

**ENGLAND – ST IVES, CORNWALL**

8-day / 7-night One-hotel guided walking tour – with a choice of easy to challenging guided walks daily



Towering granite cliffs, golden sandy beaches and atmospheric old fishing ports combine to offer one of Europe's most dramatic coastlines. The well-maintained coastal footpath winds around the rugged headlands offering ever-changing scenery and sea views. Abandoned tin mines provide dramatic silhouettes on the skyline. Hidden valleys provide a woodland retreat for wildlife. Our base at **St Ives**, with its historic buildings and narrow streets, seafood markets and sandy coves, gives access to all that make this corner of Cornwall so special.

**Walking Highlights:**

- The charming town of St Ives is famous for its art galleries, including the Tate
- Visit the world-famous biosphere 'Eden Project' and Cornwall's many beautiful gardens
- Experiencing the open-air theatre on the cliffs overlooking Porthcurno Bay

**Cost:** AU\$1235 per person (twin share). Single room supplements \$120

**Departs:** 17,24 Mar, 6 Apr, 12,19,26 May, 2,23,30 Jun, 7,14 Jul, 11,18 Aug, 1,8,15,22 Sep, 6,13,20 Oct 2012

**Tour includes:** 7-nights in comfortable room with ensuite bathroom, full board (breakfast, picnic lunch & dinner) experienced walks leader, guided walks, transport with the walks & social activities in the evenings.

**Not Included:** Transport to/from the house, drinks and any personal expenses.

**Accommodation:** **Chy Morvah** or 'house by the sea' is seaside hotel with panoramic views across the golden sands of St Ives Bay to the lighthouse at Godrevy Point. A short walk will take you to the centre of St Ives, a delightful resort town with a maze-like old fishing quarter and superb sandy beaches. Cornwall's Tate Gallery and the former studio of sculptor Barbara Hepworth are also within walking distance.



There are 39 bedrooms, some with sea views, and the acre of gardens includes a sheltered lawn and mature trees. There is a heated outdoor pool (open from May to September), lounge and ballroom, bar, painting studio, conservatory, putting green, table tennis and pool table. And as Chy Morvah is tailored to the needs of outdoor enthusiasts, there is a boot room and drying room, as well as laundry facilities and mini-shop.

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**



**Suggested itinerary:** You will have a daily choice of either of these options

### Easier Walks:

- Discover Cornwall's unspoilt beaches, churches and peaceful harbour villages
- From St Ives we walk to Clodgy Point or along the coast to Carbis Bay
- Trebah Gardens on the Helford Estuary, St Michael's Mount, Lizard Point to Kynance Cove, or from picturesque Lamorna Cove to Mousehole



4½ to 6 ½ miles with some short steep ascents on the coastal path.  
Up to 850 ft of ascent in a day.

### Medium Walks:

- Sheer granite cliffs, exposed to the Atlantic swells, bracing walks from St Just to Land's End
- Porthtowan to the huge expanse of sand at Perranporth
- Other walks may take us to Loe Pool and Praa Sands, or along the cliffs from the Minack Theatre



6 to 8½ miles on the undulating, sometimes rocky coastal path.  
Up to 1,300ft of ascent in a day.

### Harder Walks:

- The undulating nature of the cliff path makes some of these longer walks more challenging
- Endless sea views and constant reminders of Cornwall's mining heritage accompany us as we walk from Portreath to Perranporth via St Agnes Head, or from the Crown Mines at Botallack to Land's End
- A superb circuit of England's most southerly point, the Lizard peninsula



8 to 10 miles on undulating paths with occasional steeper sections.  
Up to 1,375 ft of ascent in a day.



**Other walking holidays** – guided in small groups or self-guided with inn-to-inn luggage transfers & meals are available in many parts of the United Kingdom, Ireland & across Europe including the **Coast-to-Coast** trail. **St Cuthbert's Way** from Scotland into England; walks in the Lake District, Ireland's **Ring of Kerry**, the **Dordogne** or Pyrenees in France, Austria, Spain or Italy. Perhaps walk the **Way of St James** – the **Camino De Santiago** - from Le Puy to Santiago from France to Spain or the **Via Francigena** – the pilgrims Road to Rome.

**Contact OUTDOOR TRAVEL or your travel agent for more details, brochures and reservations**

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