

CAMINO DE SANTIAGO – WAY OF ST JAMES THROUGH FRANCE & SPAIN

2012

SELF-GUIDED WALKING ALONG THE WAY OF SAINT JAMES

From Le Puy in France to Santiago in Spain - daily departures from 1st May to 30th October 2012
Walks of 7 - 15 days from \$860 per person per week including accommodation & meals.



The Camino de Santiago or Chemin St Jacques - the route to the shrine of St James the Apostle in northwest Spain - has attracted pilgrims from all over Europe since the 12th Century when an estimated two million people each year walked, rode or were carried along the route to the city of Santiago de Compostela.

One of the major pilgrimage routes in France was from Le Puy crossing the Pyrenees at the Roncesvalles Pass, joining other trails at Puente la Reina in Navarra (near Pamplona) to form a single path across northern Spain to the shrine at Santiago de Compostella. The Spanish part of El Camino de Santiago runs some 800km (about 500-miles) from the Roncesvalles Pass through Puente la Reina, La Rioja, Burgos, Leon and finally crossing Galicia to Santiago

Today, it is possible to experience the same route as the medieval travellers, walking the most unspoilt sections of the route on a self-guided 'inn to inn' walk – staying mostly in 1 or 2-star hotels with your baggage transferred each day. We offer one or two week easy to moderate walking sections from Le Puy in central France, south to the Pyrenees and along the northern coast of Spain to Santiago, on the road to Compostela.....

Share in the sheer scale, the mystery and the history of this great medieval pilgrimage phenomenon. Take a journey where you can imagine the hardships, the pleasures and interests of those early pilgrims. Follow an infinitely varied succession of paths and trails that link cities and villages, great cathedrals, fine churches and ancient monuments. Travel through the wooded valleys of central France, cross the Pyrenees and the great Navarre plains, see the Montes de Leon, the vineyards of Rioja and the Bierzo, before reaching the fertile valleys of Galicia and - like millions of others have done through history - the sacred shrine of St James.

Contact Outdoor Travel for more itinerary details and reservations

- Call toll free on 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: www.outdoortravel.com.au
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia
- Travel Agent Licence No 31102

Suggested itineraries from 7-days to 11-weeks with daily departures & extra nights on demand

LE PUY – NASBINALS – 7-days / 6-nights (5-days walking in France)

DAY 1 Arrive at Le Puy in time for dinner.
DAY 2 Le Puy – St Privat d'Allier, 24km
DAY 3 St Privat d'Allier – Saugues, 20km
DAY 4 Saugues – Les Faux, 25km
DAY 5 Les Faux – Aumont, 19km
DAY 6 Aumont – Nasbinals, 26km
DAY 7 Trip ends after breakfast.

Arrival point: Le Puy en Velay.
Nearest train station: Le Puy en Velay
Departure point: Nasbinals
Difficulty: 4 to 7-hours easy to moderate walking each day (with 150m - 500metres of elevation)
Accommodation: 6-nights: 1 or 2-star hotels, half board (breakfast & dinner)

Costs per person: From \$895 (twin share)
Single room supplement: From \$215 (as available)
Solo Traveller: No supplement



NASBINALS – CONQUES – 7-days / 6-nights (5-days walking in France)

DAY 1 Arrive at Nasbinals in time for dinner.
DAY 2 Nasbinals – St Chély d'Aubrac, 17km
DAY 3 St Chély d'Aubrac – Espalion, 24km
DAY 4 Espalion – Estaing, 13km
DAY 5 Estaing – Espeyrac, 24km
DAY 6 Espeyrac – Conques, 13km
DAY 7 Trip ends after breakfast

Arrival point: Nasbinals
Nearest train station: Aumont-Aubrac or St Christophe
Departure point: Conques
Difficulty: 3 to 6-hours of easy to moderate walking each day (with 150m - 450metres of elevation)
Accommodation: 6-nights: 1 or 2-star hotels, half board (breakfast & dinner)

Costs per person: From \$895 (twin share)
Single room supplement: From \$170 (as available)
Solo Traveller: No supplement

CONQUES – CAHORS – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Conques in time for dinner
DAY 2 Conques – Decazeville, 17km
DAY 3 Decazeville – Figeac, 32km
DAY 4 Figeac – Cajarc, 32km
DAY 5 Cajarc – Limogne, 17km
DAY 6 Limogne – Lalbenque, 22km
DAY 7 Lalbenque – Cahors, 19km
DAY 8 Trip ends after breakfast.

