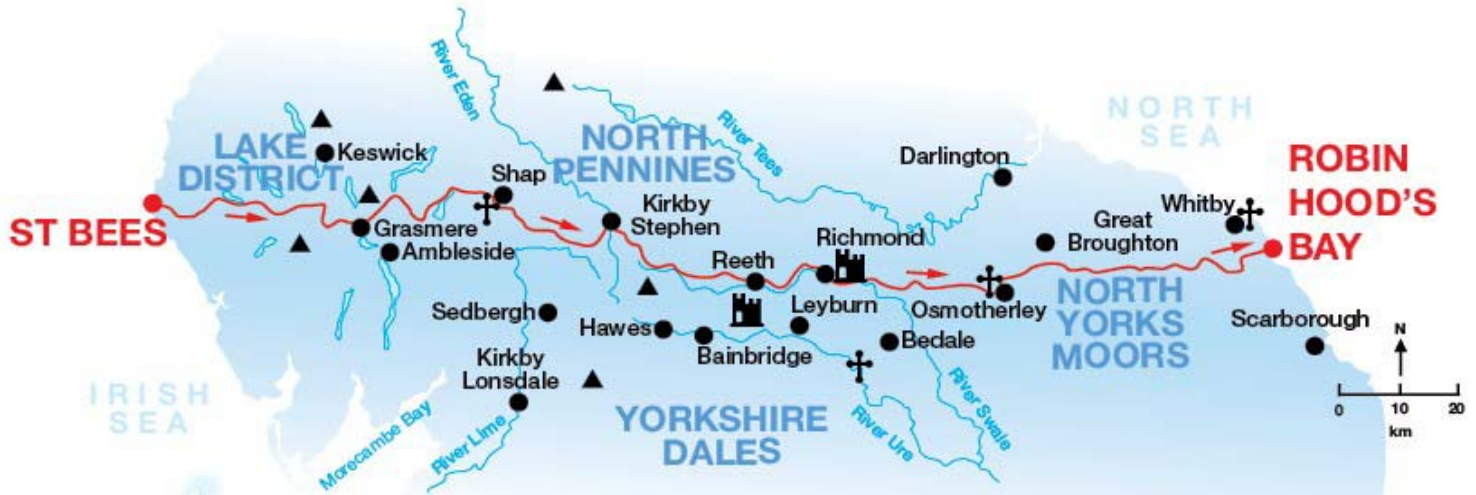


**ENGLAND: COAST TO COAST SELF GUIDED WALK**

Wainwright's classic inn-to-inn walking trails

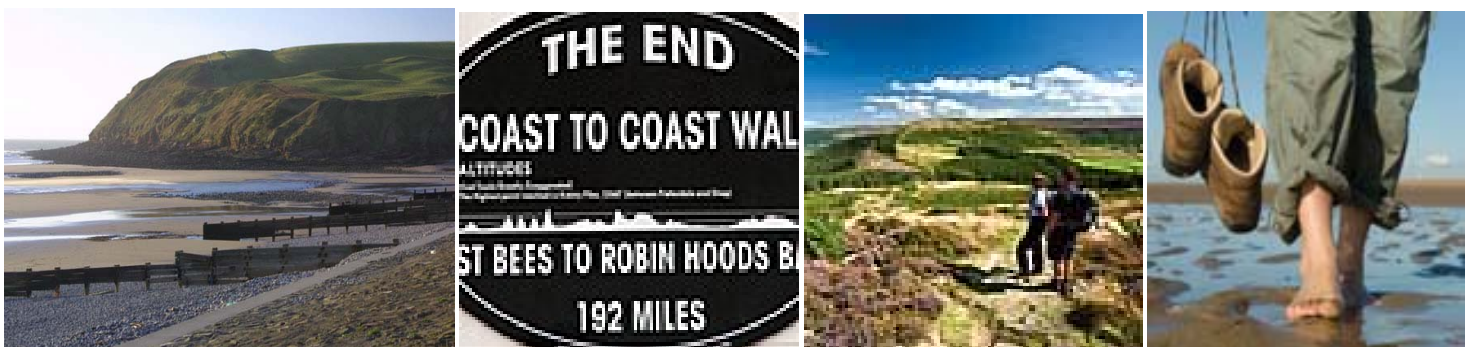


Departure dates for 2012 – Available all year round	No. of nights	Price Per person (twin share)
<b>Complete Trail:</b> Coast to Coast: St Bees to Robin Hood's Bay	17	AU\$2250
<b>West Trail:</b> St Bees to Keld	9	AU\$1270
<b>East Trail:</b> Keld to Robin Hood's Bay	9	AU\$1270

One of England's most popular long distance walking trails made famous by author Alfred Wainwright.

