

Camino de Santiago

FRANCE & SPAIN - FOLLOWING THE WAY OF ST JAMES

2019

SELF-GUIDED INN-TO-INN WALKING ON THE WAY OF SAINT JAMES

From: Le Puy in France to Santiago de Compostela in Spain

Departs: Daily from 1st May to 30th October 2019

Duration: Walks in stages of 7 to 15 days

Cost: From \$1055 per person including accommodation, luggage transfer and meals



The Camino de Santiago or Chemin St Jacques - the route to the shrine of St James the Apostle in northwest Spain - has attracted pilgrims from all over Europe since the 12th Century when an estimated two million people each year walked, rode or were carried along the route to the city of Santiago de Compostela.

One of the major pilgrimage routes in France was from Le Puy crossing the Pyrenees at the Roncesvalles Pass, joining other trails at Puente la Reina in Navarra (near Pamplona) to form a single path across northern Spain to the shrine at Santiago de Compostela. The Spanish part of *El Camino de Santiago* runs some 800km from the Roncesvalles Pass through Puente la Reina, La Rioja, Burgos, Leon and finally crossing Galicia to Santiago.

Today, it is possible to experience the same route as the medieval travellers, walking the most unspoilt sections of the route on a self-guided 'inn to inn' walk – staying mostly in simple but comfortable 1 or 2-star hotels usually with your own bathroom / toilet - and with your baggage transferred each day. We offer one or two week easy to moderate walking sections from Le Puy in central France, south to the Pyrenees and along the northern coast of Spain to Santiago, on the road to Compostela.....

Share in the sheer scale, the mystery and the history of this great medieval pilgrimage phenomenon. Take a journey where you can imagine the hardships, the pleasures and interests of those early pilgrims. Follow an infinitely varied succession of paths and trails that link cities and villages, great cathedrals, fine churches and ancient monuments. Travel through the wooded valleys of central France, cross the Pyrenees and the great Navarre plains, see the Montes de Leon, the vineyards of Rioja and the Bierzo, before reaching the fertile valleys of Galicia and - like millions of others through history - the sacred shrine of St James.

Tour cost includes:

- * Self-guided Inn-to-Inn walking
- * 1, 2 or 3-star accommodation as shown
- * Local shuttle-bus transfers as indicated
- * Daily baggage transfers from Inn-to-Inn
- * Breakfast daily and most dinners as indicated
- * Local English speaking contact / support

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



France

Bordeaux

Le Puy

Nasbinals

Conques

Cahors

Lectoure

Aire-sur-l'Adour

St Jean Pied de Port

Pyrenees Mtns

Spain

MADRID

Santiago de Compostela

Leon

Burgos

Logrono

Lavacolla
Arca de Rei
Portomarin
Sama
Trascastela
O Cabreiro
Vila Franca de Xerxes
Ponferrada

Rabanal del Camino
Atienza
Hospital de Orbigo
Marellas de las Mulas
El Burgo Ranero
Moraminos
Canton de los Condes

Fromista
Castrojeriz
San Juan de Ortega
Bolorado
Santa Domingo de la Calzada
Nájera

Roncesvalles
Zubiri
Pamplona
Puenste La Reina
Los Arcos

Arzacq-Arizaiguet
Maslacq
Navaarrenx
Saint-Palais
Larceveau-Arros-Cibits

Montreal
Eauze
Nogaro

Condom
La Romieu
Durfort

Montcuq
Lalouque
Laguerde
Bosch

Flagnac
Carjac
Decapeville
Eguyrak
Esparling
Espalion

St Privat d'Allier
Saugues
Les Faux
Aumont
St Chely d'Aubrac

Suggested itineraries from 7 days to 11 weeks with daily departures and extra nights on demand:

LE PUY EN VELAY – NASBINALS – 7-days / 6-nights (5-days walking in France)

DAY 1 Arrive at Le Puy in time for dinner.
DAY 2 Le Puy – St Privat d'Allier, 24km
DAY 3 St Privat d'Allier – Saugues, 20km
DAY 4 Saugues – Les Faux, 26km
DAY 5 Les Faux – Aumont, 21km
DAY 6 Aumont – Nasbinals, 26km
DAY 7 Trip ends after breakfast.

