



# WALKING HOLIDAYS IN EUROPE

2012

## FRANCE &/OR SPAIN - GUIDED WALKS FOR THE DISCERNING

8-day / 7-night small group guided walks with regular departures from April to October (see page 11)

Over several years we have developed a wonderful selection of small group fully guided tours, mostly walking tours, in the Lot or Dordogne Valleys of southwest France, the Pyrenees region of France bordering north east Spain and Catalonia in northwest Spain. Food and wine play an important role in each itinerary, as do the seasons and seasonal foods and flowers especially in spring or autumn.



### Our Small Group Guided Walking Holidays include:

- Twin share in comfortable, quality hotels, inns and private homes - single rooms are on request.
- All meals and wine (and pre meal evening drinks)
- Fully guided walking (with mule/donkey support in France), support staff and vehicle, luggage transfers
- All local transport for the walks & knowledgeable guides.
- Maximum group size of 15.

**Departures from:** 14<sup>th</sup> April to 20<sup>th</sup> October 2012 (see page 11 for full details)

**Costs from:** AU\$2665 per person twin share (single room supplement from \$440 per person)

Our English-speaking hosts and guides have lived in the southwest of France for over 16-years, enthused by the romance and beauty of the area. Their love of the flora and fauna, their combined fascination for food, wine and local traditions and their personal contacts make these very special holiday experiences offering considerably more than you could find as an individual traveller. Please note that the itinerary may change if circumstances on the ground determine it at the discretion of the guide.

These bespoke walking parties take place in ideal settings where you stay in the most charming small quality auberges. Beds and bathrooms are usually spacious and extremely comfortable with lovely views over the surrounding countryside. The hospitality of all our accommodation providers is always a highlight, at the **Manor House at Le Vert** for example it could not be better but what guests love is that the host, Bernard is one of the great cooks of the region. He specialises in the **Nouvelle Cuisine**, delightful cooking of sophistication and contrasts of delicate flavours.

A highlight of the Dordogne Quercy week is the pretty **Manoir d'Hautegente**. This is a fabulous 4-star hotel situated in the heart of the Dordogne beneath lofty trees on a serpentine bend of the small, gentle river Coly. It was destroyed by the Germans in the war for harbouring resistance fighters and has been lovingly restored by the same family. The chef is excellent and the wine-list a perfect accompaniment. Drinks on the grass banks of the river with the superbly cooked *mise en bouches* goes back to the days of quintessential France. This means we spend more time in the Dordogne area, which works as a wonderful contrast to the beauty of the Quercy region.

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**



## FRANCE - THE DORDOGNE QUERCY

8-days / 7-nights easy walking through history and landscape

### Suggested itinerary

**Day** After meeting up with James and the rest of the group at Toulouse airport you will be driven up to the Dordogne stopping for lunch next to the beautiful abbey of Moissac. Sir Kenneth Clark was here for his ground breaking television series *Civilisation* and he eulogised the doorway that we will look at after lunch. It is a stone masterpiece of asymmetry and beauty. We will then continue for tea at the remarkable bastide of Villereal. From here we continue to our hotel in the heart of the Dordogne region. All bedrooms are with en suite bathrooms, and very comfortable. Your first three nights are spent here. There is a swimming pool.

**Day 2** After a classic French breakfast we depart for the great cave of Lascaux II. This is probably the most important pre-historic cave and referred to as the Sistine Chapel of Stone Age man. After a guided tour we then set off on foot for the beautiful village of St Armand de Coly through the wooded Dordognais landscape before having lunch in a restaurant favoured for its local cuisine.

After a good healthy lunch, an example of what French provincial cooking is all about, you will visit the church and then either continue by foot to the Manoir at Coly or be driven the last four kilometres to relax for rest in the afternoon in four star comfort. *Walk: 11km*

**Day 3** We set off after breakfast by car to get to the beautiful gardens of Eyrignac. Here the gardens are very much fashioned in classical symmetry in the continental style. We will walk the gardens before continuing to Sarlat for the world famous gastronomic market and lunch. This is probably the most beautiful town of the Dordogne and on the list to be nominated as a World Heritage site. Its deep yellow stone and *lauzes* roofed Renaissance merchant's houses, rich with mullion windows, dominate the cobbled streets. It is also famed for its gastronomy and the market teems with duck produce and meats and vegetables in such a great setting.