We offer a 17-day route that crosses the entire breadth of northern England from the North Sea at Robin Hood's Bay in North Yorkshire to the Irish Sea at St Bees in Cumbria. This is a challenging walk with some tough steep ascents and long hard walking days. It crosses three significant National Parks walking through some dramatic rural scenery including heather hills, limestone valleys and peaks. The walk distance is 306km with stages of 14 – 28km per day (one of 33km) and with from 280m – 700m of ascent. Graded **strenuous**.

**Highlights include:** three of Britain's most beautiful National Parks: Lake District, Yorkshire Dales and North York Moors; William **Wordsworth's village of Grasmere**; stunning Lakeland scenery with far-reaching panoramas of Britain's largest lakes and highest fells; chance to ride the paddle steamer to Howtown, Pooley Bridge and back again on **Lake Ullswater**. See Richmond Castle dating back to Norman times and the museum at Richmond where displays include the set of James Herriot's veterinary surgery from the TV series '**All Creatures Great and Small**'



For those with limited time we can offer the Coast to Coast walk in two halves – West and East – each in 10-day sections (with 9-nights of accommodation) – ask for details.

**Call OUTDOOR TRAVEL on 1800 331 582 for more details or reservations**

## **Suggested itinerary:**

### **Day 1: Arrive at St Bees.**

Plan to arrive mid afternoon. There is a local train station at St Bees. Then walk or take a taxi to the first hotel.

**Day 2: St Bees to Ennerdale Bridge** - After a ceremonial toe dipping in the Irish Sea, we head towards the Lakes. Our first hill of the journey, Dent (1,131 feet), affords magnificent views over Windermere with the Lake District mountains in the distance. The Isle of Man can often be seen, quite clearly emerging from the Irish Sea. 14 miles with 2,300 feet of ascent.

**Day 3: Ennerdale Bridge to Seatoller/Rosthwaite** - Along Ennerdale's shores to an amphitheatre of spectacular mountain scenery including the craggy north face of Pillar and the impressive summit of Great Gable. Following 'Moses Trod', to the top of Honister Pass, we're greeted by beautiful views of Buttermere. From the old toll road, we descend to Seatoller. 13 miles with 1,650 feet of ascent.

**Day 4: Seatoller/ Rosthwaite to Grasmere** - Leaving Borrowdale via the hamlet of Stonethwaite, our ascent takes us to Greenup Edge, where two possible routes are available (weather dependent). Either via the shelter of Easdale Gill, or along Helm Crag to Wordsworth's village of Grasmere. 9½ miles with 1,700 feet of ascent.

**Day 5: Grasmere to Patterdale** - Again, two different routes (weather dependent). Either low level via Grisedale, or high level via St Sunday Crag. The low level route is a pleasant walk, with scenery becoming grander by the minute - St Sunday Crag, Fairfield, the Helvellyn massif, Nethermost and Dollywagon Pike, all towering above us. The high level route traverses St Sunday Crag, for excellent views down to Ullswater and Patterdale. 9 miles with 1,650 feet of ascent.

**Day 6: Patterdale to Burbanks** - Leaving Patterdale we climb to Angle Tarn, and the Roman road of High Street before ascending Kidsty Pike, the highest point on the entire walk (2,650 feet). Excellent views from the summit before our descent to Haweswater, following its shores to Burnbanks. 11½ miles with 2,300 feet of ascent.

**Day 7: Burbanks to Orton** - Today we leave the Lake District and walk east from Haweswater. After passing the picturesque ruins of Shap Abbey, a 12th and 13th century Cistercian monastery, we climb up into Shap. The change in landscape is noticeable as we continue east towards the gentler hills of the limestone plateaux and reach the quaint village of Orton. 13 miles with 1,200 feet of ascent.

**Day 8: Orton to Kirkby Stephen** - Starting from Orton, much of the terrain is only moderately undulating as our route passes across limestone plateaux with short grassy turf. We continue over Ravenstonedale Moor past Rayseat Pike before reaching Kirkby Stephen. 12 miles with 1,400 feet of ascent.

**Day 9: Kirkby Stephen to Keld** - Leaving the market town of Kirkby Stephen, we pass the village of Hartley and ascend Hartley Fell. Reaching the summit of Nine Standard Riggs, at 2,170 feet, we arrive at the Pennine watershed. Westwards we can see the outline of Lakeland hills in the distance, whilst to the southwest and south lies the Mallerstang Valley backed by Wild Boar Fell, and the fading, Yorkshire Dales. From here we descend the moors by way of Whitsundale to our final destination, the small village of Keld. 11 miles with 1,800 feet of ascent.

