

# Chianti & Florence

Walk from Siena, the best-preserved great medieval city in Europe, to Florence, the birthplace of the Renaissance. Paths through the picturesque Chianti hills, with vineyards, olive groves and forests, punctuated by castles, fortified stone villages and cypress trees, traversing the Chianti Classico wine-growing area and sampling the range of magnificent wines

**FITNESS RATING:** 35+

**TRIP LENGTH:** 8 days

**DAYS OF WALKING:** 6

**SHORTEST/LONGEST DAY'S WALK:** 2.5/8 hrs

**NO OF LUGGAGE MOVES INCLUDED:** 5

**NO OF NIGHTS HALF BOARD:** 0 (Standard)  
2 Superior)

## DATES

Start any day from 01 Apr to 24 Oct



Photo: Christopher Whinney



'Florence, birthplace of the Renaissance'

## THE TRIP

You will be travelling from the magnificent medieval city of Siena, through the high-forested hills of Chianti to Florence, birthplace of the Renaissance. You will pass medieval hilltop towns, fortified villages and wine estates with acres of Chianti vineyards.

vineyards to the hill town of Panzano. (13 miles, 6 hrs)

### Day 5 Free day in Panzano

Short optional walk to Greve-in-Chianti. Return by bus. (5.6 miles, 2.5 hrs)

### Day 6 Panzano to Strada-in-Chianti

Undulating paths across fertile valleys, with two fine castles. End with a climb to Strada-in-Chianti. (15.5 miles, 8 hrs)

### Day 7 Strada-in-Chianti to Florence

Walking tracks and *strade bianche* lead through farmland before coming to the outskirts of Florence. Minor roads and pathways for the final 2 miles lead to a panorama of the city and descent to the Ponte Vecchio. (13.1 miles, 6 hrs 30)

Day 8 Depart  
Florence

## ITINERARY

### Day 1 Arrive in Siena

### Day 2 Siena to Dievole

Follow tracks across hills with stone-walled olive groves, vineyards and oak forest to Dievole. (12.2 miles, 6 hrs)

### Day 3 Dievole to Gaiole-in-Chianti

Cross a valley to the fortified Romanesque church of San Polo in Rosso, from where paths lead to Gaiole-in-Chianti. (7.9 miles, 4 hrs)

### Day 4 Gaiole-in-Chianti to Panzano

Farm roads (*strade bianche*) lead to a ridge, from where a track descends to the valley, continuing past stone farmhouses and

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&  
VALUE

Call Outdoor Travel for reservations 1800 331 582

Why not extend your holiday in Florence, Siena or Pisa? For more information please contact us or see our website.

Your Route Booklet (sent to you a couple of

weeks before you travel) gives you all the information, maps and directions you need for your daily itinerary. We supply one booklet per couple.

## WALKING

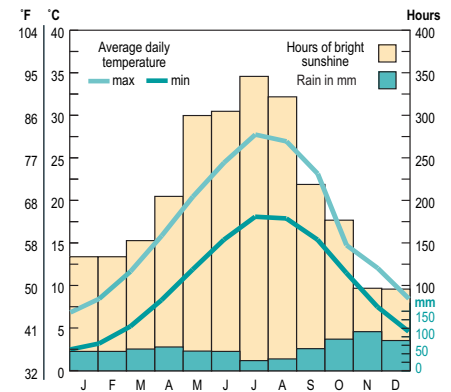
This is an 8-day trip in which 6 of the days are spent walking. The length of each day varies from 2.5 to a maximum of 8 hours walking. Hours of walking, which may vary from individual to individual, means hours of actual walking and does not include stops for lunch, sightseeing, rests or siestas. On certain days the walk takes you into the hills where the paths cross a more rugged terrain – please make sure that your footwear provides sufficient ankle support.

The walking is in forested limestone hills. There

are some reasonably tough ascents. The paths are farm and forest paths, *strade bianche* (small gravel roads) and some asphalt in and around towns. There are no vertiginous patches.

