

PORTUGAL – THE ALGARVE

Centre-based, one-hotel group guided walking tour at Praia da Luz

Perfect landscape and glorious weather for superb walking holidays. Justly famous for its glorious coastline, a deeper exploration of the Algarve reveals a land rich in history, scenic contrasts and the wild and dramatic Atlantic coast.

These group guided walks will take you along the magnificent coastal path and through scenery of cork clad hills and citrus groves. Year round sunshine makes the Algarve ideal for a spring or autumn holiday.

- Unspoilt scenery of lemon trees, sleepy villages and stunning coasts
- Year-round sunshine; ideal for a spring or autumn break
- New superb 4-star hotel in Praia da Luz

Our centre-based or one-hotel walking holidays offer a choice of two guided walks each day – usually an easier walk or a more challenging option. There is usually a free-day midweek to relax or to explore.



Cost per person: AU\$1760 per person (twin share) - Single room supplement AU\$555

Departs: 14, 21, 28 Feb; 14, 21, 28 Mar; 4, 11, 18 Apr; 12, 19, 26 Sep; 10, 17 Oct 2009

Tour includes: 7-nights in comfortable hotel accommodation room with ensuite bathrooms, 7-breakfasts, 7-evening meals, experienced walks leader, 5-guided walks and a free-day midweek.

Not included: Airport transfers from Faro (these can be pre-booked at extra cost – we recommend you take these - please ask for details when booking), meals & drinks not mentioned & personal expenses. .

Your accommodation: The HOTEL BELAVISTA DA LUZ - four-star luxury in the western Algarve with superb food and just 5-minutes' walk from the beach of Praia da Luz, the hotel has 39 spacious bedrooms, all with balcony or terrace, overlooking the beautiful swimming pools.

Suggested itinerary – Tour starts & ends at Praia da Luz

Day 1: Arrival day – plan to arrive mid-afternoon for dinner (ask about transfers from Faro airport)

Day 2: Admire the panoramic views on walks to the dramatic stacks of Ponta da Piedade and the old harbour town of Lagos.

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Day 3: Explore the wildlife rich valleys of the interior near the scenic reservoir at Bensafrim.

Day 4: Enjoy a trip to the wild Atlantic coast and the beautiful cliffs and countryside of the Vale da Telha.

Day 5: Free day - perhaps travel to the old town of Faro or just relax in a bar on the superb beach at Praia da Luz.

Day 6: Head inland to discover the peaceful countryside around Silves on walks through traditional farms and villages.

Day 7: Follow the ochre and cream cliffs past rock arches and sea stacks along the coast from Sagres.

Day 8: Tour ends after breakfast - departure transfer available at extra cost

Please Note: The above program should give you a good feel for the walks at this resort but is subject to change. For those considering a 2-week walking holiday alternate walks are offered on the second week on some departures so you can combine dates – ask for details.

Each year we listen carefully to the views of our guests and make improvements to our walking programmes. Further information will be sent to you prior to your holiday; however, the final selection of walks each week will be made by your walking leaders.

Local transport to and from walks: Local transport is not included in the cost of your holiday. Please allow Euro 70 (approx \$150) per week for transport during the week, excluding your free day - payable locally.

Footpath information



Easier Walks: 7 to 12km with 50 to 200m of ascent in a day.



Harder Walks: 10 to 15km with 50t to 280m of ascent in a day.

These figures are estimates, both walks cross gently undulating landscapes with occasional short but steep ascents on the coastal paths.

Outdoor Travel offers a wide range of one-hotel or centre-based guided walking holidays in most countries in Europe including France, Spain, Italy, Germany, Switzerland, Austria, Turkey, Croatia, Greece, Slovakia, Slovenia or Norway.

During the colder months walks are very popular in the Mediterranean or Canary Islands such as Madeira, Malta, Sicily, Teneriffe, Lanzarote or Crete and coastal areas such as Catalonia on the Spain / France border.

Inn-to inn guided or self-guided walks are also available in most of these destinations

Contact **Outdoor Travel** or your travel agent for more details, travel brochures and reservations:

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