**Day 10: Keld to Reeth** - A day of lovely Swaledale scenery beckons as we depart from the village of Keld. The view up the valley from ruined Crackpot Hall is particularly picturesque. 11 miles with 1,800 feet of ascent.

**Day 11: Reeth to Richmond** - Crossing from Swaledale to the Cleveland Hills is leisurely walking over low ground. The fertile agricultural land of the Vale of Mowbray is only just above sea level. Our walk finishes today at Danby Wiske (110 feet), the lowest point on the entire Coast to Coast walk. 10 miles with 1,100 feet of ascent.

### **Day 12: Richmond to Danby Wiske**

Following an assortment of field paths, farm roads and quiet country lanes, our walk begins its crossing of the North York Moors, passing Mount Grace Priory for a splendid high-level traverse along the Cleveland Hills. 13 miles with 350 feet of ascent.

**Day 13: Danby Wiske - Osmotherley** - We follow an assortment of field paths, farm roads and quiet country lanes across the Vale of Mowbray. This is a flat and rather featureless area, which forms a northern extension of the Vale of York. 12½ miles with 900 feet of ascent.

**Day 14: Osmotherley - Carlton Bank** - Today we begin our crossing of the North York Moors, a splendid high-level traverse along the escarpment of the Cleveland Hills. Our first climb in two days is onto Beacon Hill, a fine viewpoint despite being only 982 feet high. 7 miles with 1,000 feet of ascent.

### **Day 15: Carlton Bank - Blakey Ridge**

We ascend Carr Ridge and continue eastwards to Round Hill, at 1,489 feet, the highest point on the Cleveland Hills. After Urra Moor we join the old railway line at Bloworth Crossing. 12 miles with 1,800 feet of ascent.

**Day 16: Blakey Ridge - Grosmont** - Cutting across the head of Rosedale, we can see considerable scars left behind from the working of ironstone, developed here in the mid-19th century. 13½ miles with 730 feet of ascent.

**Day 17: Grosmont - Robin Hoods Bay** - A steep road climbs out of Grosmont and up onto Sleights Moor. From the high point of Flat Howe (953 feet) we can see to the North Sea together with Whitby and its Abbey. Our last stretch of moorland is the Greystone Hills where we can enjoy coastal scenery along part of the Cleveland Way, leading us to our final goal at Robin Hood's Bay. Having reached our goal, and dipped our toes in the sea, we return to our accommodation for a final night's celebration. 14½ miles with 1,800 feet of ascent.

#### **Day 18: Departure**

Tour arrangements end after breakfast.

**West Trail** - St Bees to Keld - walking days 2 to 9

**East Trail** - Keld to Robin Hood's Bay - walking days 10 to 17

**Tour cost includes** – accommodation with breakfast daily, route notes & maps, luggage transfers & local transport on walking days.

**Luggage Transport** - transport of your luggage will be arranged by us through local operators and is of course, included in your holiday price. It would be appreciated if you limited your luggage to one medium sized bag, rucksack or suitcase.

**Where you'll stay** - comfortable hotels, inns and guesthouses on or near the route. All accommodation includes breakfast. Due to bespoke nature of our self-guided trails, your accommodation is booked specifically to meet your holiday requirements. As a result, this may differ from the accommodation outlined below, but the description and pictures will give you a good idea of the standards you should expect. A full list of the hotels used on the holiday will be sent to you a couple of weeks prior to your holiday – here are some that we typically use – but of course they may change:



Jolly Farmers Guest House,  
Kirkby Stephen



Kings Head Hotel, Richmond



Larpool Hall, Whitby



Vane House,  
Osmotherley



Crow Park Hotel,  
Keswick



Greyhound Hotel,  
Shap



Shepherds Arms, Ennerdale Bridge

**Outdoor Travel** offers a wide range of guided or self-guided inn-to-inn or centre-based / one-hotel walking holidays in many areas of Britain and Europe – from the **Cornish Coastal Path** to the **West Highland Way**, the **Ring of Kerry** in Ireland to historic pilgrimage walking trails such as the **Camino de Santiago** (Way of St James) in France and Spain or the **Via Francigena**, the pilgrims Road to Rome in Italy.

**Contact OUTDOOR TRAVEL or your agent for more details and reservations**

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