

## CROATIA – ISLANDS OF KVARNER BAY

8-days / 7-nights moderate cycling island hopping with one or two challenging ascents – e-bikes optional



The dazzling waters of the Northern Adriatic are crystal clear. There are many picturesque islands with deeply fissured cliffs, beautiful sandy beaches and charming small bays. All such islands are characteristics of Kvarner Bay. Every island is different, each with its own unique history. We spend a week discovering the landscape and people of this unique island world by bike, independently and with the aid of knowledgeable tour guides. We experience the magic of the Adriatic from our stunning motor yacht, which is also our accommodation.

Our motor yachts will get away from the tourist resorts to a mostly undiscovered corner of the Adriatic. After a breakfast there is a cycling morning returning at midday for lunch on the boat. In the afternoon more cycling or a cruise to the next port, perhaps with time for a swim or to relax. In the evening as the sun sets enjoy a beautiful dinner on board, followed by a stroll through an historic harbour town for a beer or coffee before sleeping in your cabin or on warm nights on deck under a thousand stars.....

Bike and Boat cruises combines two popular ways of exploring Europe (easy to moderate cycling with island cruising). They allow partners of different abilities and interests to holiday together (trips are just as interesting for non-cycling partners, leisure cyclist OR enthusiasts), you unpack once and come 'home' each night to a wonderful meal, a comfortable cabin with your own bathroom. These cruises are ideal for first timers or groups.

Our cycling tours are moderate and require an average level of fitness; anyone who occasionally cycles or walks will be able to go on our trips. The itineraries of 20 - 50km will take you through hilly, sometimes mountainous terrain mostly on sealed roads, however there is plenty of time to rest or walk as you choose.

**Cost:**

Standard cruise:	AU\$1510 per person (twin share).
Premi e-bike cruise:	AU\$1935 per person (twin share) includes e-bike hire
Single cabin supplement:	AU\$485
Above Deck Cabin supplement:	AU\$85pp (twin share) AU\$170 (single person)

**Departs:** Standard cruise: Every Sunday from 1 April to 21 October 2012 (ask re tours 26 May & 2 September)  
Premium e-bike cruise: 2, 9, 16, 23, 30 September, 7, 14, 21 October 2012

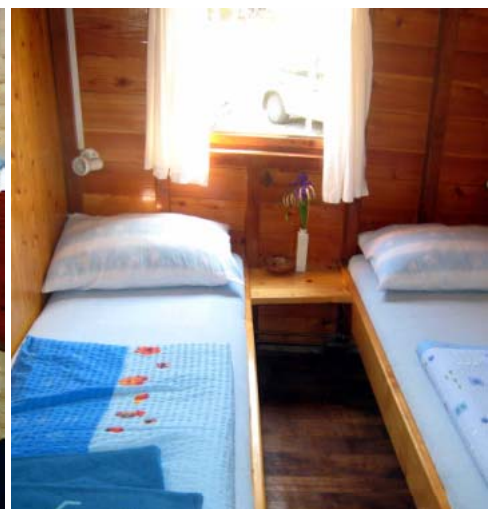
### Departures from Omišalj – tour includes:

- 8-day / 7-night cruise in a double/twin cabin with private en-suite shower/toilet with linen and towels
- Breakfast, lunch & dinner – onboard cook prepares breakfasts and two warm meals a day – starting with the lunch on the arrival day and ends with the breakfast on the departure day.
- English & German speaking tour guide, bike hire & 7-guided cycling tours as described in itinerary. Helmets are required on all cycle tours (they are available - reservation requested) but we suggest you bring or buy your own.
- Entrance fees to the National parks & maps of the single cycling trips

### Not included:

- Visitor's tax and local harbour charges (@ Euro 20 per person paid directly to the captain on arrival)
- Drinks on board (tally sheet) and Tips for crew and tour guides
- Taxi transfer Rijeka Airport or train station – ship in Omišalj (one way @ Euro 20)

**CALL OUTDOOR TRAVEL ON 1800 331 582 FOR DETAILS OR RESERVATIONS**



**Suggested itinerary – subject to weather & sailing conditions:**

**Day 1 (Sunday) Omišalj – Cres (Cycling distance @ 28 km)**

Arrive at Omišalj, a picturesque harbor village on the island of Krk. After checking in on the motor yacht at 11 am lunch will be served on board. Afterwards, we cruise to the island of Cres. From the town of Cres we cycle to the

picturesque village of Predoscica, standing 350m above sea level. For those who wish, before dinner, we can follow our guide on a tour through the old town of Cres and stop for coffee in a local café or visit some of the local shops.