In the afternoon we will drive to the Chateau of Castelnaud. After visiting this castle we will walk across the valley surrounded by towering chateaux to the stunning gardens of Marqueyssac. These gardens rest along a ridge dominating the river Dordogne and date back to the seventeenth century. As well as its outstanding position, it contains some of the most extraordinary asymmetrical topiary. From here you see the most fabulous Dordognais scenery of towering castles and small river ports. After your walk around the gardens we return by car to the Manoir d'Hautegente for our last night in the Dordogne. *Walk: 5km*

**Day 4** We leave by car for a walk through the chestnut woods and pastures to the twelfth century bastide of Monpazier founded by our Edward 1<sup>st</sup> in 1284. This is probably the most beautiful of all bastides and we will lunch beneath the perfectly proportioned arcades of the Place des Cornières. The bastides were built in the twelfth century and were a formidable piece of town planning, which allowed the individual his rights in such dark times and was the very start of the rise of the merchant class. In the afternoon we will continue by foot through the oak woods towards another historical masterpiece - Chateau Biron, an extraordinary mass of architecture through the ages.

Time for a cold beer or a cup of tea before driving to our accommodation at Le Vert near Mauroux, a restored 16<sup>th</sup> Century manor house where all bedrooms have en-suite bathrooms and there is a swimming pool. We will spend your next four nights here in the company of the excellent chef, Bernard Philippe. Here we will taste French cuisine refined and beautifully presented. There is a very good wine list of vintages from across the South West of France. *Walk: 11km*



**Day 5** A drive in the morning to Château Chambert. We set off by foot, with the donkeys and full kit and Daniel, for stunning views over the valleys of Jurassic limestone. We will pass through vineyards and tiny villages before arriving for a leisurely picnic with Diana beneath the shade of the orchard trees of Mademoiselle Goul.

After lunch and the necessary siesta, we will drive to visit the beautiful honey coloured castle of Bonaguil much of which was built in the 16<sup>th</sup> Century by Baron Berenger de Roquefeuil. This was a castle much admired by T. E. Lawrence. We rejoin the vehicles to return to Le Vert for afternoon tea and dinner. *Walk: 10km*

**Day 6** After breakfast at Le Vert we will drive back to St Matré and start our walk towards Chateau Figeac, a privately owned chateau where we will have a picnic again with Diana. We will walk through pastures littered with stands of orchids and wild flowers before visiting a local Lavender Distillery. Lavender Distilleries are a dying breed here in the Quercy and Maryse Theyvenet will explain to us how they obtain their oil.

We will then carry on to Chateau Figeac for lunch. This is a charming small private chateau owned by one of the oldest families of the Quercy. After lunch we drive back to Le Vert. Dinner Le Vert. *Walk: 11km*

**Day 7** A drive to the village of St Vincent Rives d'Olt on the banks of the river Lot. We set off along the river with the donkeys again for the first part of the morning catching glimpses of loping herons and other river bird life before we move on up through the woods where wild boar roam in plenty.

We arrive at the little port of Albas to be driven to the village of Grezels and lunch at La Terrace where Monsieur Pignières insists that wine is much better for you than water. A short drive to visit one of the best Cahors vineyards: Clos Triguedina. This is a serious affair and the owner, Jean-Luc Baldès will give us a tour and tasting of his excellent and incredible selection of wines. Return to Le Vert by car to relax. *Walk: 8km*

**Day 8** We leave in the morning after breakfast for Toulouse Airport.



**Contact OUTDOOR TRAVEL for more itinerary details and reservations**

# FRANCE - WALKING IN THE HAUT QUERCY, THE LOT VALLEY

8-days / 7-nights – one of our most popular guided culinary walks

This area of southwest France, known as the 'Quercy' and bordering the Dordogne, was given by Eleanor of Aquitaine to Henri d'Anjou in 1152, two years before he became Henry II of England, and its beauty and timelessness has changed little since. Not only that but it is still known today as being the gastronomic heart of France. The Lot River has been described as one of the three rivers of France (along with the Dordogne and the Tarn). This week will show you why!

This small group guided walking holiday - with pack animals – is accompanied by two walk leaders, which means most hills can be avoided if needs be. One group take the high road the other take the low road and we meet up half an hour later.