Arrival point: Conques
Nearest train station: Rodez, then bus for Conques
Departure point: Cahors
Difficulty: 4 to 8-hours easy to moderate walking each day (with 50m - 350m of elevation each day)
Accommodation: 7-nights: 1 or 2-star hotels, half board (breakfast & dinner)

Costs per person: From \$1020 (twin share)
Single room supplement: From \$270 (as available)
Solo Traveller: No supplement

CAHORS – LECTOURE – 7-days / 6-nights (5-days of walking in France)

DAY 1 Arrival at Cahors in time for dinner
DAY 2 Cahors - Montcuq, 32km
DAY 3 Montcuq - Durfort, 26km
DAY 4 Durfort - Moissac, 14km
DAY 5 Moissac - Auvillar, 19km
DAY 6 Auvillar - Lectoure, 34km
DAY 7 End of the trip after breakfast

Arrival Point: Cahors
Nearest train station: Cahors
Departure: Lectoure
Difficulty: 4 to 8-hours easy to moderate walking each day (with 50m to 150metres of elevation)
Accommodation: 6-nights: 1, 2 or 3-star hotels, half board (breakfast & dinner)

Costs per person: From \$950 (twin share)
Single room supplement: From \$290 (as available)
Solo Traveller: No supplement

LECTOURE — AIRE-SUR-ADOUR – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Lectoure in time for dinner
DAY 2 Lectoure - La Romieu, 19km.
DAY 3 La Romieu - Condom, 16km.
DAY 4 Condom - Montréal du Gers, 16km.
DAY 5 Montréal du Gers - Eauze, 17km
DAY 6 Eauze – Nogaro, 20km
DAY 7 Nogaro - Aire-sur-Adour, 30km
DAY 8 Trip ends after breakfast.

Arrival point: Lectoure
Nearest station: Agen or Auch, then bus to Lectoure
Departure point: Aire-sur-Adour.
Difficulty: 4 - 8-hours easy to moderate walking each day with 50m to 150m of elevation
Accommodation: 7-nights, 1 or 2-star hotels or in a country cottage, half board (breakfast & dinner) each day

Costs per person: From \$980 (twin share)
Single room supplement: From \$260 (as available)
Solo Traveller: No supplement



AIRE-SUR-ADOUR – ST JEAN PIED DE PORT – 8-days / 7-nights (6-days walking in France)

DAY 1 Arrival at Aire-sur-Adour in time for dinner
DAY 2 Aire - Adour - Arzacq, 32km
DAY 3 Arzacq – Maslacq, 40km (shuttle included)
DAY 4 Maslacq - Navarrenx, 22km
DAY 5 Navarrenx - St Palais, 30km (optional Shuttle at extra cost)
DAY 6 St Palais - Larceveau, 15km
DAY 7 Larceveau - St Jean Pied de Port, 18km
DAY 8 Trip ends after breakfast.

Arrival point: Aire-sur-Adour
Nearest train station: Aire-sur-Adour
Transfers: Arzacq-Maslacq & return shuttle-bus included in cost.
Departure point: St Jean Pied de Port
Difficulty: 4 to 10-hours of easy to moderate walking each day (elevations of 50m to 150m)
Accommodation: 7-nights, 1 & 2-star hotels, half board (breakfast & dinner)

Costs per person: From \$965 (twin share)
Single room supplement: From \$175 (as available)
Solo Traveller supplement: From \$55 per person (as available)



ST JEAN PIED DE PORT – LOGRONO 8-days / 7-nights (7-days of walking from France into Spain)

DAY 1 Arrival St Jean Pied de Port before dinner
 DAY 2 St Jean Pied de Port – Roncesvalles, 25km
 DAY 3 Roncesvalles – Zubiri, 22km
 DAY 4 Zubiri – Pamplona, 21km
 DAY 5 Pamplona - Puente La Reina, 24km
 DAY 6 Puente La Reina – Estella, 22km
 DAY 7 Estella - Los Arcos, 22km
 DAY 8 Los Arcos – Logrono, 28km.
 (Walk ends in the afternoon)

Arrival point: St Jean Pied de Port
 Nearest train station: St Jean Pied de Port
 Departure point: Logrono
 Difficulty: 6 to 8-hours of moderate walking daily (300m elevation except a climb of 1300m on DAY 2)
 Accommodation: 7-nights, 1 & 2-star hotels, with half board (breakfast & dinner) - except Pamplona where we provide B&B only.

Optional extra night in Logrono at extra cost

Costs per person: From \$1025 (twin share)
Single room supplement: From \$190 (as available)
Solo Traveller: No supplement



LOGRONO – BURGOS – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Logrono in time for dinner
 DAY 2 Logrono – Najera, 29km
 DAY 3 Najera-Santo Domingo de la Calzada, 21km
 DAY 4 St Domingo de la Calzada-Belorado, 23km
 DAY 5 Belarado - San Juan de Ortega, 24km
 (Return by taxi to Belorado - included)
 DAY 6 Taxi to San Juan de Ortega (included) then walk San Juan de Ortega – Burgos, 28km
 DAY 7 Trip ends after breakfast.)

