

SCOTLAND – THE WESTERN HIGHLANDS

Classic one or two-week – one-hotel centre-based guided walks



This remote and spectacular region of Scotland lies in the West Highlands beneath the highest mountains in Britain, Ben Nevis. Explore exhilarating sea lochs, narrow mountain ridges and wooded glens, go scrambling beside fast flowing salmon streams with chance to see herds of Red deer and perhaps the rare Golden eagle.

Glen Coe has heather strewn glens, jagged ridges, rocky outcrops and post-glacial features to explore. If Ben Nevis is too challenging there are plenty of rewarding walks on our popular guided walking holidays, through the Nevis Gorge to Steall Falls, visiting the Isle of Lismore or following the zigzags of the Devil’s Staircase built in 1751 after the Jacobite risings.

For those with a sense of history Glen Coe has a dark history and the famous massacre of the MacDonalDs by the English forces and a visit to the battlefield is very humbling.

- The best mountain walking in Britain
- Lochside location with splendid mountain views
- New indoor swimming pool and spa pool

Cost per person: \$1195 single or twin share Single room supplement \$120

Departs: 6, 14, 21, 28 Apr, 13 May, 9, 16, 23, 30 Jun, 14, 21 Jul, 4, 18, 25 Aug, 1, 15, 22, 29 Sep, 6, 13, 20 Oct

Tour includes: 7-nights in comfortable hotel room with ensuite bathrooms, full board, experienced walks leader, 5-guided walks, transport associated with the walks & free-day activity.



Call OUTDOOR TRAVEL on 1800 331 582 for more details or reservations

Accommodation: Alltshellach House is a fine Scottish residence, formerly a bishop's house, enjoys a classic Highland location at the edge of North Ballachulish village. The Country House accommodation stands amid lawned and wooded grounds sweeping down to the shores of Loch Leven with its superb backdrop of mountains rising to more than 3,000ft above Glen Coe. The nearest town is Fort William, 13 miles to the north, a bustling resort close to Ben Nevis.

Walking Highlights include:

- The awe-inspiring mountains of Lochaber have their challenges, but also great rewards
- An endless variety of routes available, with opportunities to 'bag' a number of Munros
- Stob Ban and the narrow Devil's Ridge, Bidean Nam Bian (the highest peak overlooking Glen Coe)
- An ascent to the mighty summit of Ben Nevis

A typical **Classic Walking** day will offer you a choice of 2 or 3 guided walks, each of varying length and ascent. If you are new to walking, start at the easiest level, where the pace is the gentlest. We have plenty of stops to enjoy the views and to rest. As your holiday progresses you may feel confident to try a more challenging level, or stick to the same level - it's entirely your choice

Walking as a Group - Your Leader's duty is to the group as a whole and he or she will refuse to accept any guest whose clothing, equipment, behavior or walking ability is considered unsuitable, and where it could affect the safety and enjoyment of other guests on the proposed walk. As a group member it is your responsibility to follow the Leader's guidelines, for the benefit of the group as whole. If you leave the group, then your Leader will no longer have responsibility for you.

No outdoor activity can ever be 100% risk-free; however, if you take sensible precautions and adhere to your Leaders' instructions you will find that your Classic Walking holiday will be more enjoyable. Your holiday will start with a safety presentation.

Leaders always consider the group as a whole, and will show more caution over potential risks (such as bad weather) than might an individual or couple on a private outing. Walks may be modified following the Leaders' assessment of the day-to-day situation, access restrictions, poor weather and guest numbers.

Leaders are required to judge the most appropriate maximum party size for any walk, taking into account weather, terrain, group experience and ability. If a party has more guests than considered safe by that Leader, he or she is instructed to amend the walk sufficient to reduce the risks.



Footpath information:

On these holidays there is a choice of up to three walks for varying abilities each day. For maximum choice we offer three weekly itineraries - ideal if you wish to book a longer holiday or return for a further visit.



Easier Walks: 6 to 10 miles beside lochs and rivers, through glens and forests and over moorland. Generally good, well-graded paths, which can be boggy. Up to 1,180ft of ascent in a day.



Medium Walks: 5 to 10 miles through mountainous terrain, generally on good paths, though often steep or rocky. 1,650ft to 3,400ft of ascent in a day.



Harder Walks: 6 to 11 miles on very rocky and intermittent paths with some exposed ridges and sections of scrambling. Very steep gradients with 2,400ft to 4,800ft of ascent in a day.

Contact OUTDOOR TRAVEL or your travel agent for more details and reservations:

- Call Outdoor Travel Toll free on 1800 331 582 or (03) 57551743 or Fax (03) 57501020
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