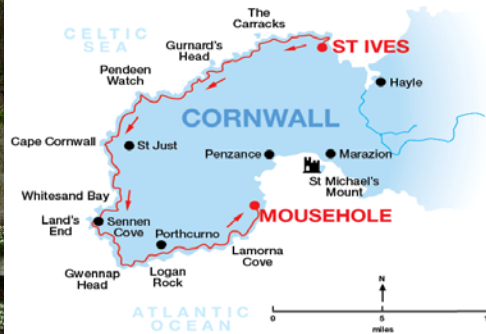


ENGLAND – HIGHLIGHTS OF THE CORNISH COASTAL PATH

8-day / 7-night self guided walking tour



Towering granite cliffs, golden sandy beaches and atmospheric old fishing ports combine to offer one of Europe's most dramatic coastlines. The well-maintained coastal footpath winds around the rugged headlands offering ever-changing scenery and sea views. Abandoned tin mines provide dramatic silhouettes on the skyline. Hidden valleys provide a woodland retreat for wildlife.

Walking Highlights:

- Follow the Cornish Tin Coast from St Ives to the delightful harbour at Mousehole.
- Discover charming St Ives with its narrow cobbled streets, artists and Tate Gallery.
- Visit Land's End; the very tip of England
- Take in an open-air performance at the superbly situated Minack Theatre
- Endless sea views and constant reminders of Cornwall's mining heritage
- A superb circuit of England's most southerly point, the Lizard peninsula

Cost: With Bed & Breakfast only: AU\$1220 per person (twin share).
 With Full Board: AU\$1320 per person (twin share).
 Single room supplement on request

Departs: On Saturdays, all year round.

Tour includes: 7-nights in comfortable guesthouses or hotels on or near the route with breakfast daily, lunches and dinners are also included on the 'Full Board' option, route notes & maps, luggage transfers & local transport on walking days, full use of the facilities at Chy Morvah. **Chy Morvah** or 'house by the sea' is seaside hotel with panoramic views across the golden sands of St Ives Bay to the lighthouse at Godrevy Point. A short walk will take you to the centre of St Ives, a delightful resort town with a maze-like old fishing quarter and superb sandy beaches. Cornwall's Tate Gallery and the former studio of sculptor Barbara Hepworth are also within walking distance. There are 39 bedrooms, some with sea views, and the acre of gardens includes a sheltered lawn and mature trees. There is a heated outdoor pool (open from May to September), lounge and ballroom, bar, painting studio, conservatory, putting-green, table tennis and pool table, drying room, laundry facilities and mini-shop.



Call **OUTDOOR TRAVEL** on **1800 331 582** for details or reservations

Suggested itinerary:

Day 1: Arrival day

Day 2: St Ives to Gurnards Head

8.5 miles, 1,820ft ascent

Leaving St Ives we walk along the south west coast path towards Zennor Head, watching out for seals at the Carracks. A brief excursion to Zennor, before our journey finishes at Gurnard's Head.

Day 3: Gurnards Head to Pendeen Watch

5.5 miles, 1,370ft ascent

Hilly paths take us past Porthmeor Cove, Bosigran Cliff and the Bosigran Iron Age Cliff Castle, to Pendeen Watch. Our route is steeped in the history of the Cornish Tin Coast, with old chimneys, engine houses, and forts abound.

Day 4: Pendeen Watch to Sennen Cove

9 miles, 1,860ft ascent

Explore the history and traditions of the area, with a detour to the Geevor Tin Mine, before reaching picture-postcard Levant, one of the most famous Cornish scenes. Classic Cornish cliff walking now, en route to Cape Cornwall, before a gentle finale to Whitesand Bay & the petite fishing harbour of Sennen Cove.

Day 5: A free day to explore the area

Day 6: Sennen Cove to Porthcurno (Minack Theatre)

6.5 miles, 1,850ft ascent

Traverse granite cliffs to the modern Land's End, and continue over some of the most spectacular stretches of Britain's coastline. The coast path takes us along to the Minack theatre. Take in an afternoon show at this delightful open air theatre, or come back in the evening for a night-time performance.

Day 7: Porthcurno to Mousehole

8.25 miles, 1,650ft ascent

Leaving Porthcurno we climb up to Treryn Dinas, before we drop down to the unspoilt Penberth Cove. A short section through luxuriant vegetation before returning to approach Lamorna Cove and Mousehole. Ample time to explore this delightful harbour, before a transfer to your evening's accommodation.

Day 8: Departure day

Walking grade: Moderate - 8 to 10 miles on undulating paths with occasional steeper sections. Up to 1,375 ft of ascent in a day. The undulating nature of the cliff path makes some of these longer walks more challenging



Other walking holidays – guided in small groups or self-guided with inn-to-inn luggage transfers & meals are available in many parts of the United Kingdom, Ireland & across Europe including the **Coast-to-Coast** trail. **St Cuthbert's Way** from Scotland into England; walks in the Lake District, Ireland's **Ring of Kerry**, the **Dordogne** or Pyrenees in France, Austria, Spain or Italy.

Perhaps walk the **Way of St James** – the **Camino De Santiago** - from Le Puy to Santiago from France to Spain or the **Via Francigena** – the pilgrims Road to Rome.

Contact OUTDOOR TRAVEL or your travel agent for more details, brochures and reservations

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