## CLIMATE

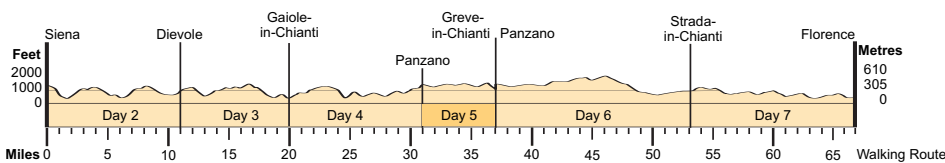
It can be wet in April, but also pleasantly cool and there are lots of flowers. May and June enjoy reasonable temperatures and lots of lovely wildflowers in the woods, fireflies, and poppies in the fields. It starts to get very hot in late July but there are plenty of sunflowers and butterflies around then. It is extremely hot in



August. In September it starts to cool down and more woodland flowers appear, but there may be storms and heavy rain; October is wetter, but the *vendemmia* (grape harvest) is under way then, and it can still be very sunny.

## SPECIAL FEATURES

Mostly quiet hill towns; plenty of good food and wine from the local vineyards; woodland flowers in spring and autumn, poppies in May/June and sunflowers in July; wonderful frescoes in several towns.



## BACKGROUND INFORMATION

### HISTORY

Most of the towns and villages along our route are built on Etruscan foundations. Roman colonisation occurred from 2C BC. Wealth in the Middle Ages, from trades such as banking and wool, led to the prominence of Siena, which became one of Europe's greatest cities. During the 14C Guelph-Ghibelline disputes resulted in the annexation of Siennese territories by Florence. Siennese towns and villages declined and have remained preserved in their medieval state to the present day.

### PLACES VISITED EN ROUTE

**Siena** Radiating from the magnificent Campo, Siena is famous as one of the most perfectly preserved medieval cities in Europe. An impressive cityscape combining Gothic and Romanesque styles. It is the home of the spectacular bareback horse race *Il Palio*, run in July and August.

**Gaiole-in-Chianti** An important marketplace since the Middle Ages, Gaiole is a good place for sampling Chianti Classico. Overlooked by the Cstello di Spaltenna and its 12C Romanesque church.

**Panzano-in-Chianti** Characteristic hilltop village with medieval centre. Beautifully sited above the Conca D'Oro (Golden Valley). Nearby (close to Hotel Villa Le Barone) is the Romanesque Pieve di S. Leolino, with a fine 13C *Madonna with Saints*.

**Greve-in-Chianti** A town devoted to Chianti wines. Many opportunities for tasting the best wines of the region. Some fine medieval buildings and arcaded piazza, distinguished by a statue of Giovanni di Verrazzano (discoverer

of Long Island).

**Strada-in-Chianti** Small town situated on the ancient Chiantigiana road on the northern edge of the Chianti Classico region.

**Florence** Centre of Renaissance Europe, Florence is the world's foremost 'Art City'.

### Culture, Sightseeing and Museums

There are medieval frescoes and very good art galleries (public and private), particularly in Siena and Florence; both also have superb cathedrals. The architecture of Siena and Florence is a treat. In summer, there are concert series everywhere. There is also the Chianti Sculpture Park near Vagliagli (address: Pievasciata, 53010, Siena. Tel +39 0577-357151; fax +39 0577-357149; email info@chiantisculpturepark.it).

**Siena:** Santa Maria della Scala is an ex-medieval hospital with frescoes, and an interesting development of half a dozen small museums inside it including archaeological museum in tunnels that stretch for several kilometres. The Baptistery of Cathedral and Libreria Piccolomini (frescoes); Pinacoteca (about five hundred paintings of Madonna and Child from 12-18C); the Museo dell'Opera del Duomo (with Duccio's *Maesta*) and the fascinating Palazzo Pubblico with Lorenzetti's *Good and Bad Government*.

**Florence:** The Uffizi has the world's greatest collection of Italian Renaissance painting (you will need to book ahead on 0039 055 294883 as there can be very long queues); The Bargello, sculpture and applied arts; San Lorenzo, superb Michelangolos; San Marco, Fra'Angelico; Palazzo Pitti, a first rate art gallery also with Florence's finest garden.



## Festivals

This list might serve to give an idea of what might be going on in the area throughout the year. But please note that dates are very rough.

*Most Sundays in summer in Siena:* Procession of one or other *contrada* or some sort of activity involving drums, flags and medieval fancy dress. Tourist office/posters in Siena will tell you which days the lots are drawn for runners and horses for the Palio.

