



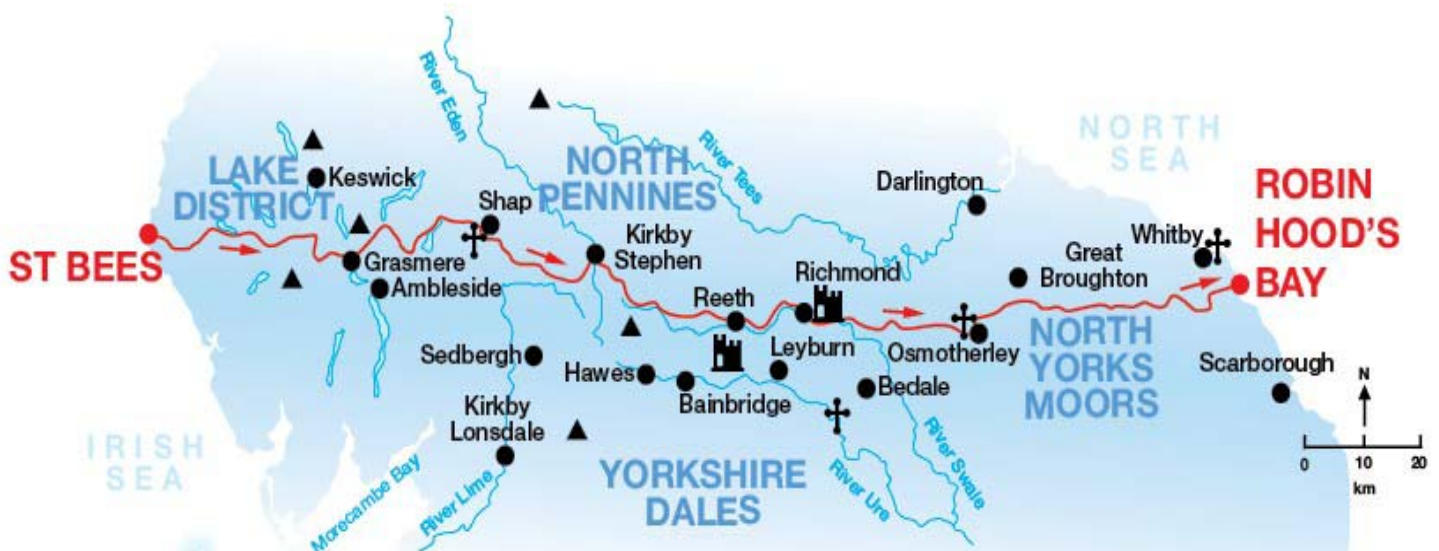
## ENGLAND: COAST TO COAST GUIDED WALK

Wainright's classic inn-to-inn trail

Departure dates for 2012	No. of nights	Price Per person
Coast to Coast - Friday 4 <sup>th</sup> May, 15 <sup>th</sup> Jun, 20 <sup>th</sup> Jul, 17 <sup>th</sup> Aug, 14 <sup>th</sup> Sep	15	AU\$2740

One of England's most popular long distance walking trails made famous by author Alfred Wainwright.

We offer a 16-day route that crosses the entire breadth of northern England from the North Sea at Robin Hood's Bay in North Yorkshire to the Irish Sea at St Bees in Cumbria. This is a challenging walk with some tough steep ascents and long hard walking days. It crosses three significant National Parks walking through some dramatic rural scenery including heather hills, limestone valleys and peaks. The walk distance is 306km with stages of 14 – 28km per day (one of 33km) and with from 280m – 700m of ascent. Graded **strenuous**.



**Highlights include:** three of Britain's most beautiful National Parks: Lake District, Yorkshire Dales and North York Moors; William Wordsworth's village of Grasmere; stunning Lakeland scenery with far-reaching panoramas of Britain's largest lakes and highest fells; chance to ride the paddle steamer to Howtown, Pooley Bridge and back again on Lake Ullswater.

See Richmond Castle dating back to Norman times and the Richmondshire Museum where displays include the set of James Herriot's veterinary surgery from the TV series 'All Creatures Great and Small'

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## **Suggested itinerary (may be offered in reverse):**

### **Day 1: Arrive at St Bees.**

Plan to arrive mid afternoon. There is a local train station at St Bees. Then walk or take a taxi to the first hotel.