Arrival point: Le Puy en Velay.
Nearest train station: Le Puy en Velay
Departure point: Nasbinals
Difficulty: 4 to 7 hours easy to moderate walking each day (with 150 – 500 metres of elevation)
Accommodation: 6 nights in 1 or 2-star hotels with half board (breakfast and dinner) each day

Costs per person: From **\$1175** (twin share)
Single room supplement: From **\$265** (as available)
Solo Traveller supplement: From **\$45** per person (as available)



NASBINALS – CONQUES – 7-days / 6-nights (5-days walking in France)

DAY 1 Arrive at Nasbinals in time for dinner.
DAY 2 Nasbinals – St Chély d'Aubrac, 17km
DAY 3 St Chély d'Aubrac – Espalion, 24km
DAY 4 Espalion – Estaing, 13km
DAY 5 Estaing – Sénergues, 26km
DAY 6 Sénergues – Conques, 11km
DAY 7 Trip ends after breakfast

Arrival point: Nasbinals
Nearest train station: Aumont-Aubrac or St Christophe
Departure point: Conques
Difficulty: 3 to 6 hours of easy to moderate walking each day (with 150 – 450 metres of elevation)
Accommodation: 6 nights: 1 or 2-star hotels, half board (breakfast & dinner)

Costs per person: From **\$1175** (twin share)
Single room supplement: From **\$175** (as available)
Solo Traveller supplement: From **\$45** per person (as available)

CONQUES – CAHORS – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Conques in time for dinner
DAY 2 Conques – Decazeville, 17km
DAY 3 Decazeville – Figeac, 32km
DAY 4 Figeac – Cajarc, 32km
DAY 5 Cajarc – Limogne, 17km
DAY 6 Limogne – Lalbenque, 22km
DAY 7 Lalbenque – Cahors, 19km
DAY 8 Trip ends after breakfast.

Arrival point: Conques
Nearest train station: Rodez, then bus for Conques
Departure point: Cahors
Difficulty: 4 to 8 hours easy to moderate walking each day (with 50 – 350 metres of elevation)
Accommodation: 7 nights in 1 or 2-star hotels with half board (breakfast and dinner) each day

Costs per person: From **\$1360** (twin share)
Single room supplement: From **\$365** (as available)
Solo Traveller supplement: From **\$45** per person (as available)

CAHORS – LECTOURE – 7-days / 6-nights (5-days of walking in France)

DAY 1 Arrival at Cahors in time for dinner
DAY 2 Cahors – Montcuq, 32km
DAY 3 Montcuq – Durfort, 26km
DAY 4 Durfort – Moissac, 14km
DAY 5 Moissac – Auvillar, 19km
DAY 6 Auvillar – Lectoure, 34km
DAY 7 End of the trip after breakfast

Arrival Point: Cahors
Nearest train station: Cahors
Departure: Lectoure
Difficulty: 4 to 8 hours easy to moderate walking each day (with 50 – 150 metres of elevation)
Accommodation: 6 nights in 1, 2 or 3-star hotels with half board (breakfast and dinner)

Costs per person: From \$1275 (twin share)
Single room supplement: From \$375 (as available)
Solo Traveller supplement: From \$45 per person (as available)

LECTOURE — AIRE-SUR-ADOUR – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Lectoure in time for dinner
DAY 2 Lectoure – La Romieu, 19km
DAY 3 La Romieu – Condom, 16km
DAY 4 Condom – Montréal du Gers, 16km
DAY 5 Montréal du Gers – Eauze, 17km
DAY 6 Eauze – Nogaro, 20km
DAY 7 Nogaro – Aire-sur-Adour, 30km
DAY 8 Trip ends after breakfast.

Arrival point: Lectoure
Nearest station: Agen or Auch, then bus to Lectoure
Departure point: Aire-sur-Adour.
Difficulty: 4 to 8 hours easy to moderate walking each day (with 50 - 150 metres of elevation)
Accommodation: 7 nights in 1 or 2-star hotels or in a country cottage, with half board (breakfast and dinner) each day

Costs per person: From \$1365 (twin share)
Single room supplement: From \$375 (as available)
Solo Traveller supplement: From \$45 per person (as available)



AIRE-SUR-ADOUR – ST JEAN PIED DE PORT – 10-days / 9-nights (8-days walking in France)

DAY 1 Arrival at Aire-sur-Adour in time for dinner
DAY 2 Aire-sur-Adour – Miramont Sensacq, 18km
DAY 3 Miramont Sensacq – Arzacq, 15km
DAY 4 Arzacq – Poms, 22km
(stay in Morlanne, return transfers included)
DAY 5 Poms – Maslacq, 27km
DAY 6 Maslacq – Navarrenx, 22km
DAY 7 Navarrenx – St Palais, 29km
DAY 8 St Palais – Larceveau, 15km
DAY 9 Larceveau – St Jean Pied de Port, 18km
DAY 10 Trip ends after breakfast.

