

Countless islands in crystal clear waters in northern Adriatic. Deeply fissured cliffs, picturesque beaches and numerous small bays this is Kvarner Bay. Every island is different, each has its own history so why not join us and spend a week discovering the landscape and people of this unique region by bicycle.

Bike & Boat cruises combines two popular ways of exploring Europe (cycling & island cruising), it allows partners of different abilities & interests to holiday together (trips are just as interesting for non-cycling partners, leisure cyclist OR enthusiasts), you unpack once & come 'home' each night to a wonderful meal and a comfortable cabin with your own bathroom.



On our motor yachts you will get away from the traditional tourist resorts to cover the charm of a mostly undiscovered corner of the Adriatic. After a breakfast there is a cycling morning - either independently or with the aid of experienced and knowledgeable tour guides - returning at midday for lunch on the boat. In the afternoon more cycling or a cruise to the next port, perhaps with time for a swim or a nap. In the evening as the sun sets enjoy a beautiful dinner on board, followed by a stroll through an historic harbour town before turning in with the gentle rocking of the boat to help you sleep - or sleep on deck under a thousand stars.....

These moderate plus graded cycling tours are all-inclusive. They require a basic level of fitness, which can be acquired from steady cycling practise beforehand. The tours will range up to a height of 200 - 500m above sea level, daily cycling distances of 20 - 50km through hilly, sometimes mountainous terrain. There are long and steep climbs but there is plenty of time to rest or walk as you choose. We will travel mostly on sealed roads many rarely travelled outside the holiday season. Extra cycling can be suggested during free time.

Islands of Kvarner Bay: \$1745 per person (twin share).
Above Deck Cabin supplement: \$120pp (twin share), \$240 (single cabin supplement)
Single Use Cabin supplement: \$705 per person
Bike Hire: \$165 per bike (21-speed mountain bike)

Departs: Every Sunday from 12 April to 18 October 2009 Starts & Ends in Omisalj

Cruise includes: 8-day-trip on a motor yacht with a crew of four - double / twin or single cabins with shower/toilet, full board on the ship includes breakfast, lunch & dinner, multi-lingual English-German speaking tour guide & guided cycling tours as described in itinerary, bed linen and towels, overview-maps for the daily tours are available on board.

Not included: Bike hire, personal expenses, gratuities, local fees & port taxes (@ Euros 20 paid locally to the captain), drinks (there is a bar onboard & a tally sheet to be paid at end of trip). Transfer Rijeka train station to Omisalj (@ 20 Euro one-way paid locally). We recommend you bring your own bike helmet on this trip.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Our boats: The 'Linda'

The 'Adonis'

The 'Tarin'

LINDA (shower/toilet in every cabin)

Captain Damir's Linda is a spacious wooden motor yacht. Built in 1955 and renovated specifically to meet our island hopping requirements. The boat is 31-metres long and 6 metres wide; the Linda is among the bigger ships in our Croatian fleet. The spacious saloon can accommodate 32 guests, and the middle sundeck is constructed so that meals can also be served outside. The upper deck measures 40 square metres and is big enough for sunbathing. Three cabins below deck are equipped with French (double) beds and two portholes each. A fourth has a French bed with an additional bunk bed above the large bed. **Above-deck** there are ten double cabins. Four of those have a French bed and four double cabins are equipped with separate twin beds. All cabins have air-conditioning.

ADONIS (shower/toilet in every cabin)

The Adonis is a 24-metres long and 6-metres wide, a two-masted yacht built in 1975. Captain Tihomir rebuilt the ship for cycle cruising with 10 cabins. There are 8 cabins **Above-deck**, each of which has a door that opens to the outside. Two of these cabins have a French (double) bed with a single bunk bed above it. There are two cabins below deck, and each has a porthole and two bunk beds. The front sundeck has a size of 40 m²; the rear deck is covered by an awning and measures 45 m². A limited number of deck chairs are available to the guests.

TARIN (shower/toilet in every cabin)

The Tarin is a new two-masted motor-sailor of 23-metres in length and 6-metres in width that was built in 2003/4. All of her 10 cabins are **Above-deck** and five cabins have a double bed (140cm) and three that feature an additional bunk bed. The other cabins have two separate beds that may be aligned beside each other or on two levels. Another cosy cabin with two portholes and a desk is situated below deck. The fore sundeck measures 40m², the upper deck even 60m². Together with the large saloon, captain Nevio's Tarin offers ample space to all our passengers.

Suggested itinerary – may subject to change:

Day 1 (Sun) Omišalj – Cres

(approximately 25km cycling)

Make your own way to Omišalj, a small harbour village on the island of Krk. The cabins on the motor yacht will be ready for you from 11am. At around 1pm the ship will depart cruising to the island of Cres – cruising time is about four hours. From the town of Cres we suggest a short ride up to the village of Predoscica. In the evening perhaps a tour through the old town of Cres.