## Suggested itinerary:

**Day 1** Meeting with the rest of the group at midday at Toulouse airport and you will be driven to the magnificent cathedral at Albi. This has one of the most beautiful and important cathedrals in France, a papal statement of the 13<sup>th</sup> Century. We will visit the cathedral after lunch before driving on to Château Couanac owned now by the Count and Countess d'Armagnac de Castenet and once owned by the Prince Bishops of Cahors. It is a splendidly majestic chateau that greets you after a short drive through the large oaks of the estate. There is time to wind down before dinner with tea and a wander at leisure through the grounds with the grazing sheep.

We will spend two nights in their simply and beautifully restored gites (shared facilities for two bedrooms) and eat traditional French gastronomy cooked by the Countess herself.



**Day 2** The first days walk will be a good stretch through the surrounding causes seeped in ancient history. We will meander between dry stone walls seeing the interesting gariottes, dolmens and wells which are landmarks of this well grazed cause, before returning to Château Couanac for the first of Diana's picnics beneath the massive oaks and maples. After lunch, a stroll around the grounds for those keen on walking otherwise you can take it easy, read, paint, swim and just enjoy your surroundings at leisure. Dinner is at Couanac. *Walk: 11km*

**Day 3** The first day with Daniel and his donkeys. We leave the majesty of Couanac for a walk through the cause with its typical stone walled paths before we arrive in the middle of nowhere for a lovely al fresco picnic with Diana in a pasture surrounded by Lombardy poplars and cliffs. A big hill in the afternoon and soon you find yourselves in the medieval cliff hanging village of St Cirq Lapopie. This has an outstanding position over the river Lot and is surrounded by iron red and manganese blue cliffs. It is cited as being one of the most beautiful villages in France and as we are their off-season it is a truly magical experience, especially at night: beautifully floodlit and quiet.

We stay at the Auberge Sombrial where you will spend the next three nights in easy comfort and with wonderful views. Dinner is at L'Oustal in St Cirq Lapopie. *Walk: 16km*

**Day 4** We cross the River Lot and walk up to get outstanding views of the river valley. Donkeys will be in tow with all the kit and masses of drink. We walk to the sixteenth century Chateau of Cénévières where we will picnic on the terrace perched above the river overlooking the Lot Valley and across to the hilltop village of Calvagnac. This beautiful chateau is steeped in history. First built by the famous Gordon family of Scotland, it has been in the hands of the de Braquilanges family since they bought it from the Comte de La Tour du Pin in 1793 shortly before he lost his head at the guillotine as he was Minister for War to Louis XVI. We have a privileged visit with the owner, Monsieur de Braquilanges who is now the proud grand father of twenty-four grand children! In the afternoon we wander back along the river valley, keeping an eye out for kingfishers, to return to St Cirq. Dinner is at L'Atelier, St Cirq. *Walk: 19km with vehicle support option*

**Day 5** We drive to St Sulpice from where we walk with donkeys and kit for the 'Four Bridges' walk along the cliffs and down the Célé valley littered with lofty poplars and chequered with fields where corn can be seen stacked in stooks. Lunch 'Chez Pierrette', in the historic village of Marcilhac, for a delicious local feast on her terrace beneath the cliffs. This is where Pompidou regularly ate when on holiday. Its beautiful Romanesque abbey overlooks the river. There is a chance to relax in the afternoon at St Cirq to explore, read, swim etc.

Otherwise we set off in the afternoon towards Sauliac where the last of the stone bridges spans the babbling brook. Drive to St Cirq and dinner at the Auberge Sombrol. *Walk: 8km + optional extra 7.5km*

**Day 6** We walk to Bouziès along the towpath, carved into the cliffs alongside the Lot, where slid the heavy barges trailed by slow horses and which is a famous part of the equally famous Chemin de St Jacques. We then meet up with our vehicles and drive along roads chiselled through the cliffs before reaching the ancient city of Cahors. We can enjoy the excellent haute cuisine at the Vieux Cahors restaurant before a drive through the Quercy Blanc landscape. We shall visit the famous medieval masterpiece of the Pont Valentré and pass through the tiny bastide of Castelfranc before arriving at Le Vert, Mauroux where you will stay for your last two nights. *Walk: 5km*

