OUTDOOR TRAVEL
THE ACTIVE HOLIDAY COMPANY

GREAT WALKS OF ENGLAND

Southern Yorkshire Dales - The **Yorkshire Dales National Park** is deeply rural, with its stone-walled dales and an abundance of natural beauty, including wild flowers, waterfalls, scars, caves and limestone pavements. **The Dales** are home to a number of features for you to discover, such as the 250ft cliff of **Malham Cove** and **Gordale Scar**. Streams and quaint former lead mining communities are dotted throughout the beautiful valleys, while **The Three Peaks** of Ingleborough, Whernside and Pen-y-ghent are extremely rewarding for the keen walker. The challenging long distance trail of the **Dales Way** offers a complete Dales experience.

NEWFIELD HALL, MALHAMDALE, SOUTHERN YORKSHIRE DALES

An imposing stone mansion built in 1856, stands proudly at the end of a tree-lined drive in two acres of mature grounds. Retaining its 19th Century ambience, it has a pillared entrance, baronial hall and courtyards. The **hall is peacefully situated in the southern part of the Yorkshire Dales National Park,** and less than half a mile from the Pennine Way, which leads north to the geological wonders of Malhamdale

Cost Per person: AU$1550 (single or twin share)

Tour price includes: 7 nights of twin share accommodation with en-suite, breakfast & dinner each night, picnic lunches, guided walking as described and sightseeing (at extra cost - as available).

Walking Days - we generally start the day at 9.30am, taking a picnic lunch and returning to the hotel between 5.00pm and 6.30pm, in plenty of time to relax for dinner. Seven night breaks offer five days' walking - one day is left free for independent time or sightseeing.

If you are new to walking, start at the easiest level, where the pace is the gentlest. We have plenty of stops to enjoy the views and to rest. As your holiday progresses you may feel confident to try a more challenging level, or stick to the same level - it's entirely your choice. The walks program may be adjusted to suit the season, weather conditions, accessibility or guest numbers. All levels cross a combination of riverside, fields and woodland, and pass through villages. Walking is on good paths often over stiles.

Short walks are 5 to 7 miles with easy gradients. 275 to 750ft of ascent over a day.

Medium walks are 7 to 9 miles with easy gradients. 375 to 1,075ft of ascent over a day.

Long walks are 9 to 11 miles. Undulating with gentle gradients. 425 to 2,300ft of ascent over a day.

CALL OUTDOOR TRAVEL OR YOUR TRAVEL AGENT FOR RESERVATIONS

Here is a selection of the walks that may be offered for holidays commencing on these dates:

Day 1		
Arrival day.		
Day 2	**Distance in miles**	**Ascent**
Easier Walk: Airton, Bell Busk and Haw Crag	7	475 feet
Medium Walk: The 'Cathedral' of the Dales and River Aire	9	950 feet
Harder Walk: Exploring Malhamdale	12½	1525 feet
Day 3	**Distance in miles**	**Ascent**
Easier Walk: Ribblesdale Ramble	6	600 feet
Medium Walk: Waterfalls and Caves around Settle	8¾	1050 feet
Harder Walk: In the Footsteps of Elgar	11¼	1925 feet
Day 4	**Distance in miles**	**Ascent**
Easier Walk: Clapdale and Gaping Gll	5½	925 feet
Medium Walk: Norber and Clapdale	7½	1225 feet
Harder Walk: Ingleborough and Gaping Gill	10	1925 feet
Day 5		
There are no organised walks today to allow you time to explore the area independently or just relax in the House and grounds.		
Day 6	**Distance in miles**	**Ascent**
Easier Walk: Beside the Wharfe to Bolton Abbey	6½	175 feet
Medium Walk: Troller's Gill and River Wharfe to Bolton Abbey	9¾	650 feet
Harder: Simon's Seat, Bolton Abbey and the Strid	12¾	1775 feet
Day 7	**Distance in miles**	**Ascent**
Easier Walk: Malham Cove and Janet's Foss	7	800 feet
Medium Walk: Goredale, Nappa Cross and Malham Cove	9	1075 feet
Harder Walk: Around the Tarn and Malham Cove	13½	1350 feet
Day 8		
Departure day.		

2006 Departure Dates: **Fri 14 April; Sat 13, 20, 27 May; Sat 10, 17, 24 June; Sat 1, 8, 15, 22 July; Sat 26 Aug; Sat 2, 9, 22, Sept; Sat 2, 9, 16, 23; Sat 7 Oct**

Contact OUTDOOR TRAVEL or your travel agent for more details, brochures and reservations

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