



GREAT WALKS IN AUSTRALIA

2011 / 2012

VICTORIA — THE GREAT OCEAN WALK

4 or 6-day centre-based guided walking **PLUS** new 2-day weekend walks from Melbourne



Easily accessed from Melbourne the Great Ocean Walk walking trail spans 104km of one of Australia's most spectacular coastlines. It follows a route of amazing coastal *and* forest scenery through the Otway Ranges and is an ideal way to see native Australian bird, marine and animal wildlife. The trail itself passes through two national parks, overlooks a marine national park and a marine sanctuary, yet sections of it will show you an isolation that only the Southern Ocean can offer.

With a walking holiday where you put your feet up in the evening is often as important as the spectacular sights you experience during the day. Our lodge, designed specifically for walkers, is located at the mid point of Victoria's Great Ocean Walk, nestled in a natural rainforest amphitheatre just back from Johanna Beach. This purpose-built haven has been developed to the strictest of sustainable design principles and provides comforts we know you will appreciate at the end of a day of walking.

The luxury eco-style villas are set amidst the trees and complemented by stunning lounge, dining and outdoor recreational spaces. This fully licensed premises, offers tranquil places to unwind and reflect on your day on the trail. Why not enjoy a foot spa or massage, hot shower in your own ensuite or a glass of wine as you read that book:

- Five ensuite King bedrooms — all rooms can be configured as twin share or convert to two single rooms with share bathroom facilities between two
- Guest lounge and private dining room
- In-house catering and licensed dining room — regional wines & beer available for purchase
- Two dedicated massage treatment rooms — massages can be arranged on request
- Five foot spas with aromatherapy soaps and oils
- Gear storage and dedicated drying room

The walk starts at Apollo Bay — a popular summer resort town — then climbs up the Cape Otway Light Station for an unforgettable view of the coastline. This is the mid-point of our walk and the next two days are spent walking west towards the spectacular sea-stacks called the Twelve Apostles. With a choice of 3, 4 or 6-day walks there is something that will appeal to every interest and fitness level.

Breathe fresh air, marvel at the power of the waves crashing on the cliffs, then stand on the edge of Ryan's Den, put your face to the wind and realise there is nothing but ocean between you and the wilds of Antarctica.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Join one of our scheduled Great Ocean Walk departures or ask about private and customised group walks:

- | | |
|--------------------------|--|
| 2 Days / 2 Nights | Weekend Walk |
| Price: | \$995 per person twin share |
| Departs: | Fridays 23 September & 25 Nov 2011; 27 Jan, 24 Feb, 30 Mar, 27 Apr & 25 May 2012 |
| 4 Days / 3 Nights | Great Ocean Walk |
| Price: | \$1995 per person twin share |
| Departs: | Second & fourth Tuesday every month from 13 September 2011 to 29 May 2012 |
| 6 Days / 5 Nights | Great Ocean Walk |
| Price: | \$2895 per person twin share |
| Departs: | Second & fourth Sunday every month from 11th September 2011 to 27 May 2012 |
| Deposit: | \$500 per person is required at the time of booking. |
| Departures are: | Subject to a minimum of 2 people, and a maximum of 10 people |

Suggested 4 or 6 day itineraries:

Each tour is slightly different according to the abilities & interests of the group & variables such as the weather. Here is a suggested typical day.

- 7.00am** Breakfast (unless you let us know the night before that you don't intend to walk).
- 8.30am** We set off for the day. On average we walk between 12km and 15km per day. Usually there's a short vehicle transfer to our start point. We set out on fresh tracks with the day ahead and the trails to ourselves. On most days your guides will carry lunch for you. There is no reason to hurry and nowhere particular you have to be by a certain time. If you want to walk further each day talk to your guide about options. Likewise, you can take time to photograph the flora or celebrate some of the many vantage points.

The walk guides carry satellite phones and are in touch with the support vehicle throughout the day.

- 4.00pm** Meet our vehicle for the drive back to the guesthouse in time for a hot shower, foot spa or optional massage, followed by a delicious 3-course meal.