*16 July, 2 August, Siena:* Il Palio (trials for the Palio start four days earlier, but for a few weeks beforehand there are various other activities, such as lot-drawing for the running *contrade* and for the horses etc).

*July & August, Siena:* Concerts at the Accademia Musicale Chigiana.

*23 August to 3 October, Siena:* Pavimenti (inlaid marble floors) of the cathedral are uncovered for viewing. During this time one has to pay for entrance to the cathedral (normally free)

*Last two weeks in August and first in Sept (varies from place to place), everywhere:* Festa de l'Unita: open-air parties and concerts, stalls, etc, sponsored by the Democratici della Sinistra, etc.

*Last couple of weeks in September, Siena:* The two *contrade* that won this year's Palio hold street parties that go on for a week.

*2nd weekend in September, Greve-in-Chianti:* Chianti's biggest wine fair is held in the town's main piazza.

*Easter Sunday, Florence:* The Scoppio del Carro (Explosion of the Cart) is a major folk festival. A cartload of fireworks is taken to the Duomo by six white oxen and set off during midday mass by a 'dove'.

*First Sunday after Ascension, Florence:* Festa del Grillo, Festival of the cricket. Held in Cascine Park, wooden cages of crickets are sold then released into the grass. A tradition perhaps relating to the past need for farmers to scour their land for locusts.

*24 June, Florence:* Held on the day of Florence's patron John the Baptist there is a massive firework display at Piazzale Michelangelo. Also the first game of Calcio Storico. This uniquely Florentine mayhem is played in 16C costume to perpetuate the memory of a game played during the siege of 1530. Each of the four historic quarters of the city fields a team, the prize for victory being a calf which is roasted for the street party that follows the game.

*7 September, Florence:* The Festa delle Rificolone, Festival of the Lanterns. A procession of lanterns followed by the essential street party.

## Restaurants - recommended

- La Torre, Siena (wonderful fresh pasta, and a scowling proprietor who will tell you what to eat)
- Enoteca Pinchiorri, Florence (two Michelin Stars and one of the best-stocked cellars in Europe).

## ACCOMMODATION

International country code for Italy: 39



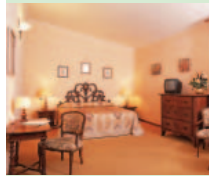
**Siena**  
**Antica Torre ★★★**

Small, characteristic hotel at the edge of the medieval city centre. B&B (night 1 standard)



**Panzano**  
**Villa Le Barone ★★★**

Converted villa with outdoor pool, gardens and tennis court. HB (nights 4&5 superior)



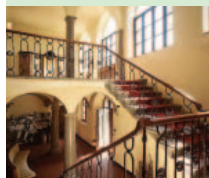
**Siena**  
**Athena ★★★(★)**

Large, 1960s hotel within the walls of the medieval city. B&B (night 1 superior)



**Strada-in-Chianti**  
**Il Leccio Residenza d'Epoca**

Beautiful 17C villa with pool. Superior rooms are suites. B&B (night 6)



**Dievole**  
**Villa Dievole ★★★★★**

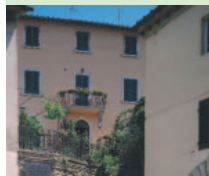
Villa in working wine estate, with pool. B&B (night 2)



**Florence**  
**River ★★★**

a  
Vecchia 18, 50122 Florence  
Tel: 055 234 3529  
Fax: 055 234 3531

19C *palazzina* in quiet Santa Croce area, next to River Arno. B&B (night 7 standard)



**Gaiole-in-Chianti**  
**Fonte del Cieco ★★★**

Via Ricasoli 18, 53013  
Gaiole-in-Chianti (SI)  
Tel: 0577 744 028  
Fax: 0577 744 407

Imaginatively restored town house off the main square. B&B (night 3 standard)



**Florence**  
**Orafi ★★★★★**

Lungarno Archibusieri, 4  
50121 Florence  
Tel: 055 26622  
Fax: 055 2662111

Chosen for its breathtakingly central location! B&B (night 7 superior)



