

IRELAND – THE RING OF KERRY & WILD ATLANTIC COAST

8-day / 7-night or 11-day / 10-night **SELF-GUIDED** inn-to-inn walking from Killarney **ALL YEAR ROUND**



This walk along the Kerry Way is the ideal way to explore the Ring of Kerry on the spectacular and scenic wild West Coast of Ireland. Warmed by the Gulf Stream sea currents it is one of Ireland's premier and most popular walking routes and offers mild – if sometimes inclement – weather all year round. Starting in the bustling market town of Killarney, our walking routes offer an interesting and varied selection of vistas including national parks, lichen-clad woodland and waterfalls, valleys, rural farmland and the dramatic, rugged Atlantic coast.

Discover too Ireland's long and storied history. Explore the ruins of the 15th Century Muckross Abbey and visit the traditional farms at Muckross House where Irish farm life in the 1930s and 1940s is recreated. Spend time at the remnants of a mysterious Iron Age stone ring settlement, Staigue Fort. Walk along ancient coach roads in the footsteps of medieval drovers, and pass by ancient churches, old graveyards and abandoned cottages.

Option of a 7 or 10-night independent inn-to-inn itinerary where accommodation and luggage transfers are taken care of – you carry just a small pack with the day's essentials. Self-guided holidays are perfect for exploring the iconic landscapes of Europe. Travelling on foot gives the freedom to see more of the countryside and offers an unforgettable active holiday experience. There is the flexibility to travel at your own pace, to stop and relax or explore, secure in the knowledge that your room awaits, your bags have gone ahead, and the day is your own.

The walking is moderate, with an average walking time of five to seven hours per day, at a leisurely pace with time to stop in villages and places of interest. The terrain is undulating with lots of up and downhill walking on varied surfaces including rocky and grassy mountain paths, some boggy stretches, gravel roads, walking on quiet country roads. Both the shorter and longer walks are designed for regular walkers, with several days of 20-25km. Good, well worn-in walking boots are essential.

Duration:	8-day / 7-night	11-day / 10-night
Cost from:	\$1765 per person twin share.	\$2405 per person twin share.
Single supplement from:	\$680 per person	\$760 per person
Solo Traveller supplement from:	\$1045 per person	\$1460 per person

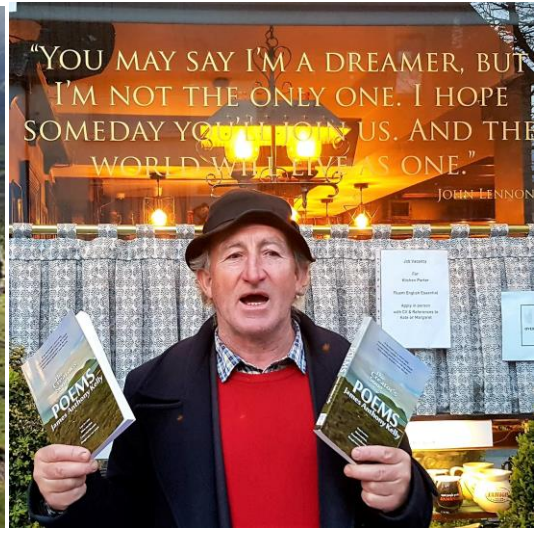
Departs: Daily on demand all year-round – starts & ends in Killarney

Includes: Twin share accommodation in Irish Tourist Board approved accommodation with ensuite bathrooms or private facilities, Irish breakfasts each day, luggage transfers, welcome briefing, full route information, itinerary notes and map, GPS App if required, 24-hour telephone assistance.

Not included: Other meals, drinks, personal expenses, travel to/from the start/end of the tour.

Extra nights can be added at extra cost – ask when making your booking.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Suggested itinerary:

Day 1 Arrival in Killarney

Plan to arrive at your first hotel by mid-afternoon. Killarney is a major tourism centre for County Kerry and has a number of excellent restaurants and traditional pubs, many featuring live music. There are regular rail services to Killarney from Cork and Dublin, or buses from many places in Ireland, including Cork, Galway or Dublin.

