **Cotswolds**, the spectacular **Yorkshire Dales**, **West Highland Way** in Scotland and **Snowdonia**, Wales. In Ireland walk the **Ring of Kerry**. In France see the Dordogne, Alps, Provence or Riviera Coast. Walks, in Austria, Spain or Italy or walk the **Way of St James** from Le Puy in France to Santiago in Spain or the **Via Francigena** to Rome.

Contact OUTDOOR TRAVEL for details and reservations:

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