Day 2 (Mon) Islands of Cres and Lošinj

(45km)

In the morning the boat cruises over to Martinscica whilst we cycle on the east side of the island among pine, fig and laurel trees. In Osor, the artist's town, you rejoin the boat for lunch. Afterwards there will be time for a swim in the bay and in the afternoon we cycle over a swing bridge to reach the island of Lošinj. You will cycle along the panoramic coastal route to Mali Lošinj, an old fishing village and health resort. The ship will be waiting for you in the large harbour with its numerous cafés and colourful houses and we spend the night in the harbour.

Day 3 (Tue) Islands of Losinj and Molat

(20km)

This morning we cycle to the south of Losinj and visit the picturesque harbour of Veli Losinj before lunch. In the afternoon we cross to the island of Molat, where there is time for a short cycling tour. We stay overnight in the quiet harbour of Molat.

Day 4 (Wed) Island of Dugi Otok

(45km)

During breakfast, the ship will depart past many small islands to the “spice island” of Dugi Otok. Our cycling will start in the bay of Božava, which is surrounded by woods of pine, agave and tamarisk trees, and we ride on a quiet road almost free of traffic. In the harbour of Savar we meet the boat for lunch. While cycling in the afternoon to the fishermen village of Sali there are terrific views of the many bays and surrounding islands.

Day 5 (Thu) Island of Pag

(35km)

We cruise this morning until lunchtime, when we reach the island of Pag. The island has a harsh but fascinating landscape with many fig and olive trees. Over the centuries the inhabitants have built numerous stone walls for protection against the wind. We ride across a narrow peninsula until we reach the sea, where the ship will be waiting to take you to Rab. The island of Rab is one of the sunniest places in Europe. The town of Rab itself, the fortified capital of the island, was built in the Middle Ages on a wedge-shaped headland, and it is one of the highlights of the tour. After dinner there is time to explore the narrow alleys and many cafés.

Day 6 (Fri) Island of Rab

(25km)

Today we cycle along the coast to the east side of the island, an area with virtually no vegetation, whose rough and cliffy rocks will remind you of a lunar landscape. The road will lead to a bay with a rather unique sandy beach. At lunchtime the ship will be waiting for us in the harbour directly in front of the old town of Rab. After a swimming break, the ship will take us over to the neighbouring island of Krk, where we will spend the evening.

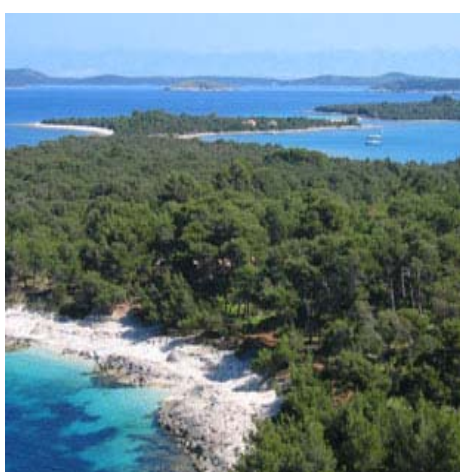
Day 7 (Sat) Island of Krk,

(50km)

Our route this morning is over the ridge of the island, covered by fragrant macchia, to a valley of vineyards, and then on to the small museum town of Vrbnik in the northeast of the island. The town, built on a 50-metre-high cliff and surrounded by vineyards, is famous for the white wine, Žlahtina. Another peculiarity of Vrbnik is the second narrowest alley in the world. Our route will lead you across the island through old villages and rich vegetation to Omišalj. On the way, there is a chance for a swim in the bay of Soline. We spend the last night in Omišalj.

Day 8 (Sun) Omišalj - Departure - tour ends after breakfast (expect to disembark by 9am).

Please note: The captain & crew reserve the right to make alterations to the itinerary, depending on wind and weather conditions or organisational requirements, sometimes the tour will be conducted in the reverse order.



Bike & Boat cruises are also available from Outdoor Travel in many other regions of Europe and the Mediterranean – the Dalmatian Coast of **Croatia**, **Greece** – including the Cyclades or Aegean Island & Santorini – and the Southern Lycian Coast of **Turkey** from Bodrum to Kusadasi. Similar cruises are also available in **Vietnam** and **Canada**.

Bike & Barge cruises in **France**, **Belgium**, **Germany**, **Italy**, **Holland** with **Bruges to Paris** our most popular.

Contact Outdoor Travel for more details, travel brochures and reservations

- Call Toll free 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright 3741
- Travel Agent Licence No 31102