#### **Day 2 (Monday) Islands of Cres and Lošinj (Cycling distance @ 45 km)**

In the morning we cruise to Martinscica. We cycle on to the east side of the island among pine, fig and laurel trees to Osor, the artist town, where we have lunch aboard our ship. Afterwards there is time for a swim in the bay. In the afternoon we leave Osor, crossing over a swing bridge to reach the island of Lošinj. We cycle along the panoramic route to Mali Lošinj, an old seafaring and health resort. The ship awaits us in the large harbor where we can have a coffee at one of the numerous cafés or take a stroll to admire the colorful houses. We spend the night in the harbor of Mali Lošinj.

#### **Day 3 (Tuesday) Islands of Lošinj and Molat (Cycling distance @ 20 + 10 km)**

We cycle along the coastline to the south of Lošinj and visit the picturesque harbor of Veli Lošinj before we return to our ship for lunch. In the afternoon we cross over to the charming island of Molat. We stay overnight in the town's harbor.

#### **Day 4 (Wednesday) Island of Dugi Otok (Cycling distance @ 45 km)**

During breakfast, we cruise past many small islands before reaching the "spice island" of Dugi Otok. Our bike tour starts in the bay of Božava, which is surrounded by woods of pine, agaves and tamarisk trees; we ride on a road virtually free of any traffic. In the harbor of Savar we meet our ship for lunch. While cycling in the afternoon to the fishermen village of Sali we witness the terrific views of the sea and surrounding islands.

#### **Day 5 (Thursday) Island of Pag (Cycling distance @ 20 km)**

We cruise until lunchtime to reach the island of Pag. In the harsh but delightful landscape of the island we come across many fig and olive trees. Over the centuries the island locals have built numerous stonewalls for protection against the wind. Starting from Novalja, we cycle on the narrow peninsula until we reach the sea where our ship will be waiting to take us to Rab. The island of Rab is one of the sunniest places in Europe. The town of Rab, the fortified capital of the island, was built in the middle ages on a wedge shaped headland, and marks one of the highlights of our trip. The four famous bell towers are symbolic of the adorned beauty of the town. After dinner we can explore the narrow alleys with numerous cozy cafés.

#### **Day 6 (Friday) Island of Rab (Cycling distance @ 25 km)**

We cycle along the coast to the east side of the island, an area with virtually no vegetation; whose rough and cliffy rocks are similar to that of a lunar landscape. At lunchtime our ship awaits us in the harbor directly in front of the old town of Rab. After a swim-break we cruise over to the neighboring island of Krk, where we spend the evening in the historical town.

#### **Day 7 (Saturday) Island of Krk (Cycling distance @ 50 km)**

We cycle over the ridge of the island, which is covered by fragrant macchia to a valley of vineyards and then onwards to the small museum town of Vrbnik in the northeast. The town, built on a 50-meter-high cliff and surrounded by vineyards, is the home of the famous white wine, Zlahtina. Another peculiarity that Vrbnik has to offer is the second narrowest alley in the world. Our route takes us across the island through old villages and rich vegetation to Omišalj. Along the way, we have a chance to swim in the bay of Soline. We spend the last night of the tour in Omišalj.

#### **Day 8 (Sunday) Omišalj**

Tour ends after breakfast at 9.00am.

We offer this as a Bike & Boat cycling tour however, you can decide each day if you want to ride cycling with the group or independently or not to ride and stay with the boat.

**Outdoor Travel** offers Bike & Boat cruises to many areas of Europe including Croatia, Greece, Turkey & several locations in Italy and in Vietnam. Bike & Barge cruises available on many of the canals & rivers of Europe including the Seine, Loire Valley & Burgundy or Provence in France, for 2-weeks between Paris & Bruges. We offer routes in Holland, Belgium & Germany – along the Saar, Moselle & Rhine or in the Venice region of Italy.

Inn-to-inn cycling tours are available in most destinations in Europe, Australia & New Zealand - ask for details

**Contact the experienced staff at Outdoor Travel for more details and reservations:**

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