### **Day 2: St Bees to Ennerdale Bridge**

14 miles (22km), 2,300ft (690m) of ascent

After a ceremonial toe dipping in the Irish Sea, we head towards the Lakes. Our first hill of the journey, Dent (1,131 feet), affords magnificent views over Windermere with the Lake District mountains in the distance.

### **Day 3: Ennerdale Bridge to Seatoller**

13 miles (21km), 1,650ft (495m) of ascent

Along Ennerdale's shores to an amphitheatre of spectacular mountain scenery including the craggy north face of Pillar, and the impressive summit of Great Gable. Following 'Moses's Trod', to the top of Honister Pass, we're greeted by beautiful views of Buttermere. From the old toll road, we descend to Seatoller.

### **Day 4: Seatoller to Grasmere**

9 miles (14.5km), 1,700ft (510m) of ascent

Leaving Borrowdale via the delightful hamlet of Stonethwaite, our ascent takes us to Greenup Edge, where two possible routes are available (weather dependent). Either via the shelter of Easdale Gill, or along Helm Crag to Wordsworth's village of Grasmere.

### **Day 5: Grasmere to Patterdale**

9 miles (13.5km), 1,650ft (495m) of ascent

Again, two different routes (weather dependent). Either low level via Grisedale, or high level via St Sunday Crag. The Low Level route is a pleasant walk, with scenery becoming grander by the minute - St Sunday Crag, Fairfield, the Helvellyn massif, Nethermost and Dollywagon Pike, all towering above us. The high level route traverses St Sunday Crag, for excellent views down to Ullswater and Patterdale.

### **Day 6: Patterdale to Shap**

16 miles (26km), 3,300ft (990m) of ascent

Leaving Patterdale we climb to Angle Tarn, and the Roman road of High Street before ascending Kidsty Pike, the highest point on the entire walk (2,650ft). Excellent views from the summit before our descent to Haweswater, following its shores to Burnbanks, and past the Abbey, to Shap.

### **Day 7: Shap to Kirkby Stephen**

21 miles (34km), 2,000ft (600m) of ascent

A change in landscape; gentler hills and limestone plateaux as we continue east. Passing Sunbiggin Tarn nature reserve, we continue over Ravenstonedale Moor, to one of the earliest Neolithic burial mounds in Cumbria, and on to the market town of Kirkby Stephen.

### **Day 8: Kirkby Stephen to Keld**

13 miles (21km), 1,800ft (540m) of ascent

The summit of Nine Standard Riggs, affords extensive views over the Pennines, Lakeland and the Howgills. From here our walk descends through peaty moors to cross into Swaledale and down to Keld.

### **Day 9: Keld to Reeth**

11 miles (18km), 1,800ft (540m) of ascent

Lovely Swaledale scenery beckons. Following the banks of the River Swale our walk meets the Pennine Way before traversing the moors past Old Swinner Gill Mines, its 'hushes' and ravines, en-route to the attractive village of Reeth.

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**Day 10: Reeth to Richmond**

11 miles (18km), 1,100ft (330m) of ascent

Continuing along the river we reach 12<sup>th</sup> century Marrick Priory. Climbing now, to Marske, walking below Whitcliffe Car, we reach historic Richmond. Dominated by its dramatic Norman castle, Richmond is a town of narrow cobbled streets and picturesque corners.

**Day 11: Richmond to Danby Wiske**

14 miles (22.5km), 350ft (105m) of ascent

Crossing from Swaledale to the Cleveland Hills is leisurely walking, entirely over low ground. The fertile agricultural land of the Vale of Mowbray, is only just above sea level. We walk finishes today at Danby Wiske (110 ft), the lowest point on the entire Coast to Coast walk.

**Day 12: Danby Wiske to Carlton Bank**

17 miles (27km), 2,200ft (660m) of ascent

Following an assortment of field paths, farm roads and quiet country lanes, our walk begins its crossing of the North York Moors, passing Mount Grace Priory for a splendid high-level traverse along the Cleveland Hills.

**Day 13: Carlton Bank to Blakey**

13 miles (21km), 1,950ft (585m) of ascent

A dramatic walk to Clay Bank Top, Carr Ridge and then Round Hill. After Urra Moor our trail coincides with the famous Lyke Wake Walk, before following the old ironstone railway to the 16th century Lion Inn, at Blakey Ridge.