**Day 7** A drive in the morning to be dropped off for a long walk through the gentleness of the Quercy Blanc. We will pass through pastures and rolling meadows with distant views of windmills and occasionally even the Pyrenees. We visit a local lavender distillery before arriving at Château Figeac to be welcomed by Diana before a table laden with local produce. We eat and drink here in plenty. Chateau Figeac is the home of the de Roaldès family, one of the oldest and most respected families of the Quercy who have been here since the sixteenth century. A drive then to a charming fourteenth century frescoed church before returning to Le Vert for tea and the pleasure of Bernard Philippe's cuisine for our last farewell dinner. *Walk: 12km*

**Day 8** After breakfast we head for Toulouse.



*"In May this countryside is full of earthly delights of new-mown scents and nightingale valleys, filled with the purring of turtledoves and fields so full of wild orchids that you can hardly walk without treading on them."*  
**Brian Jackman (UK) Daily Telegraph**

# SPAIN & FRANCE - A TASTE OF CATALUNYA

8-days / 7-night Walking the coastal regions of Barcelona, Costa Brava, eastern Pyrenees & Collioure



Over several years we have developed a wonderful selection of small group fully guided tours, mostly walking tours in southern France and Spain. Food and wine play an important role in each itinerary, as do the seasons and seasonal foods and flowers especially in spring or autumn.

These bespoke parties take place in ideal settings where you stay in charming quality accommodation. Beds and bathrooms are usually spacious and extremely comfortable with lovely views over the surrounding countryside. The hospitality of all our accommodation providers is always a highlight.

This is our new itinerary set up to counter balance our week in the Basque country. We will hope to see the Casteller human towers during the gastronomic festival of *calçots*. The weekend ends in Barcelona one of the great cities of Europe and a constant source of inspirational ideas. You will visit two of the Catalan architect, Anton Gaudi's master works, the first ecclesiastical, the other residential, both outstanding. This is a beautiful part of the world seemingly in eternal sunshine with wonderful food and wine and Sitges, one of the prettiest ports, the Porto San Stefano of Catalunya!

There are also three nights at the famous port of Cadaques nestled in the Costa Brava with Dali's house in the nearby village. This evening a boat trip round the cape to a four-star hotel overlooking the beauty of Collioure and a Michelin star dinner ends the day.

## Suggested itinerary:

**Day 1** Arrive at Barcelona airport in the afternoon and we drive to a charming hotel on the front of the pretty port of Sitges. This is an old style 3-star hotel in a wonderful position and you will stay for three nights. Bedrooms are simple, clean and with a balcony overlooking the Mediterranean. We will wander into the old town in the evening and have a tapas dinner in the old port amidst the usual Spanish hustle and bustle.

**Day 2** We drive to a small village to start our walk in the Garraf Park behind Sitges. This is a lovely hilly park full of wild fennel, rosemary and thyme and almond blossom with lovely views over the Mediterranean. We walk through the park to have a picnic laden with fresh Spanish produce before continuing towards Sitges. In the late afternoon we visit a local vineyard and learn about making the celebrated Catalan methode champagnoise 'Cava'. Dinner is in Sitges this time at a celebrated local restaurant in the old port. *Walk: 11km*

**Day 3** After a lovely breakfast on the front we walk in to the town to experience the crazy atmosphere of the castellers. These are the human tower-building 'contradas' who vie to create the most artistic towers. After tower building we drive to our walk up hill with beautiful views to the Convent of Santa Maria where we can enjoy a delicious barbecue of *calçots* and Catalan specialities (the food markets here challenge Italy in their diversity and colour). These *calçots* are young leeks and are the celebration of February/March cooked in the embers of the fire and it is a wonderful Catalan gastronomic moment. Return to Sitges by car. Dinner is across the bay overlooking the sea for the final night in Sitges. *Walk: 14.5km*

**Day 4** After breakfast we drive to the great Catalan city of Barcelona. We will visit the fabulous Sagrada Familia cathedral designed by the celebrated Catalan architect Gaudi, an astoundingly beautiful masterpiece mass of art nouveau and fantastic animal forms. Lunch in the centre of the city before visiting the wonderful

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Casa Batllo again designed by Gaudi. We drive then to the famous small port village of Cadaques. Here you stay at the Playa Sol hotel with lovely views out over the bay. Dinner is in Cadaques.