**Gaiole-in-Chianti**  
**Castello di Spaltenna ★★★★★**

Loc. Pieve di Spaltenna,  
53013 Gaiole-in-Chianti  
Tel: 0577 749 483  
Fax: 0577 749 269

Restored medieval castle with Romanesque church. B&B (night 3 superior)



**Panzano**  
**Fattoria Valle ★★★**

Localita Panzano, 50020  
Greve-in-Chianti (FI)  
Tel: 055 852482  
Fax: 055 852716

Converted farmhouse furnished with antiques, with outdoor pool. B&B (nights 4&5 standard)



## CUISINE

Tuscan food is basically simple, using good local ingredients to complement the excellent robust wines of the region. It is seasonal food usually prepared with home grown ingredients. Although the Tuscans are called 'bean eaters' (*mangiafagioli*) the main staple of their diet, apart from pasta, is bread which is traditionally unsalted to complement the salted prosciutto, salami and strong sheep's cheeses.

Whilst it is a traditional cuisine, it is not a poor one, and meat and game feature strongly, preferably cooked on an open fire. The Tuscans are less interested in the presentation of the food than in the excellence of the ingredients and even the most elegant restaurants serve rustic terracotta bowls of rich vegetable and bean soups.

The Tuscans also have a sweet tooth, producing a variety of rich spicy cakes full of candied fruit and nuts, and light biscuits.

## WINES

During the course of the trip you will be walking through the vineyards of Italy's most famous wine, Chianti. Chianti occupies a large area of hills to the south and east of Florence. Known originally in England as 'Florence Red', the wine gained renown in the 19C, when Barone Ricasoli (Italy's second Prime Minister) developed the grape composition found in today's wines. Both Chianti Classico and Chianti Colli Senesi come from small, strictly delineated areas, two of the seven regions within Chianti. Alongside the more 'serious' Chianti Riserva are produced other, less expensive 'quaffing' Chianti made to be drunk within a year or so of production – an excellent accompaniment to local dishes.

You may also like to try a further selection of local wines including Vernaccia, a rare white wine of Tuscany for which nearby San Gimignano is famous, and the delicious local dessert wine Vin Santo.



Please note that the restaurant at Villa Dievole will be closed on a Sunday night. Eating out may involve a taxi fare of €30-35. Please liaise with your Route Manager at your briefing for advice and restaurant recommendations.

There is no need to dress up for most restaurants, but if you decide to treat yourself to a smart, expensive one, the men may want to wear a jacket and the ladies, a skirt, dress or smart trousers.

### Lunch

Lunch is not provided on Footloose trips. We recommend buying your lunch in the morning, before you set off on your walk, or even the afternoon before. You cannot count on finding shops or restaurants on route as you will be walking cross-country. Occasionally there will be bars along the way: these are indicated in the Route Booklet and you can speak to your Route Manager about his or her recommendations when he or she briefs you. A sandwich, fruit, biscuits/ trail mix/ chocolate and plenty of water may well be adequate for your needs during the day. This will require a daypack.

### Dietary requirements

Are reasonably well catered for in this area: Vegetarians: easy. Vegans: armed with a few Italian phrases will be able to find something but may not enjoy the trip from a gastronomic point of view. Coeliacs/ sufferers from gluten intolerance: can live on meat and vegetables but would be limited to coffee for breakfast and will not find bread substitutes in all supermarkets. Sufferers from lactose intolerance: soya milk is available here but again, not in every supermarket. There are a couple of health food shops on the route.

## SHOPPING

We recommend that you purchase local wines and spirits towards the end of your trip, thereby minimising the risk of breakage. The Route Manager will be able to advise you of the best places to buy what you are looking for. If, however, you would like to buy a local wine from somewhere en route it is best to ask your Route Manager if it can be found outside the local area.

In Siena the Via di Città is lined with ceramic shops with work from both Siena and further afield whilst olive oil, dried wild mushrooms and Tuscan meats and cheeses can be bought in a variety of specialist food shops and general alimentari. The Via Termini, no 71, is Christopher Whinney's choice. The Fortress has a wine shop (*enoteca*) which stocks a huge selection of bottles from throughout Tuscany and Italy at reasonable prices. There are also ceramics, foods (including *pan forte*, a medieval sweetmeat, and sweet almond biscuits), wines, leather, paper, clothes.