Day 2 Glenbeigh to Cahersiveen

After being transferred to the outskirts of Glenbeigh, today's walk takes you along an old 19th century 'Stage Coach' route along the northern shores of the peninsula. You'll pass through old deserted villages which were once busy centres of activity, trading with passengers on the old stage coaches and along grassy mountain tracks with some rocky sections.

walking @ 24km

Day 3 Cahersiveen to Waterville

Today's walk starts at Coars Cross, a short transfer from Cahersiveen. Taking in views north across the Dingle Peninsula and west across the Atlantic Ocean as you make your way to Waterville for the night.

walking @ 18km

Day 4 Waterville to Caherdaniel

From Waterville, the walk takes you around and above the coast, enjoying the scenic coastal views out towards the Skellig Islands and Ballinskelligs Bay on the way to your overnight stay in Caherdaniel, which was once home of the famous "Liberator", Daniel O'Connell.

walking @ 15km

Day 5 Caherdaniel to Sneem

From Caherdaniel you'll follow an old 'butter road' to the village of Sneem, enjoying fantastic views across the Beara Peninsula and out to the Atlantic Ocean.

walking @ 18km

Day 6 Sneem to Kenmare

You'll be transferred to Tahilla Church, just outside of Sneem for the start of today's walk which follows the shores of Kenmare Bay with views of the Caha Mountains and Beara Peninsula. Overnight in Kenmare.

walking @ 28km

Day 7 Kenmare to Killarney

From Kenmare, you'll walk through Esknamucky Glen and Killarney National Park, where you might be lucky enough to see Ireland's red native deer. Continue to reach the magnificent Muckross House & Gardens, which you can explore before walking the 5km to Killarney.

walking @ 25km

Day 8 Depart Killarney (on the 7-night tour)

Tour ends after breakfast in Killarney.

From Killarney, there are frequent train & bus services to Cork, Limerick, Shannon or Dublin.

If required, we can arrange a private transfer for you at additional cost.

Extra nights of accommodation are also available on request.

Ask for more details when making your walk booking.

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The 11-day / 10-night tour begins as shown below then joins the 8 day / 7 night route from Glenbeigh:

Day 1 Arrive in Killarney

Day 2 Killarney to Black Valley

walking @ 22km

After a 5km walk, you'll have time to explore the wonderful Muckross House and Gardens. Then onwards through Killarney National Park and through Esmamucky Glen, passing Torc Waterfall to reach what used to be a 'Mass Path' to Derrycunihy Church. Descend via Lord Brandon's cottage into the heart of An Com Dubh (the Black Valley)

Day 3 Black Valley to Glencar

walking @ 18km

From the Black Valley, you'll ascend to cross a mountain saddle into the Bridia Valley then take an old 'droving' road and over a second saddle before walking through foothills of the MacGillicuddy Reeks, Ireland's highest mountain range. The route then follows the shores of Lough Acosse to the hamlet of Glencar.

Day 4 Glencar to Glenbeigh

walking @ 22km

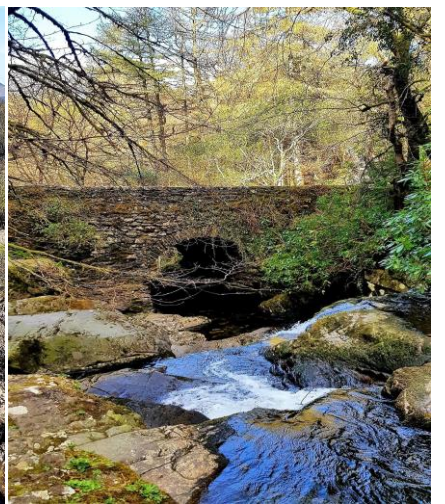
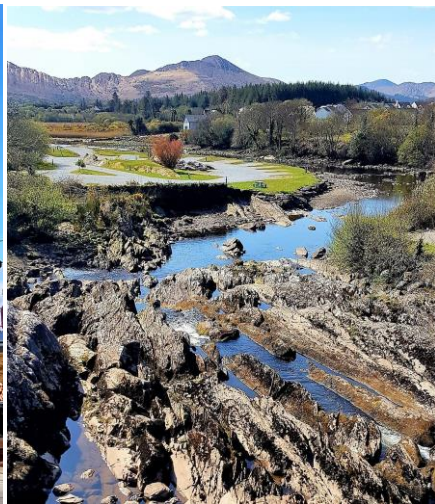
From Glencar, today's walk takes you along the Caragh River and valley around Seefin Mountain, taking in Blackstone's Bridge. Fabulous views across Castlemaine Harbour and out west to Dingle Bay before arriving at Glenbeigh. Rossbeigh Beach 2km west is worth a visit.

Outdoor Travel offer other small group guided walking or cycling holidays in Ireland, including the **Dingle Way** and the **Wicklow Way**, and self-skippered or hotel barge boating holidays on the **River Shannon**. Other guided or self-guided walking holidays include the **Camino de Santiago** and **Wainwright's Coast to Coast** walk.



Contact **Outdoor Travel** for more details and reservations:

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