**Day 5** After breakfast we visit the house of Salvador Dali. It's a complex of fishermen's cottages that Dali accumulated over time. Surprisingly prettily decorated and not nearly as surreally bizarre as you would expect it might be! We then continue by foot through the park with sea views to the next-door port for lunch. There is time for an extra walk along the coast after lunch before returning to Cadaques by car. Dinner Cadaques.  
*Walk: 11km*

**Day 6** There is an optional drive this morning, to the Aiguemoll Reserve for an early morning bird watch. This is one of the great spots for the March migrating birds such as flamingos, glossy ibises, spoonbills and even a possible rare spotting of a black stork. Return to Cadaques for a boat ride along the Costa Brava. Here we cruise in and out through the inlets and outlets before returning to Cadaques for a light lunch and an afternoon free to relax, go shopping or to explore the sea, the beauty of the port or the hotel pool. Dinner is in Cadaques.

**Day 7** After breakfast we drive to French Catalunya. We will arrive at the famous and most beautiful ancient port of Collioure for lunch. This is an exceptional place and we reflect this by staying in the lovely four star hotel Le Relais des Trois Mas that has wonderful views over Collioure Bay. Collioure is absolutely enchanting and centred around a fortified castle that stretches into the bay. This was a centre for the Fauve painters in the early twentieth century like Henri Matisse and André Derain who loved Collioure for its special light and fluttering fishing boats. *Walk: 11km*

We will sample some of the great wines coming from this area the Collioure reds and the Banyuls fortified wines. Dinner will be at the Michelin starred restaurant La Balette, which is part of the hotel.

**Day 8** After breakfast we leave Collioure for Barcelona where the tour ends. If you would like to stay on a couple of days in this great city we would of course be delighted to arrange this for you.

\* For those interested in birdlife we would be delighted to start this week a day early and go from Sitges to the world famous wetlands of the Ebro Delta. Here we would do an evening and a morning's bird watching before going to Sitges to collect the rest of the group. There is a supplement for this – ask for details.

## FRANCE & SPAIN – WALKING IN THE BASQUE PYRENEES

**8-days / 7-nights with an option to extend to visit the Guggenheim in Bilbao**

Over several years we have developed a wonderful selection of small group fully guided tours, mostly walking tours, in the valleys and mountains of southwest France. Food and wine play an important role in each itinerary, as do the seasons and seasonal foods and the flowers and wildlife, especially in spring or autumn. These bespoke walking parties are well researched and in ideal settings where you stay in the most charming small quality auberges. Beds and bathrooms are usually spacious and extremely comfortable often with lovely views over the surrounding countryside. The hospitality of all our accommodation providers is a highlight

For this special itinerary where wine and good food compliment very beautiful walking, we have invited Minette Constant MW, a British Master of Wine who lives with her family in the Béarn, overlooking the Pyrenees, to help with our interpretation of the splendid wines along the route. Minette will be delighted to introduce you to the wonderful varietals from this corner of France as well as tasting some vintage and non vintage champagne and enjoying more general wine conversation, naturally with the help of a good bottle or two!



## Suggested itinerary:

**Day 1** After meeting James and Diana and the rest of the group at Biarritz airport you will be driven to the beautiful manor house standing in undulating countryside overlooking the Pyrenees. This is a very pretty eighteenth century property with a swimming pool and with six spacious bedrooms all with bathrooms en suite. Dinner is at the Auberge in Laas.

**Day 2** We set off in the vehicles for a fifteen-minute drive to a beautiful walk back to Betouzet with a picnic lunch at the chateau. There are lovely views of the Pyrenees as we wander along the lanes. After lunch at Betouzet there is an optional afternoon walk to the medieval village of Sauveterre to see the old witches bridge. Return to the house by car for a wine tasting with Minette Constant showing the first of a diversity of wines from South-west France. Dinner is in the village of Audaux with James, Diana and Minette. *Walk: 11km*

**Day 3** We drive for a walk to take us from the Béarn into the Soule country. This is a small region half way between the Bearn and the Basque, which claims to be part of neither! We will enjoy a traditional lunch in a Soule village followed by some brisk walking across undulating countryside to the village of Ainharp. Return by car for a champagne tasting with Minette. And for dinner, having focused on the excellent regional wines on the first two nights, we will now splash out on the grander *appellations*. We will enjoy both red and white Bordeaux wines, which Minette has chosen from her cellar, before finishing with some delicious sweet wine. *Walk: 15km*

**Day 4** We leave the manor house and drive to the beautiful St Etienne de Baigorry. Here we will visit an Irouleguy vineyard. This was wine first made by monks for the pilgrims on their way to Saint Jacques de la Compostelle. Now a great wine, one of the classic reds of the southwest, made with the tannat grape grown on red sandstone terraces. We will eat trout at the riverside village of Banca (some of the best-smoked trout in the world comes from this village) before a walk to the car and uphill drive for a beautiful walk by foot downhill to see the Basque pig farms in the Aldude valley.