Many of the villages visited en route have a selection of *enoteca*, wine-shops for tasting and buying Chianti and other wines. Greve-in-Chianti has probably the best selection of *enoteca*. You will also pass wine estates where sampling and direct sales are possible.

Credit cards are widely accepted in Italy, and many shops take them (look for your credit card logo on the door). In the smaller or less 'touristy' places, credit cards are not so common, so you should be prepared to pay for your goods in cash. If you do purchase anything fragile, please let your Route Manager know before they move your bags on.

## FACILITIES EN ROUTE

**Banks:** Everywhere except Vagliaagli.

**Chemists:** Everywhere

**Hospitals:** In Siena and Florence.

## EQUIPMENT/EXTRAS

In addition to the equipment listed in 'Preparing for your Trip', you may like to bring the following:

- A torch if you are early or late in the season, for walking to dinner in some places.
- Swim suit as some hotels have pools.
- Earplugs for Siena – it can be noisy at night!

## Mobile Phones

ATG recommends that Footloose clients take a mobile phone with them whilst walking independently, so that they can contact the Route Manager if necessary. This is especially recommended if you are travelling alone, but not quite so important if you have a companion. Please be aware that there may be some areas where mobile phone coverage is poor. If you have any queries about using your mobile phone abroad please contact your network service provider.

## A REMINDER ABOUT LUGGAGE

- We ask you to restrict your luggage to 2 bags of not more than 10kg each. Large 20kg cases are a renowned cause of back injury. Please do try to keep to this allowance as there may be hotels where access is difficult and the Route Manager has to carry your bags up flights of steps.
- You will be sent labels for your luggage; please attach these to all items of luggage that you bring with you. This will prevent your luggage from being mislaid en route and will ensure that it is put into the correct room on arrival.

## WARNING

Please be especially vigilant in all tourist centres as we have received reports of increased problems with petty theft and pick pocketing. Take care of your valuables at all times. When out sightseeing, leave spare cash and items of value in your hotel safe along with your passport (but carry a photocopy of it for identification purposes). Beware of bag-snatchers and pickpockets, especially in crowded tourist centres. Don't leave luggage unattended, especially at railway stations. If you are robbed you should report it to the local police and obtain a written report for insurance purposes.

Please be careful not to leave anything behind on your trip. We will be unable to return it to you until the end of the season, and will then require you to kindly reimburse the postage.

## TRAVEL INFORMATION

### TRAVEL TO ITALY

The recommended destination airports for this route are Pisa and Florence.

### TRAVEL TO THE FIRST HOTEL

#### By Train

There are several trains a day from Pisa to Siena. The Siena train line is linked with the Florence to Pisa line at Empoli, where you will have to change. There are some trains to Empoli, which go direct from Pisa airport. Otherwise, on arrival at Pisa Centrale, change trains for the Empoli service. Please check train times locally or with your Route Manager at the start of your trip.

### TRAIN AND BUS INFORMATION

Please note that ATG cannot advise you on your particular train/bus journey or make bookings for you. The following may be of use in helping you plan your journey:

Timetable information: [www.trenitalia.com](http://www.trenitalia.com)

Rome airport travel details: [www.adr.it](http://www.adr.it)

Rail Europe: +44 (0) 8705 848848  
[www.raileurope.co.uk](http://www.raileurope.co.uk)

International Rail: +44 (0) 1962 773646  
[www.internationalrail.com](http://www.internationalrail.com)

*NB: Timetables change twice yearly in Italy, with more trains running between the last week of May and the end of September than during the rest of the year.*

For those arriving in Rome, take a train from Roma Termini to Siena (change at Chiusi): there are plenty of trains throughout the day, and the journey time is 2.5-3 hours.

#### By Taxi

We can book you a taxi to the first hotel. The taxi from Pisa airport holds 3-4 passengers (depending on luggage), takes 2 hours and costs approx €220. A taxi from Florence airport to takes 1.5 hours and costs approx €155. A taxi from Rome airport takes just over 2 hours and costs approx €220. Prices may alter at weekends, Bank Holidays or late at night.