Arrival point: Aire-sur-Adour
Nearest train station: Aire-sur-Adour
Transfers: Return transfers between Poms and accommodation in Morlanne.
Departure point: St Jean Pied de Port
Difficulty: 4 to 7 hours of easy to moderate walking each day (50 - 150 metres of elevation)
Accommodation: 9 nights in 1 or 2-star hotels with half board (breakfast and dinner)

Costs per person: From \$1620 (twin share)
Single room supplement: From \$420 (as available)
Solo Traveller supplement: From \$70 per person (as available)



ST JEAN PIED DE PORT – LOGROÑO 9-days / 8-nights (7-days of walking from France into Spain)

DAY 1 Arrival St Jean Pied de Port before dinner
 DAY 2 St Jean Pied de Port – Roncesvalles, 25km
 DAY 3 Roncesvalles – Zubiri, 22km
 DAY 4 Zubiri – Pamplona, 21km
 DAY 5 Pamplona – Puente La Reina, 24km
 DAY 6 Puente La Reina – Estella, 22km
 DAY 7 Estella – Los Arcos, 22km
 DAY 8 Los Arcos – Logroño, 28km.
 DAY 9 Trip ends after breakfast

Arrival point: St Jean Pied de Port
 Nearest train station: St Jean Pied de Port
 Departure point: Logroño
 Difficulty: 6 to 8 hours of moderate walking daily (300 metres except on DAY 2 with a 1300m climb)
 Accommodation: 7 nights in 1 or 2-star hotels, with half board (breakfast and dinner) – except Pamplona and Logroño where we provide B&B only.

Costs per person: From \$1595 (twin share)
Single room supplement: From \$315 (as available)
Solo Traveller supplement: From \$75 per person (as available)



LOGROÑO – BURGOS – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Logroño
 DAY 2 Logroño – Najera, 29km
 DAY 3 Najera – Santo Domingo de la Calzada, 21km
 DAY 4 St Domingo de la Calzada – Belorado, 23km
 DAY 5 Belorado – San Juan de Ortega, 24km
 (Return by taxi to Belorado - included)
 DAY 6 Taxi to San Juan de Ortega (included) then walk San Juan de Ortega – Burgos, 28km
 DAY 7 Trip ends after breakfast.)

Arrival point: Logroño
 Nearest train station: Logroño
 2 transfers ex Belorado included in tour cost.
 Departure point: Burgos
 Difficulty: 4 to 7 hours of flat easy walking each day
 Accommodation: 6 nights in 1 or 2-star hotels, with 3 nights half board (breakfast and dinner), 3 nights B&B only (in Logroño, Santo Domingo, Burgos).

Costs per person: From \$1295 (twin share)
Single room supplement: From \$420 (as available)
Solo Traveller supplement: From \$315 per person (as available)



BURGOS – LEÓN – 8-days / 7-nights (7-days of walking in Spain)

- DAY 1 Arrival at Burgos in time for dinner
- DAY 2 Burgos – Castrojeriz, 39km (optional shuttle)
- DAY 3 Castrojeriz – Frómista, 25km
- DAY 4 Frómista – Carrión de los Condes, 19km
- DAY 5 Carrión – Moratinos, 30km (taxi from Moratinos to Sahagún included)
- DAY 6 Taxi Sahagún to Moratinos included, then walk Moratinos – El Burgo Ranero, 28km
- DAY 7 El Burgo Ranero – Mansillas d/I Mulas, 22km
- DAY 8 Mansillas – León, 19km (walk ends in the afternoon.)

