

Cinque Terre in 5 days

- Walk from palm-fringed Levanto to the promontory village of Portovenere
- One of the finest coastal paths in Europe
- Picturesque fishing villages linked by an ancient network of footpaths... and by train and boat!
- Excursions into the hills behind the villages, with spectacular views and inspiring walks
- Excellent seafood and renowned wines from the terraced vineyards of the coast

SOME HIGHLIGHTS

- ✓✓ **LEVANTO** Medieval walls, *loggia* and 13C castle contrast with the once grand and fashionable 19C and early 20C resort.
- ✓✓ **VERNAZZA** The former Roman port of 'Vulnetia'. Above the village is the pilgrim church of Madonna di Reggio.
- ✓✓ **MANAROLA** Set on a massive buttress of rock, the town is of Roman origin and has the remains of a castle and also a church built in 1338 with a fine rose window.
- ✓✓ **RIOMAGGIORE** Another spectacular village with a long history, castle and church, and attractive harbour.
- ✓✓ **PORTOVENERE** Roman/Byzantine origin, though the present village is predominantly medieval with a massive fortress and fortified houses along the port.
- ✓ **CORNIGLIA** Unique village of Roman origin, set high above the coast on a steep promontory inaccessible from the sea.

ITINERARY

Day 1 Arrive in Levanto

Day 2 Levanto to Monterosso

Superb coastal path, through woods and scented scrub, with views of the whole Cinque Terre. Ancient stony mule paths along steep scrub-covered slopes and cliffs, to Monterosso (4.3 or 9.3 miles, 3 or 6 hrs).

Day 3 Monterosso to Riomaggiore

Walk the famous Cinque Terre coastal path, which links the five villages and their vineyards (Options from 7.3 miles to 14.1 miles, 3.5 to 8 hrs).

Day 4 Riomaggiore to Portovenere

Up through terraced vineyards to the wooded ridge, via the sanctuary church of Montenero, then through pine, chestnut woods and scrub, before emerging to views of the dramatic coastline before descending to Portovenere (7.8 or 8.8 miles, 4.5 or 5 hrs).

Day 5 Departure day

Why not extend in Genoa or Pisa? See extension hotels.

TRIP INFORMATION

TRIP LENGTH: 5 days

HALF-BOARD NIGHTS (dinner included): 0

ROUTE OPEN: 01 Apr to 31 Jul; 01 Sep to 31 Oct

PRICES (excluding flights):
Standard hotels \$1230

SINGLE OCCUPANCY SUPPLEMENT:
Standard hotels \$625



This area offers extremely flexible walking itineraries, with over 100 miles of superb walking and a magnificent ridge path offering extensive views to the island of Gorgona and, on a clear day, to Corsica. The Cinque Terre is famous for its coastal path which has become over-popular over recent years – the best walking is on the higher, inland routes which are included in the ATG Route Booklets. On each day there are several options so you can walk as much or as little as you like.

GETTING THERE

Recommended Destination Airports:

Genoa Pisa

From Pisa there are trains to Levanto (1.5-2hrs).
From Genoa there are trains to Levanto (1.5-2hrs).

TAXIS

From:	To:	Price:
Pisa Airport	First Hotel	from €250
Genoa Airport	First Hotel	from €200

ACCOMMODATION

NIGHT 1 B&B



Levanto
Nazionale ★★★

NIGHT 2 B&B



Monterosso
Le Cinque Terre ★★★

NIGHT 3 B&B



Riomaggiore
Villa Argentina ★★

NIGHT 4 B&B



Portovenere
Paradiso ★★★

TERRAIN

The coastal path follows the contours of the coast and is punctuated by flights of ancient steps. Once you are on the ridge (2,000 ft) you can walk on fairly level terrain. The paths are mostly ancient but well preserved, though sometimes steep, narrow and rough in places. Certain short sections of route not suitable for vertigo sufferers – alternative paths available.