In the evening we arrive at Sare for our next three nights in the lovely Hotel Arraya situated to the side of the central square of this pretty Basque village. *Walk: 10km*

**Day 5** We leave the Arraya and the central square of Sare to walk towards the village of Ainhoa. A little up and down in the small hills between the two villages in this almost crater like bowl before arriving in the classic Basque village dotted with red and white painted houses and with wonderful charm. Lunch in Ainhoa before a voluntary walk up hill to the tiny chapel for outstanding views over to the Atlantic and the foothills as a whole, known locally as the Pyrenankles. Dinner is at the Hotel Arraya outside in the square. *Walk: 19km*

**Day 6** Again up in the morning for another lovely French breakfast of dark black coffee and freshly baked croissants before we set off into the mountains for Spain! This is not too difficult a walk as there is a lovely way through the mountains towards Bera. We will picnic on the way with some delicious Spanish wines and fantastic Basque ham (this is the ham that comes from the free roaming pigs that feed on chestnuts which lends it the delicious characteristic sweet flavour). You then return to Sare by car for a fabulous Basque dinner! *Walk: 21km*

**Day 7** The last full day for those who do not want to visit the Guggenheim museum in Bilbao. We drive to Hendaye and catch the pedestrian ferry across the bay to Hondarribia (Fuenterrabia). This is a very beautiful port of almost Moresque beauty with balconies and brightly coloured facades and extraordinary boxed

windows three storeys high. We will lunch here and enjoy wandering around the old port before continuing for our last night in San Sebastian.

This is a very special city, a sort of nineteenth century Brighton with a perfect bay and a small island in the middle of the bay's pincer edges. It is known as the gastronomic city of Europe having more starred Michelin restaurants per square metre of city than any other!

We finish the day with a fabulous fish dinner on the bay. Last night is at the beautifully positioned Hotel Niza overlooking the bay.

**Day 8** The tour ends after a Spanish breakfast for those leaving San Sebastian today. If there are enough clients departing, we will drive you to St Jean de Luz for lunch. Otherwise, you will need to take a taxi (cost of 90 Euros) for the trip back to Biarritz.

Those continuing on to the Guggenheim Museum are driven to Bilbao. The Guggenheim Museum was designed by Frank Gehry was specifically built to house exhibitions of monumental works and is I think one of the most beautiful buildings in Europe. Frank Gehry designed it around the idea of boat lines and fish and it has a wonderfully curvilinear and scaly quality to it with a tremendous sense of light.



The fact that Jeff Koons' 15m puppy guards the museum like Cerberus is an added bonus of floral contrasting with the space-age metallic. Well worth the detour!!

We leave after a relaxed breakfast for Bilbao and visit the Museum in the morning. We will have lunch at the famous Café Iruna in Bilbao before driving back to San Sebastian for the most delicious tapas, eating fabulously well but in limitation and drinking *zooritos* and *txacoli* (small Spanish beers or chilled Basque white wine). The dinner on our last night together is overlooking the bay.

**Day 9** We leave in the morning by car to return to France for lunch on the main square of Saint Jean de Luz. This is another beautiful French port of historic interest as it was the port where Louis XIV chose to marry Marie-Therese. Much of the old port retains its late seventeenth century beauty having been rebuilt at this time following the disastrous fire set by the Spanish in 1558.

We have a small light lunch before continuing for Biarritz airport.

**Please note:** these itineraries are subject to change according to weather and local conditions – distances shown are approximate.

Mules / donkeys with an experienced muleteer are used for support in France only - pack animals relieve the stress of carrying bags and help maintain a certain lightness whilst walking. They also carry chilled water, homemade biscuits and chilled Pineau to help wash it all down.

**Contact OUTDOOR TRAVEL for details and reservations on 1800 331 582**



**Other walking holidays** – guided in small groups or self-guided with inn-to-inn luggage transfers & meals – are available in many parts of Europe through **Outdoor Travel**. In the same style as these holidays in France and Spain we offer small group guided walking holidays in Umbria in Italy with mules. There are also wonderful gastronomic walking adventures in Suffolk in rural England in summer (July).