Arrival point: Burgos
 Nearest train station: Burgos
 2 transfers ex Sahagun included in tour cost
 Departure point: León
 Difficulty: 6 to 8 hours of moderate walking each day (except DAY 2 where the 11-hour walk may be shortened with the use of the shuttle bus)
 Accommodation: 6 nights in 1 or 2-star hotels with half board, except B&B only in Burgos. One night is in a room without an ensuite. León accommodation available at extra cost, upgrade to Parador available

Costs per person: From \$1510 (twin share)
Single room supplement: From \$235 (as available)
Solo Traveller supplement: From \$500 per person (as available)

LEÓN – SANTIAGO DE COMPOSTELA – 15-days / 14-nights (13-days of walking in Spain)

- DAY 1 Arrival at León in time for dinner
- DAY 2 León – Hospital de Orbigo, 34km (Optional local bus at extra cost)
- DAY 3 Hospital de Orbigo – Astorga, 14km
- DAY 4 Astorga – Rabanal del Camino, 20km
- DAY 5 Rabanal – Ponferrada, 33km
- DAY 6 Ponferrada – Villafranca del Bierzo, 25km
- DAY 7 Villafranca del Bierzo – O Cebreiro, 30km
- DAY 8 O Cebreiro – Triascastela, 21km.
- DAY 9 Triascatela – Sarria, 21km
- DAY 10 Sarria – Portomarin, 22km
- DAY 11 Portomarin – Palas de Rei, 25km
- DAY 12 Palas de Rei – Arzua, 29km
- DAY 13 Arzua – Lavacolla, 29km
- DAY 14 Lavacolla – Santiago de Compostela 10km
- DAY 15 Trip ends after breakfast

Arrival point: León
 Nearest train station: León
 Departure point: Santiago de Compostela
 Difficulty: 4 to 8 hours of easy to moderate walking daily (there are 3 long days that may be shortened using a shuttle-bus at extra cost - ask for details)
 Accommodation: 14-nights in 1 or 2-star hotels with half board (breakfast and dinner) except in Santiago where we offer B&B only.

Upgrade to the Parador Hotel in Santiago at extra cost – ask for details

Costs per person: From \$2595 (twin share)
Single room supplement: From \$390 (as available)
Solo Traveller supplement: From \$760 per person (as available)

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SARRIA – SANTIAGO DE COMPOSTELA (STANDARD) – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Sarria in time for dinner
DAY 2 Sarria – Portomarin, 22km
DAY 3 Portomarin – Palas de Rei, 25km
DAY 4 Palas de Rei – Arzua, 29km
DAY 5 Arzua – Lavacolla, 29km
DAY 6 Lavacolla – Santiago de Compostela 10km
DAY 7 Trip ends after breakfast

Arrival point: Santiago (airport transfer to Sarria available at extra cost) or utilise local buses.
Nearest train station: Sarria (infrequent trains)
Departure point: Santiago de Compostela
Difficulty: 4 to 8-hours of easy to moderate walking daily (there are 3 long days that may be shortened using a shuttle-bus at extra cost - ask for details)
Accommodation: 6-nights, 1 or 2-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

Costs per person: From **\$1055** (twin share)
Single room supplement: From **\$185** (as available)
Solo Traveller supplement: From **\$275** per person (as available)

To avoid the long 29km section to Arzua, we offer an alternative **'Easier Km'** 8-day version via Melide:

SARRIA – SANTIAGO DE COMPOSTELA (EASIER KM) – 8-days / 7-nights (6-days of walking in Spain)

DAY 1 Arrival at Sarria in time for dinner
DAY 2 Sarria – Portomarin, 22km
DAY 3 Portomarin – Palas de Rei, 25km
DAY 4 Palas de Rei – Melide, 13km
DAY 5 Melide – Arzua, 15km
DAY 6 Arzua – Rua, 19km
DAY 7 Rua – Santiago de Compostela 20km
DAY 8 Trip ends after breakfast

Arrival point: Santiago
Nearest train station: Sarria (infrequent trains)
Departure point: Santiago de Compostela
Difficulty: 4 to 8-hours of easy to moderate walking daily (there are 3 long days that may be shortened using a shuttle-bus at extra cost - ask for details)
Accommodation: 7-nights, 1 or 2-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

Costs per person: From **\$1195** (twin share)
Single room supplement: From **\$230** (as available)
Solo Traveller supplement: From **\$165** per person (as available)

Getting to Sarria: public transport is infrequent, we strongly recommend you make your way to Santiago and take either a local bus to Sarria or book a pre-paid taxi to Sarria (cost is @ €100 per taxi - ask for details).

Upgrade to the Parador Hotel beside the cathedral in in Santiago at extra cost on either tour – ask for a quote.



Contact Outdoor Travel for more itinerary details and reservations:

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