(Note. Weekend walks start from central Melbourne on Fridays at 3.00pm & return on Sunday at 7.00pm)

6-Day Great Ocean walking program at a glance:

Day 1: Melbourne transfer departs at 7.45am. Those with their own transport plan to arrive at our Eco-Lodge before 10.30am. Walk to Apollo Bay then Apollo Bay to Shelley Beach — 8km (@ 3 hours)
Day 2: Shelley Beach to Cape Otway — 22km (@ 6 hours)
Day 3: Cape Otway Light station to Castle Cove — 18km (@ 5 hours)
Day 4: Castle Cove to Milanesia Beach — 19km (@ 6 hours)
Day 5: Milanesia Beach to Moonlight Head Road — 18km (@ 6 hours)
Day 6: Moonlight Head Road to the 12 Apostles — 20km (@ 5 hours)
Afternoon return transfer to Melbourne

What is included on my walk?

Return transfers to and from Melbourne CBD to join your walk, all meals, soft drinks, morning and afternoon tea, use of a weather-proof jacket, gaiters, walking poles, water bottle and day packs, the services of our professional guides and entrance fees to any attractions we visit.

What is not included?

Alcoholic drinks and personal expenses such as souvenirs, scenic flights, massages and similar services.

What if my travelling partner is less active than I am?

All our journeys can be enjoyed at your own leisurely pace. One of our guides will only walk as fast as the slowest person, and there is always time to stop and take photographs, look at the flora and fauna or have a snack and a drink somewhere unique along the way. All our walks are vehicle assisted, and there is usually an option to break the trips into half days if you prefer.

What do I have to carry?

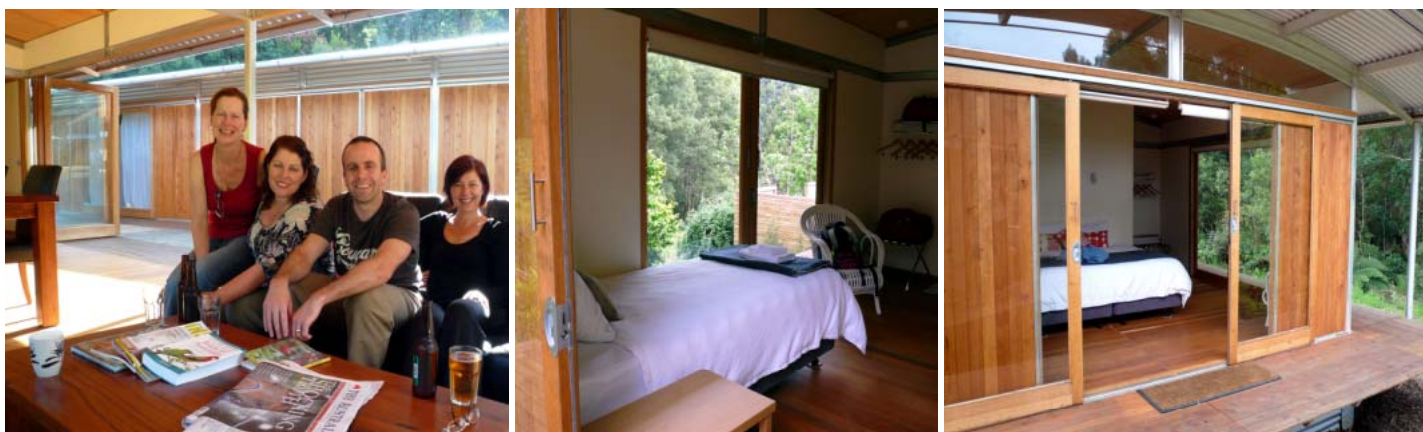
You only carry a daypack containing up to two litres of water, a weatherproof jacket and any personal items such as a camera and sunglasses. Occasionally you carry lunch, but on most days our guides bring that in their packs. We can provide a daypack for you to use, if you don't have one. The rest of your kit is transferred on ahead, waiting for you at the end of each day.

What gear do I need?

We will provide a gear list for you once you have made your booking. However, please note that well broken-in hiking boots with ankle support or solid, waterproof walking shoes are necessary for this walk. Runners, tennis shoes or sneakers are not suitable.

Do I need to be really fit?

No, you don't. If you already walk for fitness, swim a little, play golf or regularly climb a few stairs you will manage our walks with ease. We walk an average of 12km to 15km per day and most days there is an option to walk for only half a day.



Other Australian or New Zealand walks available from **Outdoor Travel** include the Freycinet Peninsula in Tasmania, the Milford Track, Abel Tasman walk, Routeburn Track, Grand Traverse & Hollyford Valley Walk.

Contact **Outdoor Travel Pty Ltd** direct for more details, travel brochures and reservations:

- Call Toll free 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, Victoria 3741, Australia
- Travel Agent Licence No 31102