

## ENGLAND – ST IVES IN CORNWALL

8-day / 7-night one-hotel GUIDED walking tour with a choice of easy to challenging guided walks daily



**Cornwall** is England's most popular holiday destination: the towering granite cliffs, golden sandy beaches and atmospheric old fishing ports combine to offer one of Europe's most dramatic coastlines. The well-maintained coastal footpath winds around rugged headlands offering ever-changing scenery and sea views. Abandoned tin mines provide dramatic silhouettes on the horizon. Hidden valleys provide a woodland retreat for a host of birds and wildlife. A wide network of hedgerows offers a refuge for a plethora of plants, shrubs and trees. Our walking holiday country house at **St Ives**, with its historic buildings and narrow streets, seafood markets and sandy coves, gives access to all that make this corner of Cornwall so special.

On this classic walking holiday, explore the Cornish coastline, with its sandy beaches, beautiful gardens and smugglers' coves, and we get off the beaten track to peaceful corners and sleeping fishing villages. There is a free day mid-week for you to walk independently or explore the local area – you may like to visit the world-famous biosphere 'Eden Project', take in the famous art galleries of St Ives, including the Tate, or in the evening in season experience the open-air theatre on the cliffs overlooking Porthcurno Bay.

**Cost from:** \$2275 per person (twin share). Single supplement on request

**Departs:** 9<sup>th</sup>, 16<sup>th</sup>, 30<sup>th</sup> April; 7<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> May; 4<sup>th</sup>, 11<sup>th</sup>, 25<sup>th</sup> June; 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> July;  
6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> August; 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> September; 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> October, 2022

**Includes:** 7 nights' accommodation in a comfortable room with ensuite bathroom, full board (breakfast, picnic lunch and dinner), experienced walks leader, 5 days of guided walks, transport to/from the walks and social activities in the evenings.

**Not Included:** Transport to/from the house, drinks, personal expenses, transport/activities on your free day.

**Accommodation:** **Chy Morvah** or 'house by the sea' is a seaside hotel with panoramic views across the golden sands of St Ives Bay to the lighthouse at Godrevy Point. A short walk will take you to the centre of St Ives, a delightful resort town with a maze-like old fishing quarter and superb sandy beaches.



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**Chy Morvah** has 39 bedrooms, some with sea views, and the acre of gardens includes a sheltered lawn and mature trees. There is a heated outdoor pool (open from May to September), lounge and ballroom, bar, painting studio, conservatory, putting green, table tennis and pool table. And as Chy Morvah is tailored to the needs of outdoor enthusiasts, there is a boot room and drying room, as well as laundry facilities and mini-shop. Premium rooms may be available for a supplement – please ask when booking.

**Suggested itinerary:** Each day you will have a choice of up to 3 walks of varying length and ascent.



**Easier Walks:** Up to 6.5 miles (10.5km) with up to 1100ft (335m) of ascent in a day.

Discover Cornwall's unspoilt beaches, churches and peaceful harbour villages. We may walk from St Ives to Clodgy Point or along the coast to Carbis Bay. Other walks include Trebah Gardens on the Helford Estuary, St Michael's Mount, Lizard Point to Kynance Cove, or from picturesque Lamorna Cove to Mousehole.



**Medium Walks:** Up to 10 miles (16km) with up to 2050ft (625m) of ascent in a day.

We walk along sheer granite cliffs to the Minack Theatre, and there are bracing walks from Porthtowan to the huge expanse of sand at Perranporth, or to Loe Pool and Praa Sands. We walk also from Botallack or Portcuthno to Land's End, the very tip of Britain – the final section along the coast to Land's End contains some of Cornwall's grandest scenery, and offers a real sense of achievement upon reaching this iconic spot.



**Harder Walks:** Up to 12 miles (19.5km) with up to 2750ft (840m) of ascent in a day.

Some challenging longer walks on the undulating cliff path, with endless sea views and constant reminders of Cornwall's mining heritage. Walks include Portreath to Perranporth via St Agnes Head, or the Crown Mines at Botallack to Land's End, and a superb circuit of England's most southerly point, the Lizard peninsula.



**Outdoor Travel** walking holidays – guided in small groups or self-guided – are available across the United Kingdom, Ireland and in Europe including Wainwright's challenging **Coast to Coast** trail, the **Cotswolds**, the spectacular **Yorkshire Dales**, **West Highland Way** in Scotland and **Snowdonia**, Wales. In Ireland walk the **Ring of Kerry**. In France see the Dordogne, Alps, Provence or Riviera Coast. Walks, in Austria, Spain or Italy or walk the **Way of St James** from Le Puy in France to Santiago in Spain or the **Via Francigena** to Rome.

**Contact OUTDOOR TRAVEL for details and reservations:**

- Call Outdoor Travel Toll free on 1800 331 582 or (03) 57551743 or Fax (03) 57501020
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