

CROATIA – ISLANDS OF KVARNER BAY

8-days / 7-nights moderate cycling and island hopping **PREMIUM** or **PREMIUM PLUS**

E-BIKE OPTION



The crystal-clear waters of the Northern Adriatic Sea offer many picturesque islands with dramatic cliffs, beautiful sandy beaches and small bays. All the islands are different, each with their own unique history. Spend a week discovering the landscape and people of this unique island world by bicycle, independently or with our knowledgeable tour guides on our comfortable motor yacht accommodation.

Our motor yachts get away from tourist resorts to mostly undiscovered corners of the Adriatic. In a typical day we cycle after breakfast returning at midday for lunch, then in the afternoon another cycling tour or a cruise to the next port with time for a swim or to relax. In the evening enjoy the sunset with dinner onboard (or at your own choice of restaurant), followed by a stroll around the harbour town for a beer or coffee.

Bike and Boat cruises combine cycling with island cruising, allowing partners of different abilities and interests to holiday together. Unpack once and come 'home' each night to a comfortable cabin with your own bathroom. We offer this as a Bike & Boat cycling tour however you can decide each day if you want cycle with the group, cycle independently (GPS tracks on request), or stay with the boat. The cycling is moderate with 20 to 50km each day with hilly, sometimes steep terrain mostly on sealed roads.

PREMIUM cruise from:	\$2165 per person (twin share lower deck cabin) Upper deck supplement from \$455 per person twin share Single cabin supplement on request
Mid/High season supplement:	From \$270 - \$815 per person on selected departure dates
Departs:	24 April; 8, 22 May; 5, 19 June; 3, 17, 24, 31 July; 7, 14, 21, 28 August; 11, 25 September; 9, 23 October, 2026
PREMIUM PLUS E-BIKE cruise from:	\$4025 per person (twin share lower deck cabin). Upper deck supplement from \$455 per person twin share Single cabin supplement on request
Mid/High season supplement:	From \$550 - \$1275 per person on selected departure dates
Departs:	17 April; 1, 15, 29 May; 12, 26 June; 10, 24 July; 7, 21 August; 4, 18 September; 2, 16 October, 2026

Includes: 7 nights in comfortable cabin with ensuite onboard crewed motor yacht; 2 days full board (breakfast, lunch and dinner), 5 days half board (breakfast and either lunch or dinner); multilingual tour guide; guided cycling tours as described; hybrid bicycle hire (E-bike hire is included on the *Premium Plus E-Bike* cruise only).

Not included: Personal expenses, gratuities, drinking water and port & tourist taxes (approximately €80 per person paid to captain), drinks, meals ashore, bike insurance (available for additional cost), bike helmets (mandatory – we recommend you bring your own, some available aboard, must be requested beforehand), transfers to/from Omišalj (available at extra cost). E-bikes on Premium tour at extra cost (on request - limited).

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary: *For all tours the cruising and cycling each day will be determined by the weather and local circumstances and may be subject to change at the total discretion of the captain and cycle tour guide. Under certain circumstances the tour may be conducted in reverse..*

PREMIUM PLUS E-Bike tour has a slightly different itinerary, with longer cycling distances at an E-Bike pace.

Day 1 (Friday) Omišalj to Rabac

Plan to arrive by 1.00pm in Omišalj, a picturesque harbour village on the island of Krk. Our boat will depart for Rabac, on the Istrian peninsula, at 2.00pm. Rabac is a charming coastal resort with many inviting cafés on the seaside promenade and we have time this evening to explore the town on foot.

Day 2 (Saturday) Rabac – Cres Island

cycling @ 40km

Our first cycle tour starts with a steady ascent to the medieval hilltop town of Labin, where we gain views over Kvarner Bay and its islands. We ride through rural Istrian villages and diverse, scenic landscapes and return to Labin for lunch. We descend back to the boat and re-board for a cruise to Cres town on the island of the same name. The old town is lined with Venetian mansions, reminders of when the island was under Venice's rule.

Day 3 (Sunday) Islands of Cres and Lošinj

cycling @ 30km

In the morning we cycle from Cres to Martinšćica, a small seaside resort with a protected harbour and a number of sandy beaches. We board the boat and enjoy a cruising lunch. Weather permitting there is time for a swim along the way to Lošinj Island where we moor at Mali Lošinj, an old seafaring and health resort, with its colourful facades and cafes. We spend the night here.

Day 4 (Monday) Islands of Lošinj and Ilovik

cycling @ 20km

We cycle along the coastline of the south of Lošinj and visit the picturesque Veli Lošinj before returning to our ship for lunch. In the afternoon we cruise to the charming island of Ilovik; we stop for a swim either en route to Ilovik or at the local beach. We spend the night on this quaint and peaceful island.

Day 5 (Tuesday) Island of Rab

cycling @ 25km

The island of Rab is one of the sunniest places in Europe and our cycle tour of the island takes us through its varying landscapes, from coastal promenades to shaded forests and secluded bays. The town of Rab, the fortified capital of the island, was built in the middle ages on a wedge-shaped headland, and marks one of the highlights of our trip. The four famous bell towers are iconic symbols of the town. After dinner there is time to explore the narrow alleys with numerous cosy cafés.

Day 6 (Wednesday) Island of Krk

cycling @ 25km

In the morning we cruise to the island of Krk, the largest of Croatia's islands, and moor in Krk town. From here we cycle a circular route inland from the coast through vast tracts of vineyards and past small villages. Once we are back in Krk town there is time to explore the town's narrow cobbled streets, stone fortifications and 12th-century castle with our guide, and to relax in one of the many charming restaurants or cafés on the terrace overlooking the port.

Day 7 (Thursday) Island of Krk

cycling @ 45km

We ride over the ridge of the island, covered by fragrant macchia, to a valley of vineyards and then onwards to the small museum town of Vrbnik in the northeast. The town, built on a 50m cliff and surrounded by vineyards, is the home of *Zlahtina*, a grape found exclusively here which makes a light, refreshing white wine. Vrbnik is also home to the second narrowest alley in the world. We continue across the island through old villages and rich vegetation to Omišalj, with a chance to swim in the bay of Soline. We spend the last night in Omišalj.

Day 8 (Friday) Omišalj

The tour ends after breakfast at 9.00am. Ask for details of ongoing flights or airport transfers.

Outdoor Travel offers **Bike & Boat** cruises in **Croatia, Greece, Turkey, Italy** and in **Vietnam**. **Bike & Barge** cruises are available on many of the canals and rivers of Europe including the Seine, Loire Valley, Bordeaux and Burgundy or Provence in **France**, for two-weeks between Paris and Bruges. We offer routes in **Holland, Belgium, Austria, Romania** and **Germany** along the Saar, Moselle, Danube and the Rhine. **Inn-to-inn** cycling tours are offered in most destinations in Europe, **Japan**, in **China** and **New Zealand**.

Contact the experienced staff at Outdoor Travel for more details and reservations:

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