



NEW ZEALAND GUIDED WALKS

MILFORD TRACK, ROUTEBURN TRACK & GRAND TRAVERSE

2010/11

A New Zealand walking holiday is something you really must do. There are many hundreds of kilometres of well-maintained wilderness trails for you to choose with a surprising level of comfort at the lodges and a high level of support and service from the guides and track and reservation staff.

But which walk?? New Zealand offers walks to suit almost every walker. Each of our selected tracks has different physical demands. Perhaps the most popular - the Milford Track - is regarded by many as the most difficult. Walkers are expected to carry a medium sized pack with their personal possessions for 15 - 20 kilometres (6 - 8 hours) per day.

One of the world's finest walking trails, the Milford Track will take you 55-kilometres from Lake Te Anau to Milford Sound the Fiordland National Park. It follows the Clinton River to its source in Lake Mintaro, crosses the MacKinnon Pass before descending to the Arthur Valley and the head of Milford Sound.



Season Dates for all walks:

Low season: From 1st – 30th November 2010 & from 1st – 23rd April 2011

High season: From 1st December 2010 – 31st March 2011

Prices: All prices shown in **New Zealand Dollars** – please contact us for the Australian dollar rate

Walks include: Pre-track briefing & return transfers from Queenstown

Lodge accommodation with full board including all bedding & towels at the lodges

Support of experienced guide & lodge staff

Use of daypack & raincoat if necessary

MILFORD SOUND TRACK GUIDED WALK - 5 DAYS

Departs: Daily from Queenstown from 1st November 2010 to 20th April 2011

Duration: 5-days / 4-nights

Costs: Multi-share Rooms (per person)

Low season – Adult

NZ\$1830 (Child 10 - 15-years NZ\$1630)

High season – Adult

NZ\$1995 (Child NZ\$1790)

Twin Room with ensuite (per person)

Low season

NZ\$2240

High Season

NZ\$2405

Single Room with ensuite (per person)

Low season

NZ\$2855

High Season

NZ\$3020

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary: There is a compulsory pre-track briefing in Queenstown office the day before the track departure at 5.00pm (check in time is 4.45pm) to make sure everyone is briefed and properly equipped.

DAY 1 Queenstown or Te Anau to Glade House (Includes lunch & dinner). 1.6km - 20 minutes walking

Depart Queenstown to Te Anau by coach. Lunch in Te Anau and coach to Te Anau Downs where you board the launch to the head of Lake Te Anau, the beginning of the Milford Track. It's a short easy walk to Glade House, 1.6km. Afternoon tea and join your guide for a nature walk. Settle in and enjoy the environment.

DAY 2 Glade House to Pompolona (Includes breakfast, lunch & dinner). 16km - 5-7 hours walking

After crossing the emerald green Clinton River you walk up the valley to the Hirere Falls lunch shelter. The beech forest gets more luxuriant the farther you go, until it releases you on to the Prairie. From this meadow you can capture the true nature of the ice carved Clinton Canyon. It is a short climb to Pompolona Lodge from here.

DAY 3 Pompolona to Quintin via Mackinnon Pass (Includes breakfast, lunch & dinner). 15km - 6-8 hours walking

This is the most challenging day, especially in inclement weather. The track leads to Lake Mintaro at the head of the Clinton Valley, before climbing the MacKinnon Pass in a series of zigzags. At the top you may be rewarded with spectacular views and lunch in Pass Hut. After the rocky decent into the Arthur Valley there is a welcome cup of tea at Quintin Lodge. Optional 90-minute round trip to Sutherland Falls, the world's fifth highest waterfall.

DAY 4 Quintin to Mitre Peak Lodge via Sandfly Point (Includes breakfast, lunch & dinner). 21km - 6-8 hours walking

On this, the final day on the track, you walk down the Arthur Valley to Boatshed, past Mackay Falls and Bell Rock and on to lunch at Giant's Gate waterfall. The final stretch of track follows tranquil Lake Ada to Sandfly Point. From here it is a short launch trip to Mitre Peak Lodge, the only accommodation at Milford Sound with superb views of Mitre Peak, for a celebratory dinner.

DAY 5 Mitre Peak Lodge to Te Anau and Queenstown (Includes breakfast & lunch). No walking

Wake to views of Milford Sound and after breakfast board a boat for a cruise on Milford Sound. Watch for the dolphins and fur seals and hope for rain, as the resultant waterfalls are amazing. Following the cruise you start your spectacular journey through the heart of Fiordland National Park to the Homer Tunnel and on to Te Anau and Queenstown via Queenstown Airport, arriving at approximately 4.00pm.

