

SPAIN - CATALONIA

8-day / 7-night centre-based group guided walking tour in the Northeast corner of Spain



- Savour the wild beauty of the Catalonian foothills, a land of remote valleys and medieval villages
- 3-Star hotel in a charming location in the traditional village of Setcases
- Enjoy hearty traditional Catalonian cuisine
- Free day visit to the fascinating medieval city of Girona
- Walk amidst the unique landscape of the Garroxta volcanoes

This guided walking holiday explores the green foothills of the Spanish Pyrenees, a land rich with Catalonian heritage and traditions. The small village of Setcases is situated at the head of the Ter Valley at an altitude of 1,279 metres, close to the border between Spain and France. All around are the superb hills and mountains of the Pyrenees which we explore on our walks.

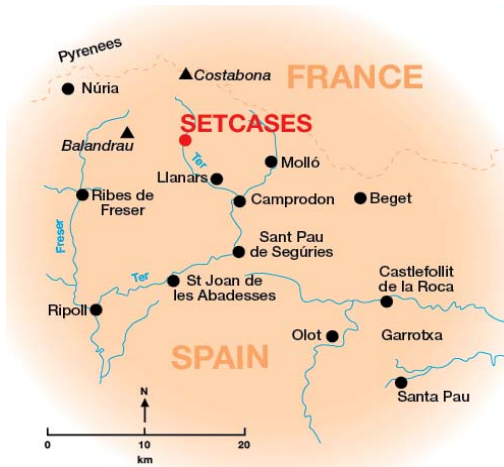
Our centre-based or one-hotel walking holidays offer a choice of two guided walks each day – usually an easier walk or a more challenging option. There is also a free-day midweek for you to relax.

Cost: AU\$1220 per person (twin share) Single room supplement AU\$100

Departures: 9th, 16th, 23rd, 30th June, 1st, 8th, 15th, 22nd September, 2012

Tour includes: 7-nights in comfortable hotel room with ensuite bathrooms where available, 7-breakfasts, 7-evening meals, experienced walks leader, 5-guided walks and a free-day midweek.

Not Included: Airport transfers from Barcelona (these can be pre-booked at extra cost – we recommend you take these - please ask for details when booking), meals & drinks not mentioned & personal expenses.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary:

Please note that the itinerary outlined below is provisional and could be subject to change.

Day 1: Arrival day

Arrival at the hotel in Setcases. On the first evening (or next morning if you arrive late) your leaders will explain more about the walks and there will be plenty of time to meet with your fellow guests.

Day 2: The Ter Valley

We begin the week by exploring the hillside and the Ter River Valley below our hotel. Our walks take us through pastures and woodland, across open meadows and along river valleys on some well defined paths and some which are less well maintained.

Day 3: Panoramic views above Camprodon

Start with a coach trip to Camprodon. The easier walk explores the town before walking a similar route to the harder walk up to a spectacular viewpoint. Both groups finish walking at the 12th Century bridge in Camprodon.

Day 4: Above Molló

Back down to Camprodon before we head north to the border town of Molló. There will be time to explore before the Harder Walk sets off along the GR11 back to Setcases. The Easier group will have time to saunter in the meadows seeking out fungi and the flora before returning to the village and the bus journey back.

Day 5: Free Day

Today no walks are organised, allowing you to explore the local area or just relax in the hotel.

Day 6: The High Catalan Pyrenees

Today we travel to the ski centre, Vallter 2000 and both walks take us up onto the plateau offering fine views over the French Pyrenees and down the Ter Valley to Setcases. The easier walk returns to the ski station, whilst the harder walk continues along the ridge descending into Setcases.

Day 7: Villalonga to Llanars

Today we travel to the village of Villalonga where our walks start. Both the easier and harder walkers will have the opportunity to visit the astonishing village of La Roca which seems to cling to the cliff face on which it is built, before finishing off in the village of Llanars.

Day 8: Departure Day

Please Note: The above program should give you a good feel for the walks on this tour, but is subject to change. Each year we listen carefully to the views of our guests and make improvements to our walking programmes. Further information will be sent to you prior to your holiday; however, the final selection of walks during each week will be made by your walking leaders.

Local transport to and from walks: Local transport is not included in the cost of your holiday. Please allow Euro 95 (approx \$150) per week for transport during the week, excluding your free day (payable locally).

Footpath information



Easier Walks: 8 to 12km on good paths, which can be rough & stony. Up to 1,600ft of ascent in a day.



Harder Walks: 10 to 16km with some steeper and rougher routes. Up to 2,750ft of ascent in a day.

Similar centre-based walking holidays are available in France or Italy including the Dordogne, Provence, Cinque Terre, Umbria, the Dolomites, the Amalfi Coast or Sicily and in the popular areas of England and Scotland.

Contact **Outdoor Travel** or your travel agent for more details, travel brochures and reservations:

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