Please place your booking with the ATG office at least two weeks before departure. The cost of the taxi will be confirmed to you once the booking is secured. Payment of the taxi fare should be made locally, not to ATG. The driver will have your flight details and will be waiting in Arrivals with a sign showing your name or ATG.

- If you change your flight please notify us on 01865 315678 so we can contact the taxi company to reschedule the taxi for you.
- If, on the day of departure, your flight is cancelled or you miss or change it, please immediately contact the ATG emergency number 01865 315600 so we can contact the taxi company to reschedule or cancel the taxi for you.
- If your flight is delayed and you have arranged for the taxi to meet you at the destination airport, your taxi driver will wait for you.
- If you are delayed and you have arranged for a taxi to meet you at a non airport location

(eg a train station) it is essential that you contact your Route Manager or call the ATG emergency line to notify us at the earliest possible moment, so we can contact the taxi company to re-schedule or cancel the taxi for you.

- Please note that failure to advise ATG that you cannot meet the taxi booked for you, may result in the taxi costs being passed back to you.

Important: Taxi prices quoted apply to the local firm used regularly by ATG – and are guaranteed only if you book through the office in advance. If you get a taxi off a taxi rank please ask the driver to confirm the price for the journey before departing.

### RETURNING TO THE AIRPORT AT THE END OF THE TRIP

#### By train

From Florence there are direct trains to Pisa airport taking approx 1 hour. Some trains will stop at Pisa Centrale where you will need to change trains or take a bus to the airport.

#### By bus

Florence Airport is a short bus ride away

#### By taxi

A taxi holding 3-4 passengers plus luggage to Pisa airport will take one hour and cost approximately €150 or to Florence Airport will take 20 mins and cost approx €30.

If you need a taxi at the end of your trip, please ask your Route Manager to book it for you, and pay the taxi fare locally, not to ATG.

## BOOK LIST

### Guides

*Eyewitness Travel Guide: Florence and Tuscany:* (Dorling Kindersley 2005)

One of a new generation of guidebooks for the visually aware. Packed with photographs.

*Blue Guide: Tuscany:* (A&C Black 2002)

Authoritative guide to art, architecture, and historical background.

*Blue Guide: Florence:* Alta Macadam (Blue Guides 2005)

Lively look at the people, places and history of the city, enhanced by vivid photographs of Florence past and present.

*Florence, Siena, Pisa and Lucca:* Dana Facaros & Michael Pauls (Cadogan Books 1998) and *Tuscany, Umbria & the Marches:* Dana Facaros & Michael Pauls (Cadogan Books 2005)

These sharply written and well-informed guides offer a combination of practical tips and cultural guidelines.

*Tuscany Insight Guide:* (Insight Guides 2002)

Interesting essays on various subjects and excellent photographs.

*Florence: A Portrait:* Michael Levey (Pimlico 1997)

Part-history, part-guide, this book is a fresh, in-depth study, which surveys the physical evolution of Florence over the centuries.

*A Traveller's Companion to Florence:* Harold Acton and Edward Chaney (Constable 2002)

Eclectic and informative ramble through the city Acton loved best. Full of fascinating historical background details.

*Villas and Gardens of Tuscany:* Sophie Bajard *et al* (Terrail 1994)

This book reveals the diversity and riches of 25 of Tuscany's most beautiful villas and gardens. History and art are cleverly blended. Beautifully photographed.

*Tuscan Villas:* Harold Acton (Thames & Hudson 1973) OUT OF PRINT

Handsome volume that describes the history of some of the great villas of Tuscany, including some that we pass on the Chianti walk.

*Tutta Siena:* Piero Torriti (Bonechi 1988)

This guide, though in Italian, has to be included, as it is quite simply the best reference



to Siena. Beautiful photographs of buildings and paintings illumine a scholarly script. Available in Italian bookshops.

### Literature & Fiction

**Room with a View** and **Where Angels Fear to Tread**: E M Forster (Penguin 2004)

Two of Forster's famous novels evoking the Edwardian English Abroad' confronted with Italian sensuality in Florence and San Gimignano respectively. Beautifully written.

**Romola**: George Eliot (Oxford 1998)

Amazing historical novel set in late 15C Florence, weaving together the story of Savonarola with that of fictional characters. Full of historical detail. Highly recommended.

