

AUSTRIA – ZILLERTAL ALPS

8-day / 7-night centre-based **GUIDED** walking based at Mayrhofen – a choice of graded walks each day



Our ever-popular resort of Mayrhofen offers superb Alpine walking in the stunning mountains of Austria's Zillertal Alps. One of the joys of the wonderful Zillertal Alps is that there are superb routes for walkers of all abilities – situated at the junction of four valleys the resort offers walks from gentle rambles through meadows to lofty mountain ascents. The surrounding mountains offer picture-postcard scenery with snow-covered peaks, deep blue lakes, glaciers and acres of alpine flowers. Excellent public transport and an extensive network of cable cars and chairlifts enable everyone to enjoy the high mountain scenery.

We stay at the 4-star Hotel Waldheim, an excellent family-run hotel which wins accolades from guests year after year for its friendly and personal service, beautifully maintained guest rooms and wonderful meals.

Our centre-based walking holidays offer a choice of two guided walks each day – usually an easier walk or a more challenging option. There is usually a free day midweek to relax or go sightseeing – perhaps visit the historic city of Innsbruck, take the narrow gauge railway to the Achensee lake, or take a local bus to the Krimml Waterfalls, the highest in Europe at 380 metres.

Cost from: **\$2230** per person (twin share) Single room supplement from \$235

Departs: 8th, 15th, 22nd, 29th June; 6th, 13th, 20th, 27th July; 10, 17th, 24th, 31st August; 7th, 14th, 21st September

Tour includes: 7 nights in comfortable 4-star hotel accommodation with ensuite bathrooms, 7 breakfasts, 7 evening meals, local transport to/from the walks, experienced walks leaders offering a choice of two levels of walking on 5 days.

Not Included: Meals & drinks not mentioned, any personal expenses, transport and/or excursions on your free day. Transfers from Innsbruck airport at set times can be pre-booked at extra cost and we recommend you take these (the journey from Innsbruck airport to Mayrhofen takes about 1 hour). Ask for details & costs.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Hotel Waldheim (4-star) - Year after year Hotel Waldheim has won accolades from our guests for its beautifully maintained accommodation, exceptionally helpful service and wonderful meals. Owners Helga Pfister and her family pride themselves on the quality of their hotel, which is situated in a quiet location, overlooking meadows and a few minutes' walk from the village centre. The hotel has 20 immaculate bedrooms with en-suite bathrooms, equipped with bathrobes and hair dryers. Hotel Waldheim offers free WiFi and has great facilities for walkers, including a boot-drying room and wellness centre with sauna and spa bath.

Footpath and walking information:



Easier Walks: 8 to 13km on good paths through valleys and high meadows. Up to 360m of ascent in a day.



Harder Walks: 10 to 16km with some steeper gradients and rougher terrain to summits and cols. Up to 950m of ascent in a day.

Suggested itinerary:

Day 1: Arrive in time for dinner (ask about transfers from Innsbruck airport at extra cost). Meet your fellow walkers over your evening meal. After dinner your walks leaders will brief you on the week ahead.

Day 2: Take a cable car onto the Penken plateau then walk through high meadows carpeted with flowers offering magnificent views over the valley and across the surrounding mountains.

Day 3: Explore the picturesque village of Brandberg, then ascend to a mountain hut with superb views.

Day 4: Travel to the head of the Tux Valley to explore high ridges and remote Alpine valleys. With luck we will spot marmots and edelweiss.

Day 5: Free day, no walks are planned. You may like to visit Innsbruck, to take the narrow-gauge railway to Achensee Lake or hire a mountain bike to explore the local trails. Or just spend a quiet day relaxing at the hotel.

Day 6: A circuit walk taking in the dramatic Finkenberg Gorge and a lovely path through forest.

Day 7: Journey to the Schlegeis Dam, where the reservoir is surrounded by dramatic glaciers and snow-capped peaks. From here we may ascend to a historic mountain hut, traverse a high ridge and zigzag back to the lake, or follow the lakeside path, descend below the dam to the valley floor and walk a quiet path along the river.

Day 8: Tour ends after breakfast. Ask about transfer to Innsbruck airport at extra cost.

The itinerary is subject to change. The final selection of walks will be made by your walking leaders. Some walks may not be available early or late season due to snow conditions or closure of cable cars.

Looking for something more challenging in the Austrian Alps?

On selected weeks at Mayrhofen we offer **High Routes**, which are challenging walks using cable cars and rough steep paths that may be exposed or have fixed ropes to tackle some of the best summits including Torhelm, Raskogel, Hoher Riffler, the towering Ahorn Spitz or other 3000m peaks. These **High Route** trips require a high level of stamina & fitness: walks of 13 to 21km with up to 1380m of ascent – ask for details:

Contact Outdoor Travel for more details and reservations:

- Call: Toll free 1800 331 582 or (03) 5755 1743, or Fax (03) 5750 1020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations