

GERMANY – ALONG THE RIVER MOSELLE VALLEY

7-days / 6-nights **SELF-GUIDED** inn-to-inn cycling from Trier to Koblenz

VALUE TOUR



Cycle along the scenic and mostly flat Moselle valley cycle route on this self-guided inn-to-inn tour, following the course of the beautiful Moselle River as it meanders and loops past endless vineyards clinging to the steep valley slopes, past storybook villages and romantic towns. We start in Trier, an interesting and lively city full of history, the oldest city in Germany. Birthplace of Karl Marx, Trier was a Roman capital founded by Caesar Augustus under the name of Augusta Treverorum, and there is much Roman history to explore here.

Continue through the charming and picturesque towns of Trittenheim, Bernkastel-Kues, Zell, and Cochem. As we cycle through one of Germany's great wine-growing areas and learn about the local wine, tasting is on the menu too. The main varietal is Riesling, a white grape variety which dates back to the 15th Century and is known as the 'Queen of grapes'. We finish in Koblenz, where the Moselle meets the Rhine.

This cycling route along well-maintained cycle paths offers mostly flat and easy cycling. Self-guided travel offers flexibility - cycle at your own pace, stop and relax or explore secure in the knowledge that your room is waiting for you, your bags have gone ahead and the river is your guide.

We offer you the choice of either the standard tour with Bed & Breakfast or you can add a Half Board option which includes breakfast and dinners - usually based on traditional local cuisine – which we highly recommend.

Departs: Thursdays, Fridays, Saturdays & Sundays from 24 April to 11 October, 2026

Starts: Trier **Ends:** Koblenz

Cost from: **\$1610** per person twin share Single room supplement from \$575

Half Board supplement: \$230 per person, includes dinner on 3 nights

Upgrade to E-Bike hire: From \$215 per E-bike – limited availability, request when making your booking.

Includes: 6 nights' twin-share accommodation in comfortable 3-star hotels with ensuite bathroom; breakfast daily; multi-geared bike hire (ideal for the relatively flat terrain) with pannier; daily luggage transfers; cycle tour information and route map; digital information : app and GPS tracks; emergency telephone assistance if required; Moselle boat excursion in Trier; 3 x wine tastings; Reichsburg Castle entry.

Not included: Meals not mentioned (If taking the Half Board option, 3 x 3-course dinners are included); drinks, other entry fees not mentioned, ferries and other transport, personal expenses, city tourist taxes (approx. €3 per person per night). Helmets are not provided (and are not currently compulsory in Germany) but we do highly recommend you bring or buy a bike helmet for this tour.

Extra nights can be arranged in Trier or Koblenz (for additional cost) – please ask for details when booking. If planning to return to Trier at the end of the trip, a transfer can be organised (at extra cost).

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary:

Day 1 Arrive in Trier

Plan to arrive at the hotel in Trier, where you stay two nights, by mid-afternoon with time to collect your travel documents and bikes.

Day 2 Free day in Trier

Trier has been a city for over 1000 years; the Romans made it the capital of their Northern Roman Empire. There are many Roman remains to explore: the Porta Nigra city gate, dating from the first century AD, the Roman baths and the amphitheatre. There is also a modern shopping centre, the birthplace of Karl Marx, and the Trier Cathedral. Trier is a lively university city with many international students. Perhaps take a boat excursion on the Moselle to view the city from the water, or walk up Petrisberg, a steep wooded hill, for views from above.

Day 3 Trier - Trittenheim

cycling @ 40/45km

Head off on the Moselle cycle path to Trittenheim. This picturesque town is situated on one of the many bends of the river, surrounded by vineyards. Wine-tasting is an option here so be sure to sample some of the local wines.

Day 4 Trittenheim - Traben-Trarbach

cycling @ 45/50km

Past more vineyards of the mid-Moselle wine region to Bernkastel-Kues, an old and picturesque town; you may like to take some time to explore the market square and timber-framed houses. Afterwards continue cycling to Traben-Trarbach, with both Belle Epoque and Art Deco architecture along with ancient city walls.

Day 5 Traben-Trarbach - Cochem

cycling @ 55km

As you near Bremm you may like to take a short detour across the river to the Klosterruine, the ruins of the 12th Century Stuben monastery. From here you can see the steepest vineyard in Europe, the Calmont, at an incline of up to an amazing 76%. Following the Moselle you reach Beilstein and finally romantic Cochem, a small town amid steep vineyards and wooded hills. It has a medieval fortress and again a picturesque town centre with beautiful timber-framed houses. Arrive into Cochem with time to visit Reichsburg castle.

Day 6 Cochem - Koblenz

cycling @ 50km

Cycle today via Klotten, where the ruins of castle Coraidelstein rise above the town, to Moselkern; if time permits you may like to visit Eltz castle here - high on the cliffs, the castle is one of the few that has never been destroyed during its long history. Further on the medieval castles of Bischofstein and Thurant loom above and you pass through the wine-producing villages of Kobern-Gondorf and Güls en route to Koblenz. Its name comes from the Latin Confluentes (confluence). The statue of Emperor Wilhelm of Prussia on the 'German Corner' – the point where the Moselle and Rhine meet – is an impressive landmark, as is the Ehrenbreitstein fortress.

Day 7 Depart Koblenz. Tour ends after breakfast.



Outdoor Travel's experienced staff have extensive knowledge of guided or self-guided cycling holidays in Europe and can help you choose the right tour to suit your interests and abilities. We offer **Bike & Barge** or **Bike & Boat** cycling tours or **small group or self-guided inn-to-inn cycling holidays** in France, Italy, Belgium, Germany, Austria, Hungary, Holland, Ireland, Spain, Croatia, Romania, Greece, Turkey, Vietnam, China, the USA and Canada, South Africa, Vietnam, Japan and in New Zealand.

Contact Outdoor Travel for more details and reservations:

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