**Within Tuscany**: Matthew Spender (Penguin 1993)

Entertainingly written and informative. Part fact, part fiction, part autobiography.

**The Merchant of Prato**: Iris Origo (Penguin 1992)

A rich and intriguing record of daily life in a medieval Italian city just north of Florence. Recreated from a unique cache of letters and documents left behind by a 14C Tuscan merchant.

**The Stones of Florence**: Margaret McCarthy (Harvest 2002)

Colourful, personal evocation of everyday life in Florence. The author also takes a knowledgeable look at why the city attracts tourism and what effect it has.

**A Tuscan Childhood**: Kinta Beevor (Penguin 1995)

A rich and moving autobiography of an English girl growing up in a Tuscan castle before and during WWII. Also a glimpse into the rather glamorous ex-pat world of the era.

**A Tabernacle for the Sun**: Linda Proud (Godstow Press 2005)

Colourful and intimately researched novel depicting the conflicts of Renaissance Florence through the eyes of a young man.

**War in Val d'Orcia**: Iris Origo (Allison & Busby 1999)

An account of life on a Tuscan estate during the Nazi occupation. The author provides refuge for escaped prisoners and other refugees, and writes evocatively about the Tuscan countryside.

**Too Much Tuscan Sun: Confessions of a Tuscan Tour Guide**: Dario Castagno & Robert Rodi (Falcon Guides 2005)

**Songbirds, Truffles, and Wolves**: Gary Paul Nabhan (Penguin 1994) OUT OF PRINT  
Subtitled 'An American Naturalist in Italy' this is a fascinating romp through the Tuscan countryside, scholarly, observant, full of personal comment and wit.

### Food & Wine

**The Tuscan Year**: Elizabeth Romer (Orion 1998)  
Trades the events of the year on a Tuscan farm,



Photo: Christopher Whimney

describing the countryside, hunting, mushroom eating, harvests and weddings. Also includes a few recipes.

**Foods of Tuscany**: Giuliano Bugialli (Stewart, Tabori & Chang 1992)

Over 150 recipes researched from early cookbooks and handed down through Tuscan families.

**A Table in Tuscany**: Leslie Forbes (Penguin 1989) OUT OF PRINT

A splendid collection of authentic recipes, punctuated by keen observations. Illustrated with vibrantly coloured drawings.

**Brunello to Zibibbo: Wines of Tuscany, Central and Southern Italy**: Nicholas Belfrage (Mitchell Beazley 2003)

Informative regional reference guides covering a wide variety of Tuscan wines.

**Wine Touring Tuscany**: Maureen Ashley (Mitchell Beazley 2000)

One of a new portable series for the traveller. Comprehensive and engaging.

**Tuscany and its Wines**: Hugh Johnson (Mitchell Beazley 2000)

Exploration of the wines of Tuscany accompanied by spectacular photographs.

**Chianti and the Wines of Tuscany**: Rosemary George (Sotheby's 1990)

Interesting and authoritative guide.

Whilst we aim to keep our booklists up to date, books do sometimes go out of print. If you find that any of the books listed are out of print, please do let us know. For any books that are out of print, we recommend that you visit the following website which offers publishers' left-

over stock of out-of-print books, and often has second hand copies of books for sale: [www.abebooks.co.uk](http://www.abebooks.co.uk)

## MAPS

You will, of course, be relying on your Route Booklet for your daily itinerary and detailed maps. However, if you are interested in purchasing more general maps prior to your trip, you can contact the following UK companies, all of whom offer a mail-order service:

### The Map Shop

15 The High Street  
Upton-Upon-Severn  
Worcestershire  
WR8 0HJ  
Tel: 01684 593146  
Fax: 01684 594559  
e-mail: [Themapshop@btinternet.com](mailto:Themapshop@btinternet.com)  
Web site: [www.themapshop.co.uk](http://www.themapshop.co.uk)

### Stanfords

12-14 Long Acre,  
London WC2E 9LP  
Tel: 0207 836 1321  
Fax: 0207 836 0189.  
Web site: [www.stanfords.co.uk](http://www.stanfords.co.uk)

### Blackwells Mail Order

50 Broad Street  
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