

HOLLAND – SPRING TULIPS CYCLE CRUISES

8-days / 7-nights Easy to moderate **PREMIUM PLUS, PREMIUM, STANDARD PLUS** or **STANDARD**



Holland in springtime is awash with the colours and fragrances of fresh flowers, especially the millions of brightly coloured tulips. These special seasonal cycling cruises focus very much on the tulips with rides past acres of flowers in bloom and a visit to the famous Keukenhof Park, perhaps the most beautiful spring garden in the world.

Accommodation is aboard specially converted canal barges. We offer several barges of different standards on various routes taking in the best of the springtime flowers as well as those other Dutch icons, windmills and dikes. The cycling is mostly flat and generally easy to moderate with usually between 25 to 50 kilometres over 5 to 6 hours of cycling per day. Most barges have 10 to 14 cabins, each with private bathroom facilities. Barges have spacious lounge and dining areas for relaxing after the day's ride.

Bike & Barge cruising combines two popular ways of exploring Europe, cycling and river cruising, and allows partners of different abilities and interests to holiday together (trips are just as interesting for leisure cyclists OR cycling enthusiasts). Unpack once and come 'home' each night to a wonderful meal and a comfortable cabin. Well-maintained multi-gear bikes are provided. E-bikes are provided on selected departures on Premium Plus barges, or are available upon request on other departures at extra cost and must be reserved in advance. Single cabins are strictly limited and single supplements apply; please ask about single cabin availability.

Cost from: **PREMIUM PLUS with E-Bikes: \$3540** per person twin share, early season*

High season supplement from \$730 per person twin share

Departures: 28 March*, 2*, 4, 9, 11, 16, 23, 30 April, 7 May, 2026

PREMIUM PLUS / PREMIUM barges: \$3135 - \$4040 per person twin share

Upgrade cabins may be available on selected departures, ask for details

Departs: 27, 30 March, 2, 6, 9, 13, 20, 23, 30 April, 2026

STANDARD PLUS barge: \$3760 per person twin share

Departs: 2, 9, 16, 23 April, 2026

STANDARD barge: \$3070 per person twin share (bunk cabin)

Departures: 2, 9, 16, 30 April, 2026

Includes: 7 nights' accommodation in twin-bed cabin with en-suite; breakfast and packed lunch daily and most dinners; bike hire; English-speaking cycle tour guides; entry to Keukenhof; ferry fares.

Not included: Drinks on board; other entrance fees (museums, castles, breweries, cheese farm etc.); arrival / departure transfers to and from the boat; items of a personal nature; gratuities. On selected departures one dinner is at own arrangements, please ask when booking.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

PREMIUM PLUS BARGES

Premium Plus boats have more spacious cabins with twin beds. Cabins may have extras such as hair dryers, safe, televisions and air-conditioning. Furnishings and fixtures are up-to-date and to a high standard, and the common areas such as lounge, dining and sundeck are spacious and well-equipped.

Non-cycling passengers may prefer a Premium Plus boat as there is more room to relax during the day.



PREMIUM BARGES

Very comfortable often traditional styled barge. Cabins offer comfortable twin, lower level beds (no bunks) and a small but very functional bathroom with a shower, sink and toilet. The barges have generally modern fitouts with simple but tasteful furnishings. The common areas inside and out are spacious and pleasant often with places where you can sit to enjoy the cruising.



STANDARD PLUS BARGES

Standard Plus cabins are usually furnished with split level beds (one bed is higher and may require a climb on a small ladder or step-up, but the beds are not directly above/below each other). There may also be some bunk cabins (as pictured). These barges are cheerful and comfortable, well-lit and airy with a small shower/toilet. Some triple cabins with a double and single bed may be available on some barges.



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Sample itinerary: *Day to day itinerary varies depending on the boat, departure date and cycling ability of the group. All itineraries are subject to change depending weather, waterway traffic or at the direction of the captain or cycle tour guide. Cycling distances shown are approximate.*

Day 1 Thursday: Amsterdam – Spaarndam – Haarlem

cycling @ 15km

Plan to arrive on time in the afternoon, settle into your cabin and relax with a cup of coffee or tea. You will meet your cycling tour guide, the skipper and crew and of course your fellow passengers. Around 2pm we cruise from Amsterdam. Once we are out of the city we have a short warm-up ride on our bicycles, followed by dinner and a meeting with the barge crew and guides to plan the week ahead.

