

OUTDOOR TRAVEL



THE ACTIVE HOLIDAY COMPANY

# EUROPEAN WALKING HOLIDAYS

2018

## SPAIN: ALPUJARRAS – MOORISH HILLS & SIERRA NEVADA

7-day / 6-night **SELF-GUIDED** inn-to-inn walk in southern Spain via Granada

**VALUE TOUR**



In southern Spain, on the south-western slopes of the Sierra Nevada Mountains, the area known as “las Alpujarras” is a wild and enchanting destination for a walking holiday. The region reflects its Moorish origins, recalling times when groups of “moros” inhabited these hills resisting attacks by Christians. They lived here in Al-Busherat, the grasslands, right up to the 17<sup>th</sup> Century and with this fascinating historical context, the Alpujarras’ high elevation makes for an ideal alpine walking and cultural experience. In the Mediterranean climate olive orchards, orange and lemon groves, almond trees, figs and grapes thrive. Walks are rewarded with dramatic views of the typical whitewashed villages and terraced fields with irrigation channels from the Moorish era.

### Trip Highlights

- Wonderful, high elevation walks through open mountainous terrain, with beautiful sweeping views
- Charming Moorish villages with white-washed houses clinging to the mountainside along steep, narrow lanes
- Diverse Mediterranean vegetation and the snowy peaks of Sierra Nevada as a backdrop
- Fascinating remains of times gone by: ancient *acequias*, or irrigation channels, and Moorish threshing circles

**Departs:** Daily on demand from February to late June and August to December

**Cost from:** \$725 per person twin share. Single room supplement from \$395

**Includes:** 6 nights’ comfortable hotel accommodation (usually in simple, comfortable family-run hotels, some with swimming pools) in rooms with en-suite bathrooms, 6 breakfasts, 6 dinners, luggage transport on days 3, 4 and 6, detailed route descriptions and maps, 24-hour telephone assistance.

**Not included:** Transport to first and from last accommodation, lunches, snacks, drinks, optional transfers and local transport, personal expenses, gratuities. Any arrival / departure transfers (from Granada) are at extra cost.

**Difficulty:** Easy to moderate walks of 3 to 8 hrs. Walking routes are from 9km to 16km, with daily ascent / descent from 170m to 750m (except on Day 5 when one choice of route has a total ascent/descent of 1400m). Although some ascents are several kilometres long, they are gradual and technically easy. In summer, warm temperatures can make the routes seem more difficult.



**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**

## Suggested itinerary:

### Day 1 Arrival in Capileira

Arrive in Capileira, situated at an elevation of 1436 metres. From Granada there are three daily coach services to Capileira, taking 2½ hours, or ask about private transfer at extra cost. This, the main village of the Alpujarras, still displays its charming history as a former Moorish settlement: white-washed houses clinging to the hillside, tiny squares with fountains, and a network of steep, narrow laneways.

### Day 2 Through Río Poqueira Valley

**Walking @ 10km, ascent 560m, 5½ hours**

A circular walk through the Río Poqueira Valley from Capileira via the sleepy village of Bubion to white-washed Pampaneira, passing ancient threshing circles as you walk among fields. Some steep ascents and descents.

### Day 3 Capileira to Pórtugos

**Walking @ 12km, ascent 385m, descent 520m, 5 hours**

Walk from Capileira through tiny picturesque villages and varied landscapes to Pórtugos. Much of the route is through woodlands of ancient Mediterranean Holm Oak and pine plantations. Passing irrigated fields, you reach Taha de Pitres, a group of seven tiny villages dating back to Moorish times.

### Day 4 Trevélez River Valley

**Walking @ 15km, ascent 730m, descent 530m, 6 hours**

Walk through the Trevélez river valley with fantastic vista points. A long but not too difficult and quite entertaining walk along a long-distance path to the highest village in the Alpujarras, claimed to be the highest in Spain.

### Day 5 Choice of walks from Trevélez

**Walking @ 12 to 18km, ascent/descent 285-1400m, 3 to 8 hours**

There are three walks to choose from, including a spectacular longer walk high into the Sierra Nevada, a circular route in the beautiful area around Trevélez and a shorter walk along the Camino de Granada.

### Day 6 Ascent to El Portichuelo

**Walking @ 16km, ascent 620m, descent 880m, 5½ hours**

A pleasant walking route today through a shady wood along narrow footpaths; the last section offers sweeping views. In clear weather, you can see northern Africa from the highest point, El Portichuelo.

### Day 7 Acequia walk in Río Grande Valley

**Walking @ 10km, ascent/descent 170m, 3 hours**

Through the Río Grande valley north of Bérchules following an *acequia* or irrigation channel, past the ruins of a 13<sup>th</sup> Century Moorish silk-washing house. Your tour arrangements end after breakfast but we highly recommend this walk and you can catch an afternoon bus to Granada OR stay another extra night in the hotel in Bérchules (at extra cost).

**Extra Nights & Alhambra Palace:** We strongly recommend extra nights at the end of your walk, at the hotel in Bérchules, with its swimming pool, and also in Granada (at extra cost), to visit the Alhambra Palace. Please ask about cost and availability when making your booking.



Other walking holidays available from **Outdoor Travel** – guided in small groups or self-guided with inn-to-inn luggage transfers and meals – are available in many parts of Europe including Northern Spain, **Catalonia**, or along the **Pyrenees** between France and Spain. In France choose **Provence**, **Burgundy** or the **Dordogne**, the **Vermillion Coast**, **Corsica**, **Burgundy**, the **Loire Valley**, or the **Cevennes**. For long distance walks the **Way of St James** or **Camino de Santiago** from Le Puy in France to Santiago de Compostela in Spain, or in Italy the **Via Francigena**, the pilgrims' road to Rome, or Wainwright's challenging **Coast to Coast** walk in England.

## Contact Outdoor Travel for more details and reservations

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