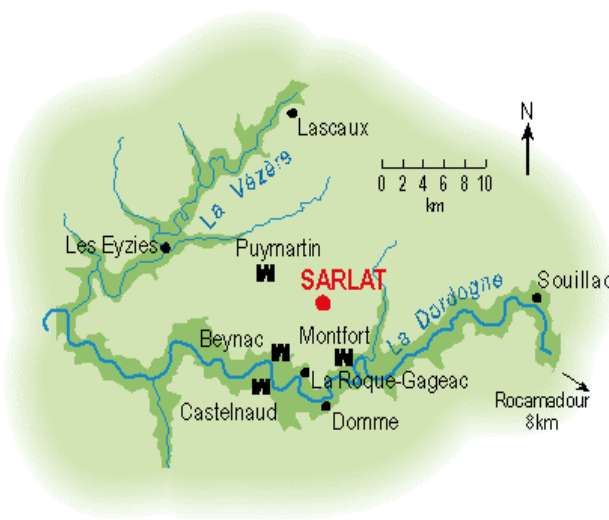


FRANCE – THE DORDOGNE

8-days / 7-nights - One-hotel group guided walking tour based at Sarlat



The popular and scenic **Dordogne** region of southwest France contains a wealth of historic interest and beautiful countryside, which can be appreciated on our easy **Walking and Sightseeing** holidays to **Sarlat**. Enjoy guided walks along the banks of the Dordogne River and through gently undulating farmland and vineyards to historic fortified towns and chateaux. We also visit the regions pre-historic troglodyte dwellings including the world-famous **Lascaux caves**. The charming medieval walled town of Sarlat has the atmosphere of another age. Absorb yourself into rural French life on a visit to the weekly market or wander around the narrow cobbled streets to explore the sandstone buildings and cathedral.

- Deeply sculpted limestone valleys and riverside walks
- Stay in the charming medieval town of Sarlat
- Visit pre-historic caves, fortified towns and fairytale castles
- Walk beside the celebrated Dordogne River through beautiful rolling scenery
- Stay at the charming Relais de Moussidière, highly praised for its delightful ambience and cuisine
- Visit the world-famous cave paintings at Lascaux

Our centre-based or one-hotel walking holidays offer a choice of two guided walks each day – usually an easier walk or a more challenging option. There is usually a free day midweek.

Cost per person: AU\$1405 per person (twin share) - Single room supplement AU\$410

Departs: 19, 26 May, 2, 9, 16 June, 1, 8, 15, 22, 29 September, 2012

Tour includes: 7-nights in comfortable hotel accommodation room with ensuite bathrooms, with 7-breakfasts, 7-evening meals, experienced walks leader, 5-guided walks and a free sightseeing day midweek.

Not Included: Airport transfers from Bordeaux (these can be pre-booked at extra cost or you can make your own way by train / taxi to Sarlat - ask for details), meals & drinks not mentioned & personal expenses.

Guided walks: At the discretion of the guides, may include the Dordogne River to the 12th century fortified town of Domme, the château at Castelnaud or the medieval castle at Beynac. Away from the river we may walk along the Vézère valley or through woodland to the quaint village of Marquay. The longer walks may include crossing the limestone hills to Les Eyzies, the National Museum of Pre-history, and from Campagnac Château back to Sarlat or beside the Dordogne from Domme to La Roque Gageac. This tour usually spends a full-day visiting the remarkable cave paintings at Lascaux or the famous pilgrimage town of Rocamadour.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



LE RELAIS DE MOUSSIDIÈRE: The three-star Relais de Moussidière enjoys a peaceful setting in spacious wooded grounds with its own lake and wildlife. Run by the proud owner couple, who have lovingly restored it, the hotel exudes comfort and style and is one kilometre outside Sarlat. All 35 bedrooms are very tastefully decorated and well appointed, with old world features and modern amenities. The main hotel has ample seating accommodation and an airy restaurant, which opens out onto the outdoor pool.

Suggested itinerary – Tour starts & ends at Sarlat

Day 1: Arrival day – plan to arrive at the hotel by mid-afternoon or at the latest before dinner

Day 2: Discover the rolling countryside east of Sarlat and explore the medieval town at the end of the walk.

Day 3: Follow the banks of the Dordogne from Montfort Chateau to the 12th century fortified town of Domme.

Day 4: Free day - perhaps canoe on the river or visit Bergerac.

Day 5: Take a full day excursion to see the world-renowned prehistoric cave paintings at Lascaux.

Day 6: Visit the chateau of Puymartin; walk through ancient woodland to the quaint village of Marquay.

Day 7: Combine a boat trip on the Dordogne with riverside walks to the chateau at Castelnaud.

Day 8: Tour ends after breakfast - departure transfer available at extra cost if required

This program should give you a good feel for the walks offered from Sarlat but the program is subject to change. Each year we listen carefully to the views of our guests and make improvements to our walking programmes. Further information will be sent to you prior to your holiday; however, your walking leaders will make the final selection of walks during each week.

Local transport to and from walks: Local transport is not included in the cost of your holiday, please allow Euro 65 (approx \$130) per week for transport during the week plus sightseeing admissions of Euro 45 (approx \$85), excluding your free day - payable locally.

Footpath information: Good tracks, riverside paths and country lanes with mostly easy gradients.



Easier Walks: 5 to 11km with 55 to 250m of ascent in a day.



Harder Walks: 8 to 17km with 100 to 400m of ascent in a day.

Outdoor Travel offers a wide range of one-hotel or centre-based guided walking holidays in most countries in Europe including France, Spain, Italy, Germany, Switzerland, Austria, Turkey, Croatia, Greece, Slovakia, Slovenia or Norway. Self-guided walks are also available in many European destinations including along the pilgrims trails; the Camino de Santiago in France & Spain or Portugal & the Via Francigena to Rome in Italy.

Contact **Outdoor Travel** or your travel agent for more details, travel brochures and reservations:

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