Milford Track walkers can finish at Queenstown airport although we do suggest you plan to stay an extra night in Queenstown after the walk. Ask us for accommodation options.



The Milford Track lodges have drying rooms, flush toilets and hot showers complete with soap, shampoo and hairdryers. Kitchen staff will serve a three course dinner each day usually of hearty home made soup; a traditional main; fresh garden salad and a pudding style dessert with tea or coffee and there is a bar for drinks before dinner. Next morning a cooked breakfast is available with a selection of fruit and cereal or a full cooked breakfast of bacon and eggs. A small shop is open for forgotten essentials such as sunscreen or insect repellent. Lodges generate their own electricity (turned off at 10.00pm daily) and we offer a choice of multi share rooms (dormitory style with bunk beds sleeping 4 to 6 people per room) or private bedrooms with a queen-sized or 2 single beds and a private ensuite bathroom.

On the Milford track it is very important to be prepared for the worst conditions and carry the appropriate clothing at all times. There are sustained periods of fine sunny days throughout the summer so you need to prepare for this too.

THE CLASSIC GUIDED WALK - 8 DAYS

New Zealand's two most famous guided walks in one spectacular package, starting in Queenstown, walk the **Milford Track** (spending a night in Te Anau) and then walk the **Routeburn Track** and return to Queenstown.

Multi-share Rooms (per person)	
Low Season - Adult	NZ\$2955 (Child 10 - 15-years NZ\$2550)
High Season - Adult	NZ\$3265 (Child NZ\$2855)
Twin Room (with ensuite on Milford only - per person)	
Low season	NZ\$3365
High Season	NZ\$3670
Single Room (with ensuite on Milford only per person)	
Low season	NZ\$3980
High Season	NZ\$4285

ROUTEburn TRACK GUIDED WALK - 3 DAYS

An historic alpine track-walking route through both the Fiordland and Mount Aspiring National Parks. The Routeburn Track follows a trail through the Southern Alps pioneered in the 1860's gold rush era passing through two national parks, Fiordland and Mount Aspiring, and is part of Te Wahipounamu, South West New Zealand World Heritage Area. The area is a haven for native birdlife: the Robin; Fantail; Parakeet; Bellbird; Yellowhead and watch out for the resident Kea at Routeburn Falls! The variety of landscapes will astound you: mountainous peaks; sheer rock faces; alpine basins; pristine lakes; cascading waterfalls; luxuriant forest; turquoise rivers and million dollar views around every corner.

Multi-share Rooms (per person)	
Low season - Adult	NZ\$1270 (Child 10 - 15-years NZ\$1065)
High Season - Adult	NZ\$1125 (Child NZ\$920)

THE GRAND TRAVERSE GUIDED WALK - 6 DAYS

Combining the Routeburn Walk and Greenstone Valley Walk - the Grand Traverse is New Zealand's most rewarding trek. This 73-kilometre journey crosses the Southern Alps twice and offers spectacular views and an alpine traverse high above the Hollyford Valley. There is a free day for rest or exploration at Lake Mckellar.

The Grand Traverse passes through two national parks: Fiordland and Mount Aspiring, and is part of Te Wahipounamu, South West New Zealand World Heritage Area. The pristine bush is home to a myriad of native birdlife: the Robin; Kea; Fantail; Parakeet; Bellbird; and Yellowhead, just to name a few. The sheer isolation and raw beauty of the Greenstone provide the perfect stage for the breathtaking scenery of the Routeburn. An unsurpassable combination to make a memorable walking experience.

Multi-share Rooms (per person)	
Low season - Adult	NZ\$1560 (Child 10 - 15-years NZ\$1355)
High Season - Adult	NZ\$1765 (Child NZ\$1560)

Outdoor Travel's staff are all experienced walkers with extensive knowledge of New Zealand and with walking holidays around the world. Call us for suggestions, advice, more detailed information and reservations on any of these New Zealand walks. We also offer the Hollyford Valley walk, the Abel Tasman walk, the Queen Charlotte walk, the Akaroa walk, the spectacular Tongariro Crossing or self-guided *Freedom Walks* on the Milford, Routeburn or Heaphy tracks.

Contact our experienced staff who have walked these walks for more details and reservations

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