**Day 14: Blakey to Grosmont**

14 miles (22km), 700ft (210m) of ascent

Cutting across the head of Rosedale, we see scars from the 19<sup>th</sup> century ironstone workings. Over Danby Moor to Great Fryup, we pass numerous Bronze Age barrows and burial mounds. Descending to Glaisdale, the wooded valley leads to Grosmont, final destination for the steam trains of the North Yorkshire Moors Railway.

**Day 15: Grosmont to Robin Hood's Bay**

15 miles (23km), 1800ft (540m) of ascent

From Sleights Moor and Flat Howe, we see the North Sea together with Whitby and its Abbey. In the valley we pass through the pretty hamlets of Little Beck and Hawkser, before the invigorating coastal scenery of the Cleveland Way, and our final footsteps to Robin Hood's Bay.

**Day 16: Departure day**

Tour ends after breakfast

**Tour cost includes** - accommodation, guide services, all meals (full board), luggage transfers & local transport as shown.

**Luggage Transport** - transport of your luggage will be arranged by us through local operators and is of course, included in your holiday price. It would be appreciated if you limited your luggage to one medium sized bag, rucksack or suitcase. Daily arrangements will be finalised by your leader at each hotel.

**Walking as a Group** - Your Walk Leader's duty is to the group as a whole and he or she will refuse to accept any guest whose clothing, equipment, behavior or walking ability is considered unsuitable, and where it could affect the safety and enjoyment of other guests on the proposed walk. As a group member it is your responsibility to follow the Leader's guidelines, for the benefit of the group as whole. If you leave the group, then your Leader will no longer have responsibility for you.

No outdoor activity can ever be 100% risk-free; however, if you take sensible precautions and adhere to your Leaders' instructions you will find that your Classic Walking holiday will be more enjoyable. Your holiday will start with a safety presentation. Walk Leaders always consider the group as a whole, and will show more caution over potential risks (such as bad weather) than might an individual or couple on a private outing. Walks may be modified following the Leaders' assessment of the day-to-day situation, access restrictions, poor weather and guest numbers.

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Walk Leaders are required to judge the most appropriate maximum party size for any walk, taking into account weather, terrain, group experience and ability. If a party has more guests than considered safe by that Leader, he or she is instructed to amend the walk sufficient to reduce the risks.

On the first evening of your holiday, your Walking Leaders will explain safety rules and answer any questions you may have. It is important that you attend. In the evening before each walking day your Leaders will also give you a brief presentation on the walks being offered.

**Where you'll stay** - comfortable hotels, inns and guesthouses along the way including 3 nights at our Country House hotel in Whitby. All accommodation includes breakfast, dinner and a picnic lunch. A full list of the hotels used on the holiday will be sent to you a couple of weeks prior to your holiday – here are some that we typically use – but of course they may change:



Jolly Farmers Guest House,  
Kirkby Stephen



Kings Head Hotel, Richmond



Larpool Hall, Whitby



Vane House,  
Osmotherley



Crow Park Hotel,  
Keswick



Greyhound Hotel,  
Shap



Shepherds Arms, Ennerdale Bridge

**What to wear and what to bring** - to enjoy your walking comfortably and safely, it is essential that your footwear, clothing and equipment are suitable for the conditions to be encountered. We strongly recommend the following:

- Waterproof jacket (British rain is seldom vertical, very often accompanied by strong wind)
- Waterproof trousers & walking boots with ankle support & good treads (worn-in)
- Thick socks, spare pullover or 'fleece' (two thinner layers are better than one thick one)
- Gloves and a woolly or 'fleece' hat
- Rucksack with a polythene bag liner
- Water bottle (at least one litre capacity) and/or flask
- Survival bag, torch, emergency food eg big bar of chocolate or mint cake
- In high summer a sun hat and sunglasses are recommended.

Outdoor Travel offers a wide range of guided or self-guided inn-to-inn or centre-based / one-hotel walking holidays in many areas of England and Scotland – from the **Cornish Coastal Path** to the **West Highland Way**, the **Ring of Kerry** in Ireland and all across Europe. We also offer historic inn-to-inn walking trails such as the **Camino de Santiago** (Way of St James) in France and Spain or the **Via Francigena**, the pilgrims Road to Rome in Italy.

**Contact OUTDOOR TRAVEL or your agent for more details and reservations**

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