Day 2 Friday: Haarlem – Keukenhof – Leiden

cycling @ 40km

We cycle a wonderful route through the oldest tulip fields of Holland, the highlight being a visit to the magnificent Keukenhof Gardens, the most beautiful tulip bulb park in the world. Keukenhof offers visitors an overwhelming blaze of spring colours, with seven million flowering tulips as well as hyacinth, narcissi, crocuses, blossoming trees, azaleas, rhododendrons and more, set amongst a magnificent 80 acres of traditional and modern landscape architecture. After our visit to the park, we cycle on to Leiden, a charming historic city, home to the Netherlands' oldest university, birthplace of Rembrandt van Rijn. In the evening there may be a city walk.

Day 3 Saturday: Leiden – Kudelstaart

cycling @ 45km

We cycle through the polder landscape of the Haarlemmermeer, once the biggest lake in Holland. We cross through the *green heart* of Holland, an area with many cycle paths, lakes, small rivers and farms, complete with typical black and white Holstein cattle. We finish in Kudelstaart, a small town on the Westeinderplassen, or 'West End' lakes, home to dozens of tiny islands and some 50 marinas along the shoreline.

Day 4 Sunday: Kudelstaart – Zaanse Schans – Wormerveer

cycling @ 45km

We start the day with breakfast and a cruise towards Amsterdam, then ride along the River Amstel, before a short ferry ride into the farmlands again to the Zaanse Schans, a unique display of original houses and windmills from the river Zaan area. It is dominated by colourful windmills, the oldest built in 1673, for grinding mustard, spices, paint and oil, and to power sawmills. Visit a clock museum, an old-fashioned grocery store and houses with period furniture, a traditional clog maker and a cheese farm. Our overnight mooring is in Wormerveer, once known for its mills which pressed oils and processed cocoa.

Day 5 Monday: Wormerveer – Alkmaar

cycling @ 45km

From Wormerveer we cycle through beautiful sand dunes and, weather permitting, there may be time for an invigorating swim in the North Sea during our lunch break. The barge moors overnight in the famous 'cheese town' of Alkmaar, a lively historic market town with many shops and some 400 heritage sites, known the world over for its traditional Dutch cheese market. Canals and the harbour dominate the townscape.

Day 6 Tuesday: Alkmaar – Purmerend

cycling @ 45km

We cycle into the polder landscape of the Beemster and Purmer, sea defences from the early 17th Century. We pass a well-ordered landscape of fields, roads, canals, dykes, farming settlements and small villages laid out according to classical Dutch Renaissance planning principles. Windmills, pumps, channels and drains and much ingenuity were vital in reclaiming the land here and there are many interesting engineering features to be seen as we visit the big water mills at the Rijk.

Day 7 Wednesday: Purmerend – Amsterdam

cycling @ 20 / 35km

Purmerend is at the edge of so-called 'Waterland', much of which is situated below sea level. We can visit the villages of Zunderdorp and Ransdorp. Those who prefer a more challenging ride can go via Edam and Volendam and as time permits cross Gouwzee Lake to see the traditional fisherman's village of Marken with its wooden houses. We arrive in Amsterdam with time in the afternoon to explore the many cafes, bars and shops.

Day 8 Thursday: Departure day

Tour ends in Amsterdam after breakfast.

We also offer **short break (5 day / 4 night) Bike & Barge Tulip Tours** in Holland on Premium Plus or Premium barges – ask for more details. **Outdoor Travel** offers Bike & Barge cycling cruises in France, Holland, Belgium, Italy, Germany, Austria, Romania or Hungary. **Bike & Boat** holidays are available in Italy, Croatia, Greece, Turkey and Vietnam. Luxury, all-inclusive hotel barge cruises, with bikes provided for guest use, are available in Holland during tulip season, as well as many regions of France, and in Italy, England and Scotland.

Contact Outdoor Travel for more details and reservations:

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