Arrival point: Logrono
 Nearest train station: Logrono
 2 transfers ex Belorado included in tour cost.
 Departure point: Burgos
 Difficulty: 4 to 7-hours of flat easy walking each day
 Accommodation: 6-nights, 1 & 2-star hotels, 3-nights half board (breakfast & dinner) & 3-nights B&B only (in Logrono, Santo Domingo, Burgos).

Costs per person: From \$955 (twin share)
Single room supplement: From \$290 (as available)
Solo Traveller supplement: From \$270 per person (as available)



BURGOS – LÉON – 8-days / 7-nights (7-days of walking in Spain)

DAY 1 Arrival at Burgos in time for dinner
 DAY 2 Burgos - Castrojeriz, 39km (optional shuttle)
 DAY 3 Castrojeriz – Fromista, 25km
 DAY 4 Fromista : Carrion de los Condes, 19km
 DAY 5 Carrion – Moratinos, 30km
 (taxi from Moratinos to Sahagun included)
 DAY 6 Taxi Sahagun to Moratinos included, then
 walk Moratinos - El Burgo Ranero, 28km
 DAY 7 El Burgo Ranero - Mansillas d/I Mulas, 22km
 DAY 8 Mansillas – León, 19km. (walk ends in the
 Afternoon.

Arrival point: Burgos
 Nearest train station: Burgos
 2 transfers ex Sahagun included in tour cost
 Departure point: Leon
 Difficulty: 6 to 8-hours of moderate walking each
 day (except DAY 2 where the 11 hours walk may
 be shortened with the use of the shuttle bus)
 Accommodation: 6-nights in 1 & 2-star hotels with
 half board with 1-night B&B only in Burgos & 1-night
 in a room without an ensuite. Upgrade to Parador
 available in León – or extra nights at extra cost

Costs per person: From \$1115 (twin share)
Single room supplement: From \$180 (as available)
Solo Traveller supplement: From \$380 per person (as available)

LÉON – SANTIAGO DE COMPOSTELA – 15-days / 14-nights (13-days of walking in Spain)

DAY 1 Arrival at León in time for dinner
 DAY 2 León - Hospital de Orbigo, 34km (Optional
 local bus at extra cost)
 DAY 3 Hospital de Orbigo – Astorga, 14km
 DAY 4 Astorga - Rabanal del Camino, 20km
 DAY 5 Rabanal - Ponferrada: 33km
 DAY 6 Ponferrada - Vilafranca del Bierzo, 25km
 DAY 7 Vilafranca del Bierzo - O Cebreiro, 30km
 DAY 8 O Cebreiro – Triascastela, 21km.
 DAY 9 Triascatela – Sarria, 21km
 DAY 10 Sarria – Portomarin, 22km
 DAY 11 Portomarin – Palas de Rei, 25km
 DAY 12 Palas de Rei – Arzua, 29km
 DAY 13 Arzua – Lavacolla, 29km
 DAY 14 Lavacolla – Santiago de Compostela 10km
 DAY 15 Trip ends after breakfast

Arrival point: León
 Nearest train station: León
 Departure point: St Jacques de Compostelle
 Difficulty: 4 to 8-hours of easy to moderate walking
 daily (there are 3 long days that may be shortened
 using a shuttle-bus at extra cost - ask for details)
 Accommodation: 14-nights, 1 & 2-star hotels, half
 board (breakfast & dinner) except in Santiago where
 we offer B&B only.

Upgrade to the Parador Hotel in Santiago at extra
 cost - ask for details

Costs per person: From \$1870 (twin share)
Single room supplement: From \$320 per person
Solo Traveller supplement: From \$565 per person

SARRIA – SANTIAGO DE COMPOSTELA – 7-days / 6-nights (5-days of walking in Spain)

The itinerary is the same as Days 9 – 15 of the route from León to Santiago shown above.

Costs per person: From \$860 (twin share)
Single room supplement: From \$140 (as available)
Solo Traveller supplement: From \$210 per person (as available)

Tour cost includes:

- * Self-guided Inn-to-Inn walking
- * 1, 2 or 3-star accommodation as shown
- * Local shuttle-bus transfers as indicated
- * Daily baggage transfers from Inn to Inn
- * Mostly breakfast & dinner each day as indicated

Call OUTDOOR TRAVEL for details, a brochure or a reservation 1800 331 582