**Outdoor Travel** offer pilgrimage routes in France & Spain including the **Camino de Santiago** or **Way of St James** from Le Puy through rural France and across the Pyrenees to Santiago in northwest Spain, we offer the walking used by pilgrims along the River Yonne to Vezeley in the wine growing region of Burgundy in France, the **Camino Portuguese** from Porto to Santiago, **St Cuthbert's Way** from Scotland into England and in Italy the **Via Francigena** – the Pilgrim's Road to Rome.

We also offer classic walks such as the Coast to Coast walk or South Down's Way or themed literary routes such as **Wainwrights Way** in England, 'far from the maddening crowd' on the Dorset – Wessex Trail or **Stevenson's Trail** '*Travels with a donkey*' in the wild Auvergne in central France.

**Contact OUTDOOR TRAVEL for more details, brochures and reservations**

- Call Toll free on 1800 331 582 or (03) 57551743 or
- Fax (03) 57501020
- Email [info@outdoortravel.com.au](mailto:info@outdoortravel.com.au)
- Web: <http://www.outdoortravel.com.au>
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# QUALITY GUIDED WALKING HOLIDAYS IN EUROPE 2012

As at 12/09/2011

All costs are in Australian Dollars - subject to exchange rate fluctuations and booking conditions

	Number of Days/Nights	Tour Cost (twin share)	Single Room Supplement
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## Quality Small Group Guided Hotel to Hotel Walking Holidays

## Escorted Departure Dates 2012

	Number of Days/Nights	Tour Cost (twin share)	Single Room Supplement	
<b>France</b>				
A Taste of Truffles	5 days/4 nights	<b>\$1,645</b>	\$325	14 - 18 Jan, 21 - 25 Jan, 28 Jan - 1 Feb, 4 - 8 Feb, 11 - 15 Feb
The Dordogne Quercy	8 days/7 nights	<b>\$2,960</b>	\$610	14 - 21 Apr, 5 - 12 May, 19 - 26 May, 26 May - 2 Jun
The Dordogne Quercy: Flowers	8 days/7 nights	<b>\$2,960</b>	\$610	12 - 19 May
The Lot Valley: Haut Quercy	8 days/7 nights	<b>\$2,665</b>	\$440	6 - 13 Sep, 13 - 20 Sep
A Taste of The Lot Valley: Haut Quercy	5 days/4 nights	<b>\$1,380</b>	\$325	1 - 5 Sep
French Cooking & Walking	8 days/7 nights	<b>\$2,960</b>	\$610	6 - 13 Oct, 13 - 20 Oct, 20 - 27 Oct
<b>France &amp; Spain</b>				
The Basque Pyrenees	8 days/7 nights	<b>\$3,055</b>	\$610	24 Apr - 1 May, 27 Sep - 4 Oct
The Basque Pyrenees & Guggenheim	9 days/8 nights	<b>\$3,445</b>	\$610	25 Apr - 2 May, 27 Sep - 5 Oct
A Taste of The Basque Pyrenees	5 days/4 nights	<b>\$1,695</b>	\$325	22 - 26 Sep
<b>Spain</b>				
Catalunya	8 days/7 nights	<b>\$2,960</b>	\$610	4 - 11 Mar, 11 - 18 Mar, 18 - 25 Mar
A Taste of Catalunya	5 days/4 nights	<b>\$1,490</b>	\$325	25 - 29 Mar
<b>Italy</b>				
Tuscany	8 days/7 nights	<b>\$3,055</b>	\$610	9 - 16 Jun
Umbria: Flowers	8 days/7 nights	<b>\$3,055</b>	\$610	2 - 9 Jun
Umbria Walking & Food	8 days/7 nights	<b>\$3,055</b>	\$610	16 - 23 Jun
A Taste of Umbria	5 days/4 nights	<b>\$1,490</b>	\$325	23 - 27 Jun
<b>England</b>				
Suffolk Walks & Fine Food	8 days/7 nights	<b>\$2,795</b>	\$690	30 Jun - 7 Jul, 15 - 22 Jul
Suffolk Coast	8 days/7 nights	<b>\$2,795</b>	\$690	8 - 15 Jul
A Taste of Suffolk	5 days/4 nights	<b>\$1,525</b>	\